India Leads the World in Internet Shutdowns

India had led the world in internet shutdowns, according to a 2018 report by the Internet Freedom Foundation. The report found that India had shut down the internet in over 200 districts and towns across the country to prevent protests against the Citizenship Amendment Act (CAA). The shutdowns were often accompanied by police brutality, leading to mounted protests and an overall decrease in internet access.

Violence in UP over CAA protests claims 15 lives

A 15-year-old boy was among at least 15 people who died in violence that erupted in Uttar Pradesh's Muzaffarnagar district on Sunday following a protest against the Citizenship Amendment Act.

Constables suspended for obscene remarks on Jamia students

Three constables of the Delhi Police have been suspended for making obscene remarks about Jamia Millia Islamia students on social media.

Regulatory blues keep 5G out of TS

Despite the government's push for 5G, the South Indian state of Telangana has not yet rolled out the technology due to regulatory concerns.
Realty business in Yadadri sees unprecedented boom

The former began building a grand capital spread over 3,300 acres and costing 10,000 crores. Jagan wants three small capitals that would facilitate “decolonised development of the State”

The amendment law in its informalities permitted capitalist invasion of areas around Warangal is one of the Nizam’s residential plots in areas around the region if the increase in real estate business in and around Warangal is of IT in the district. It also proposed a Industrial Corridor along Hyderabad-Warangal Highway under the AP Government. The former began building a grandiose capital spread over 3,300 acres and costing 10,000 crores. Jagan wants three small capitals that would facilitate “decolonised development of the State”

Continued from Page 1

Over 1,100 academicians, scholars release...

In the statement, the signatories appealed to all sections of the society to resist and refrain from falling into the trap of false manipulations and stigmatisations. They also took a stand that the long-continued fear and paranoia is being used to instigate deliberative obviations and ostracism in various parts of the society. The statement said that the Citizens Alliance for the Promotion and Unification of Rights of Minorities (CAURUM), which was formed by Bhimrao Ambedkar, Bhimrao Ambedkar, the stateguard... The signatures to the state-guard... the bill had been passed by the last... The amendments to the... Markandey Katju, former judge of the Delhi High Court, former chairperson of the... Not just online

KCR’s cryptic silence...

According to political analysts the government is a continuous process and new regimes can emerge that the huge amount of evidence against the... The change is part of Facebook’s $5 billion settlement with the US Federal Trade Commission (FTC) and will come into effect from the... Facebook is set to stop using... The social networking giant also... A number of users are considering to stop using Facebook’s social networking site.

Special attraction

Pets dog comes to rescue of injured owner!

FB to stop using cellphone numbers to recommend friends in 2020

Facebook last year confirmed the use of users’ phone numbers for targeting ads and stopped using members’ phone numbers for advertising in June this year.

KCR’s cryptic silence...

According to political analysts the government is a continuous process and new regimes can emerge that the huge amount of evidence against the... The change is part of Facebook’s $5 billion settlement with the US Federal Trade Commission (FTC) and will come into effect from the... Facebook is set to stop using... The social networking giant also... A number of users are considering to stop using Facebook’s social networking site.

Special attraction

Pets dog comes to rescue of injured owner!

FB to stop using cellphone numbers to recommend friends in 2020

Facebook last year confirmed the use of users’ phone numbers for targeting ads and stopped using members’ phone numbers for advertising in June this year.
CYBERABAD POLICE TOPS IN ‘OP MUSKAAAN- V’

■ RESCUES 541 CHILDREN COMPRISENG 483 BOYS AND 58 GIRLS

CRIME CORNER

Task Force nabs two property offenders

The Cyberabad Police, under the aegis of its Crime Section, has nabs two property offenders by launching ‘Operation Muskkaan-V’. A planning cell was formed for the same and the task force officials worked out a strategy to nab the offenders.

Three men arrested in Bailey St area

Theీ Task Force nabs two property offenders by launching ‘Operation Muskkaan-V’. A planning cell was formed for the same and the task force officials worked out a strategy to nab the offenders.
Not many TPCC leaders join protest against CAA

Thousands throng AIMIM hq opposite CAA, NRC

Sirajuddin said people of the Muslim community in Telangana are extremely worried about the current situation. He said the state government has not taken the乃 to the National Register of Citizens (NRC).

He added that the state government has not taken any steps to ensure that the people of the state are not left out from the NRC, despite the fact that the state has a large Muslim population.

Sirajuddin also called on the state government to take immediate steps to ensure that the people of the state are not left out from the NRC, and to ensure that the state is not declared a "Muslim majority" state.

He also said that the state government should provide adequate security to the people of the state, and that the state police should take immediate steps to ensure the safety and security of the people of the state.

He added that the state government should also take steps to ensure that the people of the state are not victimised, and that the state police should take immediate steps to ensure that the people of the state are not subjected to violence.

Sirajuddin also said that the state government should take immediate steps to ensure that the people of the state are not left out from the NRC, and that the state police should take immediate steps to ensure the safety and security of the people of the state.

He added that the state government should also take steps to ensure that the people of the state are not victimised, and that the state police should take immediate steps to ensure that the people of the state are not subjected to violence.

He also said that the state government should take immediate steps to ensure that the people of the state are not left out from the NRC, and that the state police should take immediate steps to ensure the safety and security of the people of the state.

He added that the state government should also take steps to ensure that the people of the state are not victimised, and that the state police should take immediate steps to ensure that the people of the state are not subjected to violence.

He also said that the state government should take immediate steps to ensure that the people of the state are not left out from the NRC, and that the state police should take immediate steps to ensure the safety and security of the people of the state.

He added that the state government should also take steps to ensure that the people of the state are not victimised, and that the state police should take immediate steps to ensure that the people of the state are not subjected to violence.

He also said that the state government should take immediate steps to ensure that the people of the state are not left out from the NRC, and that the state police should take immediate steps to ensure the safety and security of the people of the state.

He added that the state government should also take steps to ensure that the people of the state are not victimised, and that the state police should take immediate steps to ensure that the people of the state are not subjected to violence.

He also said that the state government should take immediate steps to ensure that the people of the state are not left out from the NRC, and that the state police should take immediate steps to ensure the safety and security of the people of the state.

He added that the state government should also take steps to ensure that the people of the state are not victimised, and that the state police should take immediate steps to ensure that the people of the state are not subjected to violence.
null
Japan lifts curbs on export of key chip material to South Korea

Japan has lifted curbs on the export of a key microchip material to South Korea, news reports said Saturday, days before the two sides both canceled their scheduled talks over a dispute on exports. The move came as South Korea plans to resume negotiations with Japan on the issue of export controls on semiconductor materials.

Banking industry’s NPA situation to improve by fiscal-end

The state-owned banks have constituted Rs 1.43 lakh crore of NPA in the first nine months of the current fiscal year, according to the Reserve Bank of India (RBI) data. The move is expected to help the banks to improve their balance sheet position.

Govt allows import of urad up to 4 lakh tonne

The government has allowed additional imports up to 4 lakh tonnes of urad dal this fiscal only by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Trump signs $1.4 trillion in spending, avoids shutdown

President Donald Trump has signed a $1.4 trillion spending bill to keep the US government running past the Feb. 15 shutdown deadline, ending the impasse that has lasted a record 34 days.

Public hearing passes off peacefully

The massive spending measures were passed without a final vote on the Senate floor on Friday, with the aim of avoiding a repeat of last month’s partial government shutdown that ended after 35 days.

Cable operators get backup access to VSAT facility

The military has assured the Indian cable operators that they will get backup access to the VSAT facility installed in the remote locations to avoid disruption in telecommunication services.

Govt reforms union employees unions in specific zones framework

The government on Friday introduced a new framework for union staffs working in public service, private and multi-product undertakings.

Soldiers in remote areas can now use VSAT to call families

The Army has successfully used a VSAT facility for telephonic communication with soldiers in remote areas. The facility has been set up at 12 locations in remote areas.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

Japan’s steel industry may face disruption on expiry of mining leases

Steel industry may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.

India Today may face disruption on expiry of mining leases. The government has allowed additional import of up to 4 lakh tonnes of urad dal this fiscal by allowing additional imports from April 29 to June 30, a release issued by ministry of commerce and industry said.
A rti is a young woman who, even at a young age, started fighting against the wrongs she saw in her society. She is the founder of the Bachpan Bachao Andolan (BBA), a grassroots movement that has been fighting for the rights of children since its inception in 1985. Arti’s work has been instrumental in changing the lives of many children across India.

When BBA started its work, Arti was just a child. She remembers standing at a school gate and seeing other children being sent to work in the fields. She knew that something was wrong, but she was too young to do anything about it. However, as she grew older, Arti became more aware of the problems faced by children in her community.

As a result, many children end up trafficked for illegal purposes. The group has also campaigned against caste-based discrimination, and for improving the quality of education and infrastructure in their schools.

Arti and her team have also been involved in organizing rallies, street and door-to-door campaigns, and personal meetings with parents, highlighting the consequences of illegal practices like child marriage, child labor, and abuse and exploitation of children. They have also successfully convinced many parents to enroll their children in school.

In her village, girls aged between 12-14 could be seen working in the fields by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”

A s an activist and leader, Arti has been able to influence many parents and children in her community. She has become a catalyst of change in her village, and her efforts have inspired many others to follow in her footsteps.

The villagers used to call us names for not abiding by the so-called laws of the village. But Arti’s young heart had no plans of backtracking. “My parents gave strict instructions to the children to stay inside any talks with Arti. She started regular meetings with the children and engaged them in discussions about the importance of education and the need to continue their studies. She also encouraged them to participate in sports and other extracurricular activities.

This is the change that I would like to see in the girls of the village,” Arti says. “I want them to feel empowered. Though, the change has come. Earlier, these girls never went to the school, the other girls felt privileged. But now, no one feels privileged or of any special attention. I think it would be a huge change if the girls could come forward and stand for their rights.”
The variety of lentils available in India has the potential to make our everyday food much more nutritious and bring a wider flavour profile to our plate, writes SANGEETA KHANNA

If you have lived in a metro city all your life, you are most likely to have missed a lot of the best of what the country has to offer. From diverse local dishes to a plethora of fresh ingredients to tasty, home-cooked meals, the local markets can bring a wider flavour profile to our plate, writes SANGEETA KHANNA.

There are many varieties of lentils available in India that have the potential to make our everyday food much more nutritious and bring a wider flavour profile to our plate.

In fact, the awareness about the variety of foods and ingredients available around us can be instrumental in bringing a desired change in our own health habits and the environment of the planet. The regional variety of foods within the country is mind-boggling and contains a rich and diverse set of healthy ingredients that can bring a wider flavour profile to our plate.

In the mountains, where the lentils and climate are similar, the more difficult they are to grind and take hours to cook. In the South, where the climate is warmer, they are soaked and shallow fried and even steamed or poached in water. There are lentil recipes where the lentils are first roasted, ground into flour to make besan or coarsely ground into flour from which pakodas are elaborate Uttarakhand recipes that were part of traditional home cooking. Pakodas are lentil cakes or pakoras that are made with coarsely ground lentils or besan.
Everyone has heard of fasting and dieting. But do you know there is something called skin fasting? Yes, you heard that right! Skin fasting is a concept which is relatively new and is slowly paving its way into society. However, for the uninitiated, we bring you a small guide providing an insight into this practice. Listed here are a set of do’s and don’ts, if you’d like to incorporate it into your skin care regime along with some good ol’ doctors’ advise, writes ANUSHKA PRADEEP

WHAT IS SKIN FASTING?
Skin fasting encourages the concept of taking a break from one’s usual skin care routine in an effort to provide the skin a break from the excessive skin care product usage. The concept revolves around detoxification of the skin by allowing the skin’s natural system to work in tandem with your body’s natural system.

THINGS TO KEEP IN MIND
There are a lot of people for whom, it is mandatory to break off from their usual beauty routine. People who have eczema, acne-prone skin, or sensitive skin, generally, have to use certain products to keep their skin healthy. Abstaining from these products even for a couple of days may have adverse effects on their skin. Skin fasting is here, not suggested for such people, Dr Rupa adds.

Benefits of skin fasting
The skin needs extra rest to function once in a while. And skin fasting is a practice similar to diet restrictions to give your body a break and cleanse from, say, food inputs.

HOW TO PRACTICE SKIN FASTING?
Just like regular fasting, skin fasting can be done by simply applying nothing to your face and cleansing it with lukewarm water.

Benefits of skin fasting
But just like our body, even the skin needs to dorm in once in a while. And skin fasting is a practice similar to diet restrictions to give your body a break and cleanse from, say, food inputs.

FEED YOUR LOCKS THIS COLD SEASON:
HERE ARE SOME EASY TIPS:

- **KEEP SHAMPOOING TO THE MINIMUM**
  Chemical shampoos are notorious for contaminating essential natural oils that protect your hair. Every time you use chemical shampoo, your hair is going to need all the oil it can get this winter season. First things first, switch to shampooless or shampoo bars that don’t leave porosity or residues that exhaust all natural oils in the hair. You can also switch to shampooing your hair only once or twice a week.

- **KEEP HYDRATED**
  Hair, just like our skin, requires water to remain hydrated. For some, it is water and diet. Frequent blow-drying, straightening or curling damages your hair and makes them brittle. Regular trims will make your hair healthy and strong. Shampoo your hair only once or twice a week. And if you are prone to give your hair and scalp some extra care, then worry not as all-natural and organic hair products have the right combination of ingredients that will keep your scalp healthy.

- **OTHER BENEFITS**
  A skin detox lets one know whether they are using the wrong product for their skin types or if they are unknowingly using harsh or drying agents. If you are curious about the products that aren’t good for your skin, you have a lot of reasons to start skin fasting. The right combination of products can help your skin.

- **KEEP DANDRUFF AWAY THIS WINTER SEASON**
  Viva hair is not just your hair. It is your scalp too. Take care of your scalp the right way and you’ll give your hair a gorgeous summer texture.

Winter hats are in! Not just your hair but your face can get frostbite too. Frequent blow-drying, straightening or curling damages your hair and makes them brittle. While you need to protect your hair from the cold, regular trims will keep your hair healthy and strong. Shampoo your hair only once or twice a week. And if you are prone to give your hair and scalp some extra care, then worry not as all-natural and organic hair products have the right combination of ingredients that will keep your scalp healthy. Abstaining from these products even for a couple of days may have adverse effects on your skin. Skin fasting is here, not suggested for such people.
Prathi Roju....

A SHORT-LIVED ‘PANDAGA’

**Ruler: STRICKLY FOR FANS**

**CAST:** Balakrishna, Shruti Haasan

**DIRECTOR:** Maruthi

**RATING:** 1.5/5

Balakrishna has��破天惊 the magic of Dabangg by taking on another title role to the evergreen future superstar. The film begins with Sai Dharam Tej’s Chulbul Pandey (Sudeep) reviving his trademark Dabangg 3.

Chulbul Pandey, With Dabangg 3, the superstar is back! This is a coming-of-age story where Balayya, played by Balakrishna, has a new look, on par with his two-part biopic on his father Nandamuri actor’s latest Ruler. His character is a one-two punch -- an invincible do-gooder, a spiky-haired leader of the blue team, a beast who is a small-screen star with a much-younger Saiee Manjrekar in a much smaller role.

**CAST:** Saiee Manjrekar, Kichcha Sudeep

**DIRECTOR:** Prashant Neel

**RATING:** 3/5

Since Balayya has already introduced his character Balayya as a much-younger Sai, the movie revolves around how Sai’s grandfather’s best-friends’ granddaughter, who he wants to take to his heart. On the film’s outset, surrounded by. Sai’s father, who is fully dedicated to the family, goes down South to Bollywood’s mightiest Kannada superstar the efforts of the makers to explore fresh box office, so it’s a great film.

**RATING:** 3/5

**CAST:** Sai Dharam Tej, Rashi Khanna, Sathyanjai, Rao Ramesh

Would Balayya sport a 6-pack or would he play a lookalike to the original Hindi version.

**RATING:** 3/5

**CAST:** Rashi Khanna, Sai Dharam Tej, Rashi Khanna, Sathyanjai, Rao Ramesh

**RATING:** 3/5

**CAST:** Kichcha Sudeep, Saiee Manjrekar, Kajal Aggarwal

Talking about the role shift, Sai would sport a 6-pack. That could work to the benefit of the film. That could be the only positive point of the film, pushing a prequel text the last few days a lot of controversies, like Sai’s character of Balakrishna has done it in the past, the fans are not satisfied with the way the film is constructed. Sai’s absence was the real pinch in the film. Although it had some entertainment value, the film failed to impress in terms of emotions. 'Pandaga' has aors the film as a miscalculation from the very outset.

**VERDICT:** Poor Ayesha Takia’s comeback fails to impress.

**VERDICT:** Catered mostly to Balakrishna’s fans, unfloating anything new to keep you interested in what is going to happen next. The film has a money and random storyline. This film is a translocation from the very outset.
Aries
March 21 - April 19
People who believe in you will be important. Maintain a positive mood and take things one step at a time. You may have to distance yourself from situations that you will find yourself in. Don't believe the confusion you have always dreamt of. They may not be as bright as they seem. You may have to exercise self-control in some areas that are not too obvious. It is for the best of the future, you must decide to make a change. There may be some unexpected changes in your personal life and career. 
Lucky number 7
Lucky colour Red
Lucky day Monday

Taurus
April 20 - May 20
This week your health will be at its best. Despite your busy schedule, you will feel no stress and save it from failing ever. Don't worry about anything. Just enjoy the moment. You may have to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought.
Lucky number 2
Lucky colour Pink
Lucky day Sunday

Cancer
June 21 - July 22
Be careful while exercising as you might hurt your body or be affected by infections. You may have to distance yourself from situations that you will find yourself in. You may have to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought. The desire to get rich quick even if it means getting involved with some shady characters. He may jump into action without much thought.
Lucky number 1
Lucky colour Silver
Lucky day Tuesday

Scorpio
Oct 23 - Nov 21
Combines with your daily exercise or yoga routine. If you bring out your inner beauty, you will feel more beautiful. This may also be a great time for you to clean your skin and hair. Healthy food and regular exercise can help you stay in shape. You may find your health improving. You may feel comfortable about making commitments.
Lucky number 9
Lucky colour Dark blue
Lucky day Thursday

Pisces
Feb 19 - March 20
Your relationship will be more important this week. Do not get too attached to your partner. This may be a time for you to clean your skin and hair. Healthy food and regular exercise can help you stay in shape. You may find your health improving. You may feel comfortable about making commitments.
Lucky number 8
Lucky colour Light blue
Lucky day Saturday
AN IPS OFFICER WITH A DIFFERENCE

From starting her career in the Indian Forest Service and making a quick switch to IPS, Shikha Goel has done many things to move out of her comfort zone. She talks to NAVEEN KUMAR about how she joined the police force, being the only lady IPS officer in Jammu and Kashmir, fighting Nazalism in the existolwhite united AP and much more.

**RAPID-FIRE**

**Best quality about myself:** I’m very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Biggest strength:** Family support and self-motivation.

**Last movie watched:** Bala

**Regret:** Not learning any sport until now. Keeping my sensitivity and empathy intact while dealing with difficult situations.

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most proud of:** Keeping my sensitivity and empathy intact while dealing with difficult situations.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.

**Most helpful advice:**

**Best qualities about myself:** I'm very sensitive and get easily hurt. Want to keep my sensitivity and empathy. I start thinking about others before thinking about myself.

**Any regrets:** I regret not learning any sport until now.

**Most prized possession:** My kids.

**Most illegal thing ever done:** Stealing and eating supari when I was 12 years old.

**Most worth learning:** Being the only lady IPS officer in Jammu and Kashmir.

**Most regretful act:**

**Honesty, humility and resilience:**

I chose police as my profession as it was in sync with the life I had lived until then and for the challenge it offered. It was the first time I went to see the parade at Rajpath in Delhi. I was about 11-years-old and the first time I went to see the parade at Rajpath in Delhi. It made me nostalgic about the life I had led until then. As the boys marched, I knew we were going to be the best contingent among all. As soon as the boys marched, I knew we were going to win.