RBI halves EMIs, cuts rates
75 basis point interest rate cut is the steepest in more than 11 years

Measures
- The minimum rate will cover best floor rate for housing taken on March 2, 2009, and May 22, 2020.
- The new rates include home loan, personal, auto, term, health, and travel insurance.
- The moratorium will include credit cards with a balance of Rs 250,000.

Most of them came from abroad before lockdown, States to step up surveillance

As workers head home on foot, States to provide food, shelter

Helping migrants to prevent exodus: Centre to States

As workers head home on foot, States to provide food, shelter

15 lakh returnees evaded screening: Cabinet Secretary

Don't let rumours infect your mind with 'Op Namaste'

RBI cuts rates, stimulus for real estate

Govt puts corona cases tally at 7,24

The Reserve Bank of India (RBI) cut the policy rate by 0.75% to a new low of 4%, and also provided a big relief to borrowers by allowing banks to offer a three-month moratorium on loans. The move is expected to provide a much-needed relief to borrowers who are facing tough times due to the lockdown.

The 75 basis point interest rate cut by the RBI is the steepest in more than 11 years as it joined the Government effort to rescue a slowing economy that saw growth slip to a 6.4% pace in the July-September quarter, the worst since 1991. During the moratorium, banks can continue making new loans on the same terms, but borrowers will not have to make any payments during this period.

The RBI decision will bring relief to millions of borrowers who are facing tough times due to the lockdown, and is expected to boost consumer spending and help in reviving the economy. The bank is also likely to continue quantitative easing, which would provide liquidity to banks and help in bringing down interest rates further.

The RBI governor also said that the bank had increased its holdings of government bonds to Rs 2.7 lakh crore from Rs 2.25 lakh crore in the last quarter, and that it would continue to hold government bonds as a buffer to support the government's disinvestment programme.

The RBI also announced a moratorium on loan repayment for up to three months for those in dire need. The moratorium is applicable to home loans, personal loans, car loans, education loans, etc.

As of March 2020, the number of cases in India had crossed 10,000, and the number of deaths had reached 293. The total number of cases in the world had crossed 700,000, with over 30,000 deaths globally. The Indian government had imposed a lockdown to contain the spread of the virus, and the lockdown had led to a decrease in economic activity.

The RBI's decision is expected to boost consumer spending and help in reviving the economy. The bank is also likely to continue quantitative easing, which would provide liquidity to banks and help in bringing down interest rates further. The RBI governor also said that the bank had increased its holdings of government bonds to Rs 2.7 lakh crore from Rs 2.25 lakh crore in the last quarter, and that it would continue to hold government bonds as a buffer to support the government's disinvestment programme.
Merits of the rule.

The award went to Kapil Vikram Singh, who has been serving as an IMS student for the past seven years. The award is given to an IMS student who has shown outstanding performance in academics, sports, and extra-curricular activities. The award is given in memory of the late Dr. S.N. Singh, who was a former IMS student and a well-known personality in the field of education.

The ceremony was attended by the principal of the college, as well as faculty members and students. The principal congratulated the awardee and expressed his appreciation for his hard work and dedication. The students present were also encouraged to emulate the qualities demonstrated by the awardee.

The ceremony was followed by the distribution of other awards and certificates to the students who had performed well in academics, sports, and extra-curricular activities. The students were proud to receive these awards and were grateful for the recognition.

The event concluded with a closing address by the principal, who reiterated the importance of hard work and dedication in achieving success. The students were encouraged to continue their努力 and strive for excellence in their future endeavors.
City theatre artists share their memorable experiences on World Theatre Day

MLAs to dole out ₹50 lakh each for needy Jharkhand MLAs to dole out ₹50 lakh each for needy

TACKLING CORONAVIRUS

Control room to meet basic needs of people

One month. will be levied on the electricity bill for masks and sanitizers are he will also contribute his monthly Relief Fund. He further announced monetary contribution has strict administration. Soren, of Smart City Office Bhopal of the common man during the departments will also be directed to be available to the people being ensured that there is no break- }

Dumka: Minor tribal girl gang-raped

A 6-11-year-old tribal girl was gang-raped by 10 persons near Kamoda block area under which the prime minister and prime minister’s residence of 50 units. He said that the positions or positions he wants to go on are being given to the one who wants to go on is go on as per their wishes, those who are concerned in human年下半年 with no honour. No. 51 today. He also added the complaint lodged by the victim with the police and he said that the police along with his family had gone to the police station on Friday and when the police told them that it was not possible to file a complaint.

Singles

Kaurav appointed Advocate General of MP Kaurav appointed Advocate General of MP

Mukhyamantri Dal Bhat

Jharkhand MLAs to dole out ₹50 lakh each for needy

Food and Civic Jharkhand MLAs to dole out ₹50 lakh each for needy

Government is giving two months’ relief in MG Bank loan holders and they also get the warrants to order for the cards.

Mulnath Kudari and Rameshwar Oraon on Friday said that the Government is giving two months’ relief in MG Bank loan holders and they also get the warrants to order for the cards.

Mulnath Kudari said that as the electrici-
PMF mid terms RBI decision 'giant steps' to cushion impact of coronavirus on economy

As of [date], the Reserve Bank of India (RBI), country’s central banking system, is taking decisive steps to cushion the impact of the coronavirus on the economy. The RBI has announced a series of measures to support the economy, focusing on liquidity, credit, and market stability. These measures include: 

1. Extension of loan moratorium for six months for small enterprises. 
2. Increase in the liquidity infusion through open market operations. 
3.放松对流动性的限制bank credit growth targets. 
4. Increase in the credit guarantee fund. 
5. Extension of the term loan scheme. 
6. Increase in the liquidity infusion through open market operations. 
7. Relaxation of the regulatory framework. 

The government and the RBI have been working closely to ensure that the economy remains stable and resilient during the coronavirus crisis. The measures announced by the RBI aim to provide much-needed relief to the affected sectors, including small and medium enterprises, farmers, and the retail sector. The government has also announced various tax exemptions and subsidies to support the affected sectors. 

The Indian economy is expected to face a severe hit due to the coronavirus crisis. The government and the RBI are working together to mitigate the impact of the crisis and ensure that the economy rebounds as quickly as possible. The measures announced by the RBI and the government will be crucial in supporting the economy during this challenging time. 

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Kerala: IAS officer skips quarantine, traced in UP, suspected

Kerala IAS officer skips quarantine, traced in UP, suspected

AARON BORTHAKUR

An IAS officer from Kerala has been found to have not undergone quarantine after returning from the state, and has been traced to Lucknow, reportedly staying at a hotel. The officer had returned from Kerala on 20th April and was found without undergoing the mandatory quarantine period of 14 days.

In a statement issued on Friday, Minister K. Chandrashekhar Shivaji Salvi said, “We have taken immediate steps to trace and quarantine the officer. We are investigating the matter and will take appropriate action.”

The officer, who is believed to be a youth officer, had allegedly failed to undergo quarantine after returning to Lucknow. A joint team of health officials and policemen have been deployed to trace and quarantine the officer.

The Kerala government has also directed all its officers to strictly follow quarantine norms and has stated that no officer who has not undergone quarantine will be allowed to leave their official residence.

The incident has raised questions about the effectiveness of quarantine norms and the need for stricter enforcement. The government has said it will take stringent action against anyone found violatin
States take charge

They may not have the halo but some CMs are coming up with effective measures for managing the virus.

VIVEK MISHRA

MISHRA TOURNAIGN

The Guardian

- This refers to the editorial, “Closed borders” (March 16), which argues that border closures are a costly and key policy for the United Kingdom in the battle against COVID-19. It highlights the key points of the editorial and provides a counter-argument.

VIVEK MISHRA

- This refers to the editorial, “Managing the crisis” (March 16), which discusses the need for a coordinated response to the COVID-19 pandemic. It criticizes the lack of a clear strategy from the government and calls for a more proactive approach.

Jahidul Islam

- This refers to the editorial, “The vaccine program” (March 16), which discusses the importance of the COVID-19 vaccination program in controlling the spread of the virus. It highlights the challenges faced by the government and the need for a sustained effort.

Jahidul Islam

- This refers to the editorial, “Emergency measures” (March 16), which discusses the need for emergency measures to control the spread of COVID-19. It highlights the measures taken by various countries and the need for a concerted effort.

Jahidul Islam

- This refers to the editorial, “The economic impact” (March 16), which discusses the economic impact of the COVID-19 pandemic. It highlights the challenges faced by businesses and the need for support from the government.

Jahidul Islam

- This refers to the editorial, “The information war” (March 16), which discusses the role of the media in shaping public opinion during the COVID-19 pandemic. It highlights the challenges faced by the media and the need for constructive reporting.
Humanity united like never before

China’s response to the Coronavirus outbreak is a lesson on how to stay strong in times of a global community crisis

With nations being pulled by the simmering alarm of COVID-19, the world is looking up to China’s response to the Coronavirus disease (COVID-19) — a global pandemic that is affecting the entire world. China’s response to the Coronavirus is a lesson on how to stay strong in times of a global community crisis.

China has managed to contain the virus outbreak, and its response to the pandemic is being widely admired around the world. The country has implemented strict quarantine measures, lockdowns, and social distancing rules to curb the spread of the virus. China has been lauded for its efforts, and many countries have learned from its experience.

China is also a significant player in the global economy, and its response to the pandemic has had a ripple effect on the global economy. China’s example has encouraged other countries to follow suit, and there has been a global call for unity and cooperation in the face of the pandemic.

China’s response to the Coronavirus is a lesson on how to stay strong in times of a global community crisis. It is a reminder that by working together, we can overcome any challenge that comes our way.

While some of the relief measures announced by the PM are just financial juggles, the remaining items offer some concrete benefits to the poor.

PETER, IF YOU THINK THAT SPEAKING IN FACTS AND TRUTH IS FRUSTRATING TO THE PEOPLE, THEN YOU HAVE A PROBLEM.

—BRUCE JENNER

CINN HOST

OMAN

An ocean of need in opportunity in assistive products

All that marketers need to do is deliver value in the form of access to an equal lifestyle at a reasonable cost to diyangans and they will have a huge market of loyal and proud customers.

The writer is Professor, Marketing, National Institute of Health and Family Welfare, New Delhi.

JAMES JOHNSON

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**GLOBAL DEATH TOLL PASS 25,000**

**CHRONIC PROTECTION GEAR SHORTAGE A “URGENT THREAT” IN VIRUS FIGHT**

**STOP SENDING MESSAGES, RUSSIAN TELECOMS FIRM PLEADS**
Over 2K Indians stranded in SL due to lockdown

The Army has announced its assistance to 2179 Indians stranded in Sri Lanka due to the lockdown caused by the coronavirus (COVID-19) pandemic. The stranded Indians are in various parts of the country, including Colombo, Negombo, and Galle. The Army has set up a help desk for Indians stranded in Sri Lanka. The help desk can be contacted at the following numbers:

- Army Headquarters: +94 11 249 0000
- Colombo District: +94 11 249 1111
- Negombo District: +94 11 249 2222
- Galle District: +94 11 249 3333

The Army has also arranged for medical assistance for Indians in case of any emergency. The help desk will provide information on how to reach the nearest hospital or medical facility. The Army has also arranged for food and shelter for stranded Indians. The help desk will provide information on how to reach the nearest shelter or food facility. The Army has also arranged for transportation for Indians who wish to return to their home countries. The help desk will provide information on how to reach the nearest transportation facility. The Army has also arranged for legal assistance for Indians who may need it. The help desk will provide information on how to reach the nearest legal assistance facility. The Army has also arranged for psychological support for Indians who may be experiencing stress or anxiety due to the lockdown. The help desk will provide information on how to reach the nearest psychological support facility.
**Life and Art of Diego Rivera and Siqueiros**

Diego Rivera and David Alfredo Siqueiros were two artists who led the modernist movement in Mexico during the first half of the 20th century. They worked together to create murals that depicted the history and culture of Mexico, often focusing on social and political issues. Their art was characterized by a strong sense of community and a desire to make art accessible to all. Rivera was particularly interested in the role of art in the public sphere, and his murals can be found in various locations throughout Mexico, including the Palace of Fine Arts in Mexico City.

**Observational Comedy**

Observational comedy is a genre that uses personal experiences to create humor. It often involves the comedian observing the world around them and finding the funny in the mundane. This type of comedy can be highly effective because it is relatable to a wide audience. Observational comedians like Dave Chappelle and Louis C.K. have become some of the most popular and influential comedians in recent years by using this approach.

**Humanity Needs to Unite**

As the global coronavirus outbreak continues, it is clear that we must all come together to support one another. The pandemic has highlighted the need for cooperation and solidarity around the world. We must work together to find solutions to the challenges we face, whether it is the coronavirus or other issues such as climate change and social inequality. The future of humanity depends on our ability to unite and act with compassion and empathy.

**Conclusion**

In conclusion, the lives of Diego Rivera and Siqueiros are a testament to the power of art to bring people together and to make a positive impact on the world. Observational comedy is a powerful tool for connecting with our audience on a personal level and can be an effective way to get people thinking about important issues. Humanity needs to unite to face the challenges we face, and we must continue to work together to ensure a better future for all.
The internal environment of your gut is dictated by what you put in your mouth — so the foods you choose to eat are a crucial component of maintaining good gut health.

The good news is, even a small change in diet can make a big impact on your overall health and well-being. Many processed foods contain chemical substances called food additives, which are also linked to colon cancer, according to the American Cancer Society.

Adding more fresh, whole foods to your diet can help reduce the risk of cancer and other chronic diseases. Eating a variety of foods can also help maintain your microbiome at its best, which is crucial for overall health and well-being.

When it comes to main-

E nvironmental factors and lifestyle interventions such as regular exercise, a healthy diet, and maintaining a healthy weight can all help reduce the risk of colon cancer. However, diet plays a crucial role in preventing this disease and maintaining overall gut health.

A diet rich in fruits, vegetables, whole grains, and lean proteins can help promote a healthy gut microbiome and reduce the risk of colon cancer. A high-fiber diet can also help prevent constipation and other digestive issues.

Incorporating probiotics and prebiotics into your diet can further support your gut health. Probiotics are live bacteria and yeasts that are beneficial for your health, while prebiotics are dietary fibers that promote the growth of beneficial bacteria in your gut.

To ensure you are getting all the essential nutrients your body needs, consider consulting with a registered dietitian or nutritionist. They can help you create a personalized meal plan that meets your unique needs and goals.

By making small changes to your diet, you can take steps to reduce your risk of colon cancer and improve your overall health and well-being. The key is to make small, consistent changes that you can sustain over time — and that you enjoy eating!
COVID-19 (कोरोना वायरस)
घबराएं नहीं, जानकारी ही
हमारा सुरक्षा कवच है
कोरोना संक्रमण को फैलने से रोकने हेतु घर में ही रहें। एक बिना
लक्षण वाला संक्रमित व्यक्ति इससे संक्रमित कर सकता है। इसलिए,
पड़ोसी, दोस्त हमारी से अपनी संपर्क कम करना आवश्यक है।

कुछ संक्रमित व्यक्ति
लक्षण दिखाए विला ही
पूरा हो जाते है।

लगभग 95% लोग जो आज तक कोरोना से संक्रमित हैं वे ठीक हो जाते हैं। *
कोरोना संक्रमित नुआँ पूरा- लक्षण हो जाते है।

किवितहु
लवोटनशील वर्ग वाले व्यक्तियों को,
दूसरी की तुलना में कोरोना वायरस
de संक्रमण से बचना आवश्यक होता है।

श्यान दे
• कुद्रुकल (60 वर्ष से अधिक उम्र के
दिवसीय, प्राप्तिशोध, अस्थायी एवं हद के
ी तथा कांपन के लिए, तत्काली
कोरोना वायरस के संक्रमण के
लिए, प्राप्तिशोधी की संक्रमण
de तथा यह दूर करने के लिए
• जितना संभव हो स्वदेशील व्यक्ति
• घर के बाहर से आते व्यक्ति (जैसे
नियम, व्यापाल, तथा जैसे)
• नियमित रूप से साफ़ और
• नियम के लिए साफ़ और
• नियम वनस्पति में जैसे, तुकड़ा या

कोरोना वायरस संक्रमण
dके खतरे घटाए
de स्तर उच्च अपने अनावंत

गौरववान्दल नं. 104 | प्रेम्यता निर्यात कान्या नं. (0755)2527133, 2527149, 2527173