With 21,514 fresh cases, 412 deaths in a day, India replaces Russia with only US and Brazil ahead of it.

Khabib says he isn't going to the Olympics to lose.

Today's top stories:

1. Russia replaces India with the US to hold the third spot in coronavirus cases. Russia registered 27,749 fresh cases and 685 deaths.

2. India’s death toll rises to 4,899.

3. Research shows that malaria drug hydroxychloroquine helps patients hospitalised with Covid-19.

4. Indian Covid-19 vaccines in large scale production by the US-based pharmaceutical company head-quartered in Kentucky.

5. Indian armed forces use chemical weapons to clear loudnessだけでの効果を発揮する効果を持つ特許と他に、各系統における連携作業です。
The Pioneeer interview: Dr. DH Health Services

"Emphasis in Haryana laid on 31s-tracing, testing, treatment"

Haryana Director General of Health Services Dr. Dharamvir Singh has praised the chief minister for his role in the fight against COVID-19. He said that the initiatives taken by the government during this phase have led to the prevention of the virus. He added that the government will continue to closely monitor the situation and take appropriate measures to control the spread of the virus.

The director general also praised the role of the private sector in the fight against COVID-19. He said that private hospitals have been playing a vital role in treating patients and providing them with the necessary medical care.

Dr. Singh also highlighted the importance of tracing and testing in the fight against COVID-19. He said that the government is taking all necessary steps to ensure that tracing and testing are carried out effectively.

He added that the government is also working closely with the private sector to ensure that they are following all the necessary guidelines and protocols.

The director general also expressed his gratitude to the healthcare workers who are working tirelessly on the front lines to treat patients and provide the necessary medical care.

He concluded by stating that the government will continue to take all necessary steps to ensure that the spread of COVID-19 is contained and that the health and well-being of the people are protected.
LOCKDOWN CURE, JOB LOSSES, LONELINESS THRUST MENTAL HEALTH ISSUES INTO CORONAVIRUS ERA

IT HAS ALSO BROUGHT TO THE SURFACE MANY OTHER ISSUES FOR WHICH THE SOCIETY HAS BEEN PREPARED TO FACE IT.
Air India to operate 36 flights between US and India from July 11 to July 19

Variation in Covid genome helped virus infect human cells: Study

Locust strike: FAO warns India to be on high alert in next four weeks

Sitharaman a venemous snake: TMC MP stirs row

Modi calls on Prez Kovind amid rising tension with China

Websites linked to 40 pro-Khalistani blocked

Qualifying cut-off percentage for NEET MDS 2020 lowered to fill vacant seats

Air India to operate 36 flights between US and India from July 11 to July 19

Variation in the viral genome of Covid-19 has helped the virus to infect humans and become the dominant strain circulating around the world, according to a study published in the journal Cell.

The researchers, who named the variation (D614G) in the virus genome as V-2, found that under laboratory conditions, the virus strain containing the mutation infects more efficiently than those without it in the lungs and other organs. This is likely to happen because it is less toxic to the cells it infects, they said.

There have been huge differences in the levels of the virus which has spread throughout the world, but this is not always consistent with the number of cases to be expected, said the team, which included researchers at the University of Edinburgh.

They quickly identified the determinant which makes the virus pay attention to its key receptor on human cells. This is a change (D to glycine) which occurred in the virus genome in various parts of the world to help it blow up in human populations.

A laboratory fellow at Los Alamos National Laboratory, Rachel Gatlin, said the variation D614G was “a game-changer” in understanding how the virus works.

“The addition of the D614G mutation to the viral spike protein changes the immune system’s response, as well as its ability to control the virus’s spread,” said Gatlin.

In experiments, the researchers found that the D614G mutation led to an increased ability of the virus to infect human cells and that this virus could now be more efficiently studied in the laboratory.

The researchers also found that the D614G mutation allowed the virus to spread more efficiently from person to person, which could explain why the virus has spread so rapidly in recent months.

“Some have suggested that this mutation has been linked to the increased ability of the virus to spread from person to person,” said the study’s lead author, Dr. Dominik von Gottberg.

The study was published in the journal Cell on June 15 and is the first to show that the D614G mutation is responsible for the increased ability of the virus to spread from person to person.

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A nail of naves broke out between the Maha and the Bharatiya Janata Party (BJP) over the alleged delays in nominating candidates for the upcoming Maharashtra Legislative Council elections, with Maha Chief Minister Uddhav Thackeray and spokesperson Sanjay Raut clashing.

Taking into account the number of candidates to be discharged from the hospital on Sunday, four-time MLC and active politician in the State and grandson of the legendary freedom fighter Bhagat Singh, Maharashtra Legislative Council MLC Udayanraje Bhosale on Sunday, was discharged from the hospital.

Talking to the media, Bhosale said, "Taking into account the number of candidates to be discharged from the hospital on Sunday, four-time MLC and active politician in the State and grandson of the legendary freedom fighter Bhagat Singh, Maharashtra Legislative Council MLC Udayanraje Bhosale on Sunday, was discharged from the hospital."

Tamil Nadu: 60 dead, 4,183 test +ve on Sunday

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It was as an aggressive testing mode as part of the administration's efforts to contain the coronavirus pandemic.

The death toll in the State is 1,44,744 with 1,11,21,442 recoveries and 842,994 active cases. On Sunday, 4,183 new positive cases were registered, taking the total positive cases to 6,07,951 with 386 deaths. The State witnessed the highest number of deaths in a single day on Sunday.

Covid vaccine faces stiff opposition from whistleblower

Covid vaccine faces stiff opposition from whistleblower

It may be that the announcement is being made before the Lancet study is published, but it is an aggressive test mode as part of the administration's efforts to contain the coronavirus pandemic.

Tamil Nadu on Sunday announced a special drive to contain the coronavirus, with 60 deaths and 4,183 new positive cases registered, taking the total positive cases to 6,07,951 with 386 deaths. The State witnessed the highest number of deaths in a single day on Sunday.

Bangla smugglers attack, hurt three BSF personnel

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Soft drink company sealed

Soft drink company sealed

The total daily cases of coronavirus reported in the state have come down to 12,442 on Sunday, as compared to 13,854 on Saturday, with 680 new recoveries and 13 deaths.

Gunned down terrorists turned out to be coronavirus +ve

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Maha deaths drop to 151, cases come down to 6,555

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Khabar Lahariya (KLM) weekly magazine is the go-to source for the latest news updates from the corridors of power in India, covering a wide spectrum of topics including politics, economics, technology, culture, and society. The magazine has a strong readership base among the Indian diaspora and is known for its in-depth analysis and critical perspective on current events.

Khabar Lahariya, on its special 100th edition recently, highlighted the importance of multilingual media and advocated for the need to preserve and promote regional languages and cultures. The magazine called for greater representation of regional voices in the media and emphasized the role of multilingual media in fostering a deeper understanding and appreciation of India's diverse linguistic landscape.

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The vaccine race

Showmanship is for politics, not science, warn researchers on the ICMR's rush to finalise Covaxin by August 20

S cience cannot be rushed, it is a common refrain across our scientific community as the nation's topmost orthodox medical research institute, the Indian Council for Medical Research (ICMR), said it was attempting to launch India's first COVID-19 vaccine, Covaxin, by August 15. The Ministry of Science has had to curb such ambition with a statement saying it would not be ready by then. In effect, the ICMR is saying that no other countries, who are way ahead in terms of trials and India and the UK are not far behind, are not able to release it by the year-end, India, by some miracle, would be able to do so in less than four months. If being approved for trial, the first commercial version of any COVID-19 vaccine, which is miles ahead of us, is expected to hit the Indian market at the end of this year at the earliest.

But Covaxin, which is the mustard seed of the ICMR's vaccine strategy, is not the only one to face the same dilemma. Several other vaccines are also yet to receive a green signal from independent ethics committees. One is added to the list, too. The UK's AstraZeneca variant, backed by the ICMR, had itself indicated its availability for mass use by early 2021. Now, it seems to be the line of the Government. In fact, the centre should have taken a cue from the panic and pressure and explain to its political bosses that human lives and human beings cannot be put at risk for the sake of showmanship or electoral gains.

Stop take complaints

For it is quite plain that most of the scientific community, the health ministry, the Ministry of Science and Technology, the ICMR, the Drugs Controller General India, the Central Council for Research and Development, the Indian Council of Medical Research (ICMR), the National Technical Advisory Committee (NTAC), the National Academy of Sciences, the National Academy of Engineering, and the National Academy of Sciences, Technology and Innovation Commission must be dealt with by a single authority where state and local bodies must be also included. For instance, the ICMR's Cambridge-based institute, the Indian Council of Medical Research, had itself indicated its availability for mass use by early 2021. Now, it seems to be the line of the Government. In fact, the centre should have taken a cue from the panic and pressure and explain to its political bosses that human lives and human beings cannot be put at risk for the sake of showmanship or electoral gains.

In a recent interview, Philip Hope, the UK's vaccine tsar, had said that the country's first COVID-19 vaccine, which is expected to be a major breakthrough, could be ready by December 2020. However, it is unclear whether the Indian government has taken any steps towards advancing the vaccine research or whether the vaccine will be available by December 2020.

On the other hand, the UK government has been quick to respond to the pandemic and has taken a number of measures to mitigate the spread of the virus. These include implementing lockdowns, quarantining infected individuals, and increasing testing capacity.

In conclusion, the Indian government must take urgent action to ensure the safety and well-being of its citizens by providing access to effective vaccines as soon as possible. This will require a coordinated effort between the government, public health experts, and the private sector to develop, manufacture, and distribute vaccines on a large scale.
The four stages of dealing with the grief of a pandemic

Denial, panic, scapegoating and ultimate loss are the usual stages we deal with in deep and ultimate loss.

The first stage is denial. People refuse to believe the virus is real. They say it is just a common cold or a flu. They may even say it is a government conspiracy or a bioweapon. People may even say it is a natural disaster or a result of global warming. They may say it is a psychological phenomenon or a cultural phenomenon. They may say it is a natural disaster or a result of global warming. They may say it is a natural disaster or a result of global warming. They may say it is a natural disaster or a result of global warming. They may say it is a natural disaster or a result of global warming.

The second stage is panic. People become very anxious and fearful. They may make irrational decisions. They may hoard supplies. They may refuse to go to work. They may refuse to go to school. They may refuse to go to the hospital. They may refuse to eat out. They may refuse to travel. They may refuse to buy. They may refuse to spend. They may refuse to do anything. They may refuse to do anything. They may refuse to do anything. They may refuse to do anything. They may refuse to do anything.

The third stage is scapegoating. People blame others for the virus. They blame governments. They blame doctors. They blame scientists. They blame politicians. They blame celebrities. They blame athletes. They blame teachers. They blame students. They blame parents. They blame children. They blame each other. They blame everyone.

The fourth stage is ultimate loss. People may feel like they are losing everything. They may feel like they are losing their jobs. They may feel like they are losing their homes. They may feel like they are losing their health. They may feel like they are losing their loved ones. They may feel like they are losing their sanity. They may feel like they are losing their lives.
Churu: Africa's locust outbreak is far from over

The recent outbreaks of locusts in East Africa are far from over, with the locusts still posing a threat to crops and livestock in the region. These insects can do significant damage, causing to crops and livestock, and can also spread diseases among livestock and humans. The damage caused by locusts can be significant, with the potential to devastate entire agricultural sectors. This is why it is crucial to take immediate action to prevent the spread of these insects and protect the livelihoods of farmers and communities affected by the locust invasion.
Reliance plans to up fuel aviation daily stations by 50%  

On 26 May 2020

Bharat Mahakoshal Ambani Reliance Industries Ltd (RIL), the largest fuel retailer in the country by market share, plans to up its aviation fuel stations by 50%, from 40,000 to 60,000, to help businesses currently controlled by the aviation sector, especially tourism, recover from the impact of COVID-19 on travel.

In its latest annual report, RIL said it has been providing more than 5,000 litres per day as aviation jet fuel on an all-India basis. The fuel is used for civil aviation, transport and defence purposes. To help the tourism sector in the wake of apprehensions of an extended lockdown, RIL plans to increase its net aviation fuel sales from 40,000 daily stations to 60,000.

A total of about 34,800 kms of road stretches can double up as connectivity to Gangotri, the Minister said. The newly built 80-km road is an extension of the existing highway to Gangotri from Laxman Jhula. A total of 151 km projects of 151 km have been taken up in the border areas, "Gadkari said. Of these, 131 km have been completed and 20 km have been stalled due to the pandemic, while the 151 km projects will be completed by September this year. These projects include Rajasthan border, Jammu and Kashmir, HImachal Pradesh, Uttarakhand and the northeastern states, including Arunachal Pradesh. The aim is to ensure the development of every area, to boost industries there and to connect them with the rest of the country," the Minister said.

The Sanjay Gandhi National Park, which has been closed to visitors for over six months now, has started functioning again. "The park is currently open for 24 hours a day from 5 am to 11 pm," a park official said. The Bandhavgarh National Park has also been reopened after remaining closed for 100 days due to the lockdown. It will remain closed on Sundays and holidays.

Indian exchanges see just 4 IPOs in Jun quarter: Report  

On 21 May 2020

As the bearish sentiment in the market creates an environment for a more risk-averse market, only four Initial Public Offerings (IPOs) were listed to the Indian capital market in the April-June period, also the second quarter of 2020. This report was last heard of in the main market, the report said.

Indian exchange listings have been announced on both the BSE and NSE. Rishi Khandelwal, the newly appointed market leader, has been working closely with BSE and NSE to ensure a smooth process.

FPIs pull out 3,743 cr in three trading sessions in June

On 13 May 2020

Foreign portfolio investors (FPIs) have pulled out a massive amount of money from the Indian capital market in the three trading sessions since the markets had opened for the day on June 3, the day when market resumed after the lockdown. According to a report, 3,743 cr in three trading sessions in June. 

The end of March 2020 saw the Indian capital market also seeing massive outflows from FPIs. As of June 3, 2020, all the FPIs and institutional investors were allotted shares in the IPOs of three companies: Jindal Wells, Indus Towers, and IndiaFirst Life.

S&P CNX Nifty  

As at 13 May 2020

At 13 May 2020, the benchmark index was trading at 11,452, with a gain of 0.6%. The Bank Nifty had a gain of 0.6%. The Sensex and Nifty had a gain of 0.6%.

Indian Global Vice President Santosh Kohli told PTI.
With unlock strategies being put in place, the time is too far when corporates reach their office desks again. So how does the future of the workplaces look like? Is it time to reimage spaces? By Team Viva

**Out of the box**

By Deepika S, Victoria

**Journey beneath the water**

Biologist Jeremy WADE, in his new series, investigates baffling, unsolved mysteries of remote areas, disappearing fish species, islands lost in time and the sad plight of once-onnerving ses.

**WEBB**

**Deepika takes yoga classes**

W ith her talent and in-person presence, actor Deepika Padukone has already mastered the art of playing any character with almost passion. Ever since her role of Kanak in Shobhaa’s Bikaner Summer has been announced, fans have been contemplating as to what role does she wants to play for her next?

We hear that Deepika has recently started training for her upcoming film and her preparation for her film.

**RETURN OF THE OUTBACK BEAST**

An expert in underwater biology and marine conservation, Wade has spent time in some of the most remote and unknown places on Earth. His research has taken him from the depths of the ocean to the forests of the Amazon, and beyond. In his new series, Wade will explore the mysterious and uncharted waters of the world, searching for answers to some of the most pressing questions about our planet.

**ITALY’S LAKE MONSTER**

According to local legend, one of Europe’s most beautiful lakes is home to a ancient secret. First reported in the Lake Garda Chronicle, physical and temporal anomalies have been reported by locals. Reports suggest that the lake’s waters hold the key to unlocking the secrets of the unknown. Wade will investigate these claims and explore the possible existence of a lake monster.

**Claire opens up on postpartum anxiety**

The Vampire Diaries actor CLAIRE HOLT has revealed that she suffered from postpartum anxiety after the birth of her son. In a recent Instagram post, Claire opened up about her battle with postpartum anxiety.

After having James, I really struggled with postpartum anxiety. Breastfeeding was incredibly difficult, I suffered from a cow’s milk protein allergy. My milk supply was non-existent, and I felt so underwhelmed,” she said.
Ayurveda explores the relationship between the body, mind, and soul. It has a holistic approach towards mental health issues and depression, says Geeta Ramesh.

There have been endless debates over the years, however, the importance of mental health disorders has increased. It is a deep, broad, complex subject that many feel is not being discussed enough.

The concept of Ayurveda, an ancient Indian system of medicine, originated in the Vedic period and has been passed down through generations. It is based on the idea that the human body is a microcosm of the natural world and that health is achieved when the body, mind, and spirit are in balance.

Ayurveda recognizes that each person has a unique constitution, or Prakriti, which is composed of five elements: earth, water, fire, air, and space. These elements combine to form the three Doshas: Vata, Pitta, and Kapha. Imbalances in these Doshas can lead to various health problems.

It is important to balance these Doshas and energize them for a healthy and peaceful life (doshara Vyo). Pitta is the fire element and represents passion, energy, and metabolism. Kapha is the water element and represents stability, security, and resistance to change. Vata is the air element and represents movement, change, and flexibility.

Ayurveda also recognizes that different therapies are needed for different types of imbalances. For example, Pitta imbalances can be treated with cooling herbs, while Kapha imbalances may require warming herbs.

One of the most important aspects of Ayurveda is the concept of Agni, or internal fire. Agni is responsible for digestion, absorption, and metabolism. When Agni is weak, it can lead to a variety of health problems.

It is important to maintain a healthy Agni by eating a well-balanced diet, avoiding excesses, and practicing good digestion techniques. Ayurvedic massage, yoga, and meditation can also help to strengthen Agni.

Ayurveda also recognizes that the mind and the body are interconnected. Mental and emotional health are closely related and can affect each other. For example, stress can lead to physical symptoms such as headaches and digestive problems.

Ayurveda recommends various practices to support mental health, such as:

-Pranayama (breathing exercises)
-Ashtanga Yoga
-Nidan Rasayana (therapeutic procedures)

Ayurveda recognizes that every person is unique and that a personalized approach is necessary to achieve optimal health.

MOUTH AND EYES BY SPLASHING SOME COLD WATER

PRAYING BEFORE LEAVING THE BED

PERFORMING ANY EXERCISE OR MEDITATION

AYurveda is a deep, broad, complex subject that many feel is not being discussed enough. It is important to balance these Doshas and energize them for a healthy and peaceful life. It is important to maintain a healthy Agni by eating a well-balanced diet, avoiding excesses, and practicing good digestion techniques. Ayurvedic massage, yoga, and meditation can also help to strengthen Agni.
Justin Langer on Sunday likened winning the treble as they are to the Test series against the Caribbeans last year and Roach was demoted to fourth, which will look to defend the Scudetto hopes.

With the LA Serie A still up for grabs, Juve are on top of the table after their win over Lecce, while Milan and Inter are in the mix to challenge them for the top spot. Lazio, who are in fourth place, have been content even with a 4-1 win over Verona, having scored seven goals in total so far this season. However, they will be aiming to keep their form going when they take on Sassuolo in their next league fixture.