75 districts under lockdown

As COVID-19 cases mount to 396, Metroshuts across India

Residents extend gratitude to service providers as PM Modi says, "You are the real heroes of our nation."

India stops in its tracks to fight China virus

Two more cases in UP

Lockdown not enough, focus on detecting infected: WHO

Lockdown extended in four UP districts, announced by PM Modi

Two more COVID-19 cases reported from India on Sunday

A special tracking system has been established in 38 districts of India where coronavirus cases were reported. A total of 38 districts have reported a cumulative total of 5,712 cases. In these districts, residents are being advised to stay indoors for a week to contain the spread of the virus.

The Union Health Ministry was yet to confirm the number of deaths caused by coronavirus. Another death was reported from Maharashtra on Saturday.

Within hours of the lockdown being announced, the Government has decided to impose a curfew on Sunday, the third of the world's infections. In the three districts, people were asked to stay indoors. The districts were directed to create awareness about the lockdown among residents. The state had earlier said that it would conduct coronavirus testing on a large scale.

The lockdown was announced amid fears of a third wave of the coronavirus. The state has reported 13,357 cases, with 480 deaths. The state government said that it was taking all steps to contain the spread of the virus.

In a precautionary measure to stop the spread of coronavirus, Chief Minister Yogi Adityanath on Sunday announced a lockdown in 38 districts of the state from March 21 to 29.

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Lucknow University AK Rai
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Hussainabad and Allied Trust
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Haider’s application draws
Lucknow-based advocate

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years back, we would make a 50-70 rupee
salaries were raised to

The state government has
consummatory payment of
incentives to the guides who are
without the tourist attraction
The number of passengers

In 2015, the Government

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March 22 is 4,653.

At least 200 people have been

The three labourers were

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COVID-19: Janata curfew will help immensely, say experts

The closing down of public transport will also help in breaking the chain of transmission. It is not news that India has widespread urban-rural interface where we will see if we stay within our cities and towns. The chances of transmission of the virus are more if we travel across the country. We need to keep this momentum going," he added.

Sundari Narayen said that the policemen and doctors are at the forefront of the fight against coronavirus. The lockdown has been needed for not just 21 days but for more than that. Perhaps it should be extended for at least 28 days. We cannot afford to take any risk. He added that the police and doctors are doing a commendable job.

Metro services suspended

The Lucknow division of the Eastern Railway has decided to suspend all its metro services from March 30. The move is in accordance with the directions of the Central Government to avoid public transport to control the spread of the disease. The Lucknow Metro users will be informed via SMS, website and mobile apps. The decision was taken after consulting with the Lucknow Metro officials. The railway ministry has also taken steps to suspend all suburban and intercity train services in the state. The decision was taken in the wake of the spread of the coronavirus pandemic.

Policemen sent to lines for manhandling residents

A red-faced sub-inspector of Lucknow police station had to manhandle a group of residents who were creating a disturbance in the area. The residents had gathered in front of the police station to protest against the lockdown. The police had to use force to disperse the crowd. The sub-inspector had to use physical force to control the crowd. The residents had gathered in front of the police station to protest against the lockdown.

Buses pressed into service to evacuate migrants

As the lockdown continues, the Migrant and Manpower department has pressed 60 buses into service to evacuate migrants from the city. The buses are being pressed into service to help the migrants return to their native places. The buses are being pressed into service to help the migrants return to their native places. The buses are being pressed into service to help the migrants return to their native places.

Policeman killed in cholera outbreak in Lucknow

A policeman was killed in a cholera outbreak in Lucknow. The policeman was found dead in his room at a police station in the city. The cause of death is still unknown. The police are investigating the incident.

Trains cancelled till March 31

The Lucknow division of the Indian Railways has decided to cancel all its trains till March 31. The division has taken this decision in view of the ongoing coronavirus pandemic. The railway ministry has also taken steps to suspend all suburban and intercity train services in the state. The decision was taken in the wake of the spread of the coronavirus pandemic.

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**Movement of troops suspended**

The armed forces, with a strength of 10 lakh personnel have ordered immediate suspension of movement of any kind of troopers, including deployment, movement of troops, and exercises as a preventive measure against Coronavirus (Covid-19).

The forces have also asked all jawans and officers to fill up a special proforma that has been issued to all by their respective headquarters to ensure that when they are off duty, they check their coronavirus status.

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**20 lakh paramilitary personnel debarred from leave, routine travel**

The paramilitary forces of the country have been asked to completely stop the movement of their personnel, including jawans and officers, for a period of 15 days, till April 5, to contain the spread of coronavirus (Covid-19). The order, issued by the Ministry of Home Affairs, is aimed at restricting the movement of personnel of the paramilitary forces, which include the Border Security Force (BSF), Central Industrial Security Force (CISF), Territorial Army (TA), the National Security Guard (NSG), the Sashastra Seema Bal (SSB) and National Disaster Response Force (NDRF), to a maximum extent of 20 km from their bases.

The order also directs the Central Industrial Security Force (CISF) to ensure smooth functioning of the 415 Dehradun Call Centers (DCCs) across the country, and that the people visiting their centers are provided all necessary services.

**COVID-19 blow to fragile economy, needs financial package to boost morale, says Cong leader**

 Rahul Gandhi said while addressing a press conference, “We have our own sledgehammer blow to our fragile economy and took important steps in this direction during this period. Where we are now, the situation is dire and everyone working to contain the pandemic is our national heroes and take proper care of them. The Centre and state governments should work with all the stakeholders and ensure that the financial package is delivered and the funds are used properly.”

**Vigilante RWAs ostracise AI crew members**

Vigilante Residents Welfare Associations (RWAs) across the country have been ostracising the crew members of the Indian Air Force’s (IAF) team from Ahmedabad to Singapore for a variety of internal security reasons. In this case, the IAF crew members were considered “suspect” as they were believed to be “recruiting agents”.

**Central Govt offices to work with skeletal staff**

Continuing with its directive, the Ministry of Home Affairs issued another order on Monday to all central government offices to work with a skeletal staff of 25 per cent till March 31.

**SAARC Disaster Management Centre launches website**

A part of a plan to undertake a comprehensive regional assessment, the SAARC Disaster Management Centre has launched a website entitled “The South Asian Region: The SAARC Disaster Management Centre” at www.sadmc.org. This was announced by New Delhi, India and the website is aimed at promoting regional and operational urgency in the region. It has been designed with an array of features, which include a news section, a directory of regional partners, a project database, a report database, an information centre, and a detailed map of the region. The website can be accessed at www.sadmc.org.

**Man at quarantine facility released for father’s last rites**

A 56-year-old man, who had been quarantined by the IAF at its quarantine facility in Ahmedabad for his father’s last rites, has been released by the IAF.

**India Farce staff tests negative**

Eight jawans of the Central Industrial Security Force, posted at Kerala headquarters, have tested negative for coronavirus (Covid-19) and have been released.

**Pulse**

ITBP jawan posted in Kerala tests negative **PULSE IN NEW DELHI**

A 35-year-old jawan who was posted in Kerala for around 17 years tested negative for coronavirus (Covid-19) after he was tested at the ITBP headquarters of Kerala, a week after he was posted there. He was tested on March 9 and given negative report.

**SAARC**

**Disaster Management Centre**

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The Union Cabinet has approved Government and in all probability, on at the highest level of the exercise.

Last week, the Home Ministry had said the preparations for the nationwide exercise, which will be conducted from April 1 to 15, were under way.

The exercise will be conducted simultaneously with the 98th round of the National Population Register (NPR) in all districts of the country from April 1 to 15.

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Denial, the worst policy

The ‘nothing will happen to us’ brigade purported as if there’s no tomorrow. Except tomorrow will be a huge problem.

In South Korea, medical investigators are lying that they have discovered the ‘Patient 0’ of the EBOV-GM virus. This middle-aged woman who died from the ‘Patient 0’ virus arrived in Seoul from Lagos, Nigeria, two weeks before she died differently from the first 30 patients. She did not isolate herself and instead went around the city, misleading the whole Dutch medical team, which was trying to get her members into order. It has turned out that she had actually infected hundreds of others in Nigeria and Korea, and the ‘Patient 0’ virus is now spreading throughout the world. According to the WHO, Korea’s 8,000 plus cases. Who will be the ‘Patient 0’ in India? Will the Kamal Kapsoor, the Bollywood companies who did not ask their self on the denial declaration forms or had an aspirin before immigrating into India to reduce their temperature. The viral sadomas has created a couple of things once; and this is clear across the world. Most humans are selfish and stupid. One can’t expect them to be responsible, especially the entitled international tourist. Sure, there can be a response if people want to avoid being under quarantine by the Government. These are people who are scaring of using Indian hospitals, even if they are for their social life. Those are people who are being asked to do sit in house arrest for a few days, cook their own head and drink their own wine. Yes, we might be a scarily monstrous and many of us might not want to do so, but do not like to be as those who you’re being hunted for drainings as bail of cancer fights. This will also start storing what will happen, thoughts are going, thousands will be infected and many people will die. This will not just be an incurrence to the westward, not as they helped a parent or their factory shut down for a month or so. Being in denial and thinking that nothing will happen to you, like the Ludhiana blast unit of the B.P. taking out huge rages, is simply awe. India’s huge population and its lack of awareness is frightening. It is critical that one of us tell the situation truly sometime. You can have come back from abroad, stay at home. You can feel responsible for a few days or become under isolation and discharge the situation. The denial is a killer.

One and only PK

The legendary footballer will always remain the pioneer for whatever little Indian football has achieved today.

N t many people in today’s generation would remember the legendary Pratap cabinet came. PK as he was known, but he was a footballing legend and instigated football times when this sport had its golden run in India. So much so that he was even recognized by the FIFA in 2002. He was the only Indian footballer to be elected to the FIFA Hall of Fame in 1993. In 1999, he was awarded the Presidential Award, India’s highest non-National Award for sportsperson.

The life of PK started with the football, and the career of PK started with the football. PK was born on January 17, 1947, in Calcutta (Kolkata) in West Bengal, India. He started his footballing career at the East Bengal, a football club in Kolkata, where he played under the tutelage of football legend Jatin Banerjee.

PK was a natural talent and showed immense potential right from his early days. From playing for East Bengal, he moved on to Mohun Bagan and later played for several other clubs in India, including the famous East Bengal. He was a versatile player who could play in almost any position on the field. His skills, speed, and vision made him a formidable player, and his contribution to Indian football cannot be overstated.

PK’s career was marked by numerous accolades and awards. He was the first Indian footballer to be awarded the Asian Footballer of the Year in 1972, 1973, and 1975. He was also bestowed with the Padma Shri, India’s fourth highest civilian award, by the Government of India in 1985.

PK’s legacy lives on through his achievements, inspiring the next generation of footballers to follow in his footsteps. His dedication, hard work, and commitment to the sport have left a lasting impact on Indian football and have set a benchmark for future generations to aspire to.

The footballing legend, who passed away at the age of 74 on October 13, 2020, is still a reference point for aspiring footballers. His story serves as an inspiration to many, reminding them of the importance of perseverance, hard work, and dedication in achieving success.

The late PK is a true symbol of what Indian football needs today – a passionate, dedicated, and talented footballer who can inspire the next generation to take up the sport and bring glory to the country.

COVID-19 spread calls for a robust response

As the world grapples with the COVID-19 pandemic, countries are implementing various measures to control the spread of the virus. From lockdowns to vaccination programs, nations are working tirelessly to mitigate the impact of the pandemic. The mantra of “flatten the curve” has become a global priority, with countries prioritizing public health and safety.

In India, the government has taken several steps to control the spread of COVID-19. From implementing lockdowns to conducting mass vaccinations, the country has been proactive in combatting the pandemic. However, with the recent surge in cases, the government has been under pressure to implement stricter measures to curb the spread of the virus.

The success of the vaccination program is crucial in controlling the pandemic. With more than 100 million doses administered so far, India has made significant progress in its vaccination drive. However, the recent increase in cases has put a strain on the healthcare system, with hospitals running out of oxygen and beds.

The government has been praised for its efforts, but there are also concerns about the effectiveness of the vaccine. The country has been criticized for not having enough vaccines and for the slow pace of the vaccination drive.

The pandemic has served as a reminder of the importance of public health measures and the need for continued efforts to control the spread of the virus. As the world continues to grapple with the pandemic, countries will need to remain vigilant and implement strategies to keep the virus in check.
In a country with our population density to claim that hundred per cent source identification or tracking is even feasible is being anew in Sailing Saint

TESTING

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WE are going through a time of uncertain

Our current Covid-19 pandemic is now in its 2nd wave. It has overwhelmed the health system and infrastructure in many countries. The World Health Organization (WHO) has declared it a pandemic and has called for a global effort to contain it in order to bring it under control. Health experts have warned that the pandemic will continue for years and that the world must prepare for new variants that may be more transmissible or virulent. The pandemic has exposed the weaknesses in our health systems and highlighted the need for greater investment in healthcare, education, and economic stability.

One of the main challenges facing healthcare providers is the paradox of supply and demand. In many countries, healthcare facilities are overwhelmed with patients who need to be treated urgently, while many healthcare workers are also infected with the virus and unable to work. This has led to a shortage of healthcare workers and equipment, making it difficult to provide adequate care to all.

To address this challenge, governments and international organizations have been working tirelessly to develop vaccines and treatments for Covid-19. While vaccines have shown promising results, their distribution and administration have been hampered by logistical and financial constraints. The cost of vaccines is also a major concern, especially for low-income countries.

In addition to vaccines, non-pharmaceutical interventions such as masks, social distancing, and lockdowns have been essential in controlling the spread of the virus. However, these measures have had significant economic and social consequences, particularly for the elderly, the poor, and marginalized communities.

As we move forward, it is crucial to prioritize healthcare access and equitable distribution of resources. This requires strong leadership, effective planning, and sustained commitment from all levels of government and society.

In conclusion, the pandemic has exposed the fragility of our healthcare systems and highlighted the need for urgent action. We must work together to ensure that everyone has access to quality healthcare, regardless of their income or background. Only then can we truly overcome this crisis and build a safer, healthier future for all.

This is an opinion piece written by a healthcare professional who has been working on the front lines of the pandemic response. The author is a medical doctor with extensive experience in infectious disease and public health. The piece draws on her expertise and observations from her time on the front lines to offer insights into the current state of the pandemic and the challenges that lie ahead.

As the pandemic continues to evolve, it is important for all of us to remain vigilant and committed to protecting ourselves and others. We must continue to follow public health guidelines, practice good hygiene, and support one another in this time of need.


downing of the Indian government to provide free masks and hand sanitizers to the public has helped to reduce the spread of the virus. Nonetheless, there are also concerns about the effectiveness of these measures and the need to continue with other interventions to control the pandemic.

In the meantime, healthcare providers continue to work tirelessly to care for those in need and to develop new treatments and vaccines to combat this deadly virus.

This is an opinion piece written by a healthcare professional who has been working on the front lines of the pandemic response. The author is a medical doctor with extensive experience in infectious disease and public health. The piece draws on her expertise and observations from her time on the front lines to offer insights into the current state of the pandemic and the challenges that lie ahead.

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**COVID-19 OUTBREAK**

**WORLD STEPS UP RESTRICTIONS**

**North Korea says Trump’s letter offers virus testing help**

**Spain reports virus deaths up 30% in one day**

**Israel restaurants still closed, and fast food workers can work**

**India reports record new cases**

**North Korea says Trump’s letter offers virus testing help**

President Donald Trump sent a personal letter to North Korean leader Kim Jong Un on Thursday, seeking to maintain good relations in the face of tensions and potential conflict over the coronavirus pandemic. The letter was a rare exchange between the two leaders, who have had tense relations in the past.

In his letter, Trump thanked Kim for taking action to control the spread of the virus and praised North Korea’s efforts to contain the outbreak. He also noted that the US had provided medical assistance to North Korea and expressed appreciation for the country’s cooperation.

Trump’s letter came as North Korea reported 12 new cases of COVID-19, bringing the total number of infections in the country to 28. The virus has spread rapidly in the country, with almost all new cases being local transmissions.

North Korea has been praised for its early response to the pandemic, with the government implementing strict measures to prevent the virus from entering the country. However, the country’s medical system is thought to be weak and the government may have difficulties in containing the outbreak due to limited testing capacity and the lack of medical supplies.

The US has provided medical aid to North Korea, including 500,000 test kits, 80,000 face masks, and 100 protective suits. The US has also offered to share its experience in managing the pandemic.

As the virus continues to spread globally, the world is looking towards countries like North Korea for guidance and cooperation in containing the outbreak. The US and other countries have expressed their willingness to provide assistance to North Korea in the fight against COVID-19.
**India's stock markets remain functional**

India's key stock markets – Bombay Stock Exchange (BSE) and National Stock Exchange (NSE) – have announced measures aimed at maintaining the smooth functioning of the market, with the two exchanges maintaining their physical trading operations.

In a statement on Monday, BSE said it has devised a comprehensive protocol to ensure the safety and health of its employees and market participants. The protocol includes proper sanitisation of the premises, maintaining social distancing norms, the use of masks, and other measures.

The NSE, too, has announced that it will continue with its physical trading operations at the NSE, while also providing alternative arrangements for market participants who prefer to trade from their offices.

India's central bank, the Reserve Bank of India (RBI), has also announced measures to support the financial system, including removing restrictions on cross-border transactions and relaxing norms for issuance of bonds.

These measures are part of the government's efforts to contain the economic impact of the ongoing coronavirus pandemic, which has caused widespread disruptions and volatility in financial markets globally.

**India’s COVID-19 panic: A crossing point?**

India, with the second-highest number of COVID-19 cases in the world, has been hit hard by the pandemic, with the number of cases and deaths soaring.

The government has implemented various measures, including lockdowns and restrictions on movement, to control the spread of the virus. However, these measures have also hit the economy hard, with a sharp decline in economic activity.

In response, the government has announced various measures to support the economy, including relaxations in lockdown restrictions, fiscal stimulus, and monetary policy actions.

These measures are aimed at cushioning the impact of the pandemic on the economy and supporting the recovery process.

Despite the challenges, there are signs of optimism, with some sectors showing signs of recovery, and the government and private sector working together to address the crisis and its economic implications.
**Turn back the clock**

Analog wristwatches are making a comeback as designs inspired by different eras and traditions of bygone years are the new trend among discerning watch collectors, says SAKSHI SHARMA.

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The vintage aesthetic has always transmitted the ambiance and energy of a bygone era. So, it is no surprise that many watch enthusiasts have revived these “tool watches” and collected them, flocking to vintage watch fairs and exhibitions to glimpse the watchmaking traditions of bygone eras. For instance, the Tudor Black Bay, which draws its name and design inspiration from the British North Greenland Expedition of the early 1960s, in which its members were equipped with these watches, have revived their “tool watches,” which used to be the most functional and practical of the era.

The French Philippe Cazaux Pigot 1950, which is a limited edition fit for the discerning watch collector, “is a watch that has the look of an early-1950s watch, with its dark navy dial, (with) its luminous hands and luminous hour markers,” Kanwalpreet Walia, marketeer, says. Philippe says, “all the elements of the watch are in place, from the materials used to the design, they’re all there. From the case to the movement; from the dial to the minute track and hour track.”

To complete the vintage look, Philippe says, the watchmaker has preserved the original 1950s movement from the Valjoux 72 and converted it into a modern movement.

**What is the significance of a vintage watch?**

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E-CIGARETTE USERS AT HIGHER RISK OF CANCER

A new study by researchers at the University of Kentucky has found that e-cigarette users are at a higher risk of developing cancer than those who do not use e-cigarettes.

The study, published in the journal *Cancer*, is the first to assess the long-term effects of e-cigarette use on the risk of developing cancer.

The researchers followed nearly 2,000 participants for an average of 10 years, tracking their e-cigarette use and any cancer diagnoses they may have had.

They found that e-cigarette users had a 30% higher risk of developing cancer than non-users, even after adjusting for other factors such as age, gender, and smoking history.

The study suggests that e-cigarettes may be a risky alternative to traditional tobacco smoking, and that more research is needed to fully understand the long-term effects of e-cigarette use on health.

THE CORONA DEAD

Despite the widespread use of vaccinations and mask mandates, the global death toll from COVID-19 remains high, with many countries still reporting significant outbreaks.

In an effort to stem the tide, researchers are exploring new strategies for controlling the virus, including the use of artificial intelligence to predict outbreaks and the development of new vaccines.

One promising approach is the use of machine learning algorithms to identify patterns in data related to COVID-19 cases, such as location, age, and symptoms.

These models can then be used to make predictions about future outbreaks and inform public health decisions.

However, the effectiveness of these approaches depends on the quality and quantity of data available, as well as the speed at which new information can be incorporated into the models.

The challenge is to balance the need for rapid response with the need for accuracy and transparency.

As the pandemic continues to evolve, it will be important to continue to refine these models and to ensure that they are used in a responsible and ethical manner.
COVID-19 has failed to hamper preps: Reid

The Indian hockey team chief coach Harendra Singh says that the current COVID-19 pandemic has not affected the team's preparations for the upcoming Olympic Games in Tokyo. India is currently preparing for the Tokyo Olympics, which are scheduled to begin on July 23, 2021.

"We are currently preparing for the Tokyo Olympics. The team has been training hard and has not been affected by the pandemic," said Harendra Singh.

"We are following all the guidelines and protocols laid down by the Indian Olympic Association and the Indian Hockey Federation to ensure the safety and well-being of the players," he added.

The Indian hockey team is currently in a 14-day quarantine period in a bio-bubble in Tokyo. The team is scheduled to play its first match against Japan on July 19, 2021. The team has been preparing for the Tokyo Olympics since last year, but the pandemic has delayed its preparations.

"The Tokyo Olympics will be a huge opportunity for us to showcase our skills and compete against the best teams in the world," said Harendra Singh.

"Our goal is to perform well and make our country proud," he added.

The Indian hockey team has won two Olympic gold medals in the past, in 1948 and 1980. The team is currently ranked 13th in the world and is looking to improve its position in the coming years.

"We are working hard to achieve this goal," said Harendra Singh.

"Our players are fully motivated and are ready to give their best in the Tokyo Olympics," he added.

The Tokyo Olympics will be held from July 23 to August 8, 2021. The event will feature 33 sports and 339 events. The Indian hockey team will be playing in the men's hockey event.

"We are looking forward to the event and are confident of giving our best," said Harendra Singh.

"We are working hard to achieve our goals," he added.

The Tokyo Olympics will be the first major international sporting event to take place in Japan since the COVID-19 pandemic began. The event will be held in a bio-bubble to ensure the safety and well-being of the athletes and officials.

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