China reeling on pacts: India
New Delhi seeks complete disengagement; 4th Brigadier-level parity inconclusive

**Capital relaxes, spike in Covid cases after 66 days**

**New Delhi**

Dhish is seeing a major spike in hospitalizations after more than six months of an almost steadily declining trend. On Thursday, the national capital logged 427 new Covid-19 cases, the highest single-day spike in recent months, according to health department data.

Meanwhile on Thursday, the Ministry of Health and Family Welfare announced that the Covid-19 positivity rate among healthcare workers on the higher side in the states where vaccination is on the rise.

**40% lost antibody three months after recovery, reinfeciton chance high**

An inter-state survey conducted by the National Agency for Epidemiology and Disease Control had revealed that 40 percent of patients who recovered from the disease developed antibodies three months after getting fully vaccinated.

**19 with fatalities on Thursday, Delhi's tally stands at 45,000 and the number of deaths at 1,479.**

**Covid-19 tally closes to 17K after 1,587 found infected**

**Over 9K cases in Ranchi**

The Covid-19 tally in Ranchi rose to 17,000 on Saturday after 1,587 new cases were reported from the city. As per government data, 81,541 cases have been diagnosed in the city so far, while 69,314 cases have been reported in the last one month.

**23 out of the 1,587 cases were reported from East Sikkim.**

**Twitter account of Modi's personal website hacked**

**Twitter confirmed on Thursday that an account belonging to Prime Minister Narendra Modi was hacked. The attacker had tried to direct followers to a fake Twitter page through cryptocurrency.**

**The group known as Jonestown in India has claimed the responsibility for the hack. The group is active in spreading disinformation across the world.**
ESL to set up 18MW Solar Power Plant in Bokaro

V. S. Bhagat, Executive Director-Projects, ESL, said that the project worth Rs 580 crores is expected to be commissioned by March 2021. A tender has been floated for installing the solar power plant, which is expected to be completed by March 2021. The solar power plant will be erected on a Build-Own-Operate (BOO) basis.

A total of 15 bidders from various parts of India have shown their interest in the project and are awaiting the submission of the detailed EPC tender. After installation of the 18MW solar power plant, the company expects to cut its power import cost to half. The solar power plant will also reduce the company’s dependence on the national grid. The project is expected to be completed by March 2021.

Hindalco marches ahead for sustainability, community development

Company carried out relief work to aid 31K families in Muri amid corona

The company has a strong focus on environmental sustainability and has taken several initiatives to reduce its carbon footprint. The new solar power plant will augment our power generation capacity and lead to significant cost savings. The 18MW solar plant will be a significant step towards achieving our sustainability goals.

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**INBRIEF**

**RANCHI GETS 24-LOVE SAMPLE COLLECTION CENTRES**

The Jharkhand government on Thursday inaugurated a total of 24 centres at Ranchi for sample collection. The centres are being run by the government in collaboration with the Solaris company.

**CORONA TEST AT COMMERCIAL, RESIDENTIAL HIGH-RISES**

District administration has decided to hold corona testing camps at high-rises in the city of Ranchi. Chief medical officer Dr. Usha Singh on Thursday made an announcement in this regard. The camps would be conducted by the health department at designated locations in urban areas. The decision was taken to strengthen the health system and to ensure better response to the corona pandemic.

**NITI AAYOG CONDUCTS MEET WITH PRIVATE SECTOR**

The Niti Aayog has invited the private sector to contribute to the fight against the coronavirus. The meeting was convened to discuss ways in which the private sector can support the government’s efforts in the fight against the pandemic.

**GUARDIAN’S DUTY**

The Jharkhand government has taken a step towards ensuring the safety of children by appointing guardians for those who have lost their parents or have been left without guardianship. The decision was taken in light of the ongoing COVID-19 pandemic, which has led to a surge in cases of child abandonment.

**STATE REPORTS CONSIDER TO BE ‘PRIVATE SECTOR’**

The Jharkhand government has decided to consider state reports as part of the private sector. This move is expected to attract more investment in the state, as the government is now treating state reports on par with other private sector entities.

**SPECIAL DISCIPLINE TECHNIQUES**

The Jharkhand government has decided to introduce special discipline techniques in the state, which will be implemented at all educational institutions. The decision was taken to improve the discipline and conduct of students in schools and colleges.

**KJHANN MONSOON FORECAST FOR SEPTEMBER 18**

The Jharkhand government on Thursday issued a monsoon forecast for the state. The forecast predicts that the monsoon season will start on September 18, with rains expected in most parts of the state. The monsoon season is crucial for the agricultural sector, as it provides essential water for crops.

**PADDY FARMERS HIT BY UREA SHORTAGE IN STATE**

The Jharkhand government has warned paddy farmers about the shortage of urea in the state. The government has advised farmers to be prepared for the shortage and to consider alternative fertilizers.

**JEE MAINS: STUDENTS FACE LOSS, YET REFUSE TO LOSE HOPE**

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**ASIAN PAINTS LAUNCHES NEW CAMPAIGN**

Asian Paints has launched a new campaign to promote the use of their products for the benefit of the environment. The campaign, titled “Choose For Good,” focuses on encouraging consumers to make sustainable choices in their daily lives.

**CORONA TESTING CAMPAIGNS TO BE LAUNCHED**

The Jharkhand government has announced that it will launch corona testing campaigns at high-rises in the city of Ranchi. The decision was taken in light of the ongoing COVID-19 pandemic, which has led to a surge in cases of child abandonment.

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India’s Covid fatality rate 49 deaths per million among lowest in world

CRPF bans use of smartphones in sensitive area offices

Excessive unrestricted measures breach of security

CSC joins hands with ALIMCO to register PwD, sr citizens in remote areas

PM’s donations, gifts’ auction proceeds exceed ₹100 crore

Warriors’ Covid positivity high in t’gaon, Maha, Delhi

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GOLD SMUGGLING —
NIA examines CCTV video at Kerala Secretariat

KEERUM CHELLAPPA (M. A.)

The director of the National Investigation Agency (NIA) on Monday visited the Kerala Secretariat in Thiruvananthapuram to examine the CCTV footage of the premises. The NIA team has been investigating the gold smuggling scam for the last two years.

CPM Secy's son under lens for links with drug 'washed off'

KEERUM CHELLAPPA (M. A.)

The ruling CPI(M) in Kerala, already under severe criticism after the death of activist Akbaruddin Owaisi, has termed as 'false' the allegations against its general secretary Bineesh Koshy that he has links with drug peddlers.

Khap panchayat forces aunt, nephew to bathe publicly to 'wash off sins'

JASPER

A Khap panchayat, an ancient council of village elders, has punished a woman and the man she married, who rejected an offer by the Khap to have their family join the_Khalujii Brahmin community, by making them bathe publicly ceremonially to 'wash off sins'.

Bengal seeks 1,079 new cases, 11 die

SAGAR SENGUPTA (KOLKATA)

As the state fights an upsurge in the coronavirus, the West Bengal government sought central help for 1,079 additional Covid beds and asked for 1,441 additional health workers to handle the increased caseload.

NEW OKHA INDUSTRIAL DEVELOPMENT AUTHORITY

Administrative Building, Sarkhej Road, Okha (Gujarat)

2/Day assembly session in WB from Sept 9

SAGAR SENGUPTA (KOLKATA)

The 2-day assembly session, starting on September 9, will be held in the state capital using virtual mode.

2 AMU students released from jail in all-caste appeal

AMU

Amidst the ongoing communication for the release of two AMU students from jail in all-caste appeal, the high court on Tuesday ordered the immediate release of two students from the jail, stating that the appeal was valid.

430 new Covid cases, 95 new recoveries in Amritsar

VIVEK

Amritsar on Tuesday registered 430 new Covid-19 cases and 95 recoveries. The total number of active cases in the city stands at 2,135.

"Narcotics" under scanner as police busting drug racket

VIVEK

Amritsar police on Monday arrested a drug peddler and seized Rs 60,000 worth of narcotics from him.

J&K LDC hires 77 new, bonafide students to fill posts in Srinagar

Mahesh\n
To tackle the rising needs for basic education, the Jammu and Kashmir government has invited applications for the posts of Lower Division Clerk (LDC) in the department of elementary education.

Suffered mental, physical harassment in jail: Dr Kafeel

PRADEEP SAHANI (ALigarh)

Dr Kafeel, who was released from jail on Monday, said that he was subjected to mental and physical harassment in jail. He was arrested on charges of sedition.

SOPs to bring normalcy in state: CM

Vijayan

The chief minister of the state said that SOPs were being enforced to bring normalcy to the state.

J&K PDP leaders prevented from leaving houses to hold meeting

Several opposition parties including the PDP were not allowed outside their residences on Thursday to prevent them from holding a meeting in Srinagar.

Cabinet to hold January meeting

Keshav Pratap Singh

The cabinet meeting of the Uttar Pradesh government will be held on January 13, 2021.

Cabinet meeting to be held on January 13

DINIWAL

The cabinet meeting of the Punjab government will be held on January 13, 2021.
Justice at last

By releasing Dr Kafeel Khan, the Allahabad HC has upheld civil liberties and exposed the State's oppressive intent.

At a time when the judiciary is increasingly recognising the importance of its role in upholding human rights and providing social justice, the Allahabad High Court ruling freeing Kafeel Khan has come as a welcome relief. Freedom is the hallmark of any civilised society, and the Allahabad High Court has taken a significant step in upholding this fundamental right.

Kafeel Khan, a young doctor from Lucknow, was arrested on charges of sedition and rioting during the protests against the Citizenship Amendment Act in 2020. He was falsely accused of inciting violence and was detained for nearly 13 months. The Allahabad High Court's decision to release him is a victory for justice and human rights.

The case highlights the importance of the role of the judiciary in upholding the rule of law and protecting citizens from arbitrary detention. The Allahabad High Court's decision is a testament to its commitment to upholding the fundamental rights of its citizens.

The Allahabad High Court's decision to release Kafeel Khan is a significant step towards upholding the rule of law and protecting the fundamental rights of citizens. It is a welcome relief for Kafeel Khan and his family, who have been enduring this unjust detention for nearly 13 months. The Allahabad High Court's decision to release him is a victory for justice and human rights.

This case also serves as a reminder of the importance of upholding the rule of law and protecting citizens from arbitrary detention. The Allahabad High Court's decision is a testament to its commitment to upholding the fundamental rights of its citizens.

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In conclusion, the Allahabad High Court's decision to release Kafeel Khan is a significant step towards upholding the rule of law and protecting the fundamental rights of citizens. It is a welcome relief for Kafeel Khan and his family, who have been enduring this unjust detention for nearly 13 months. The Allahabad High Court's decision is a testament to its commitment to upholding the fundamental rights of its citizens.

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Hike Govt spend to heal economy

Investing large amounts of money in world-class healthcare facilities would provide thousands of jobs immediately.

The West's response to the Coronavirus shows that we have collected a subjective obsession and become a society enshrined by medieval superstitions

Have you ever heard of an 80% vacancy rate? Or a hospital where you have to wait 20 years to get a bed? That's what it's like in most parts of the world. If the government, along with the private sector, is to serve the masses, it has to be effective. In the US, the top 1% of the population owns 50% of the net worth. In India, it's 1%. The state has been reduced to a mere facilitator, not a provider.

Even during the ongoing health crisis, one of the key challenges is the lack of proper infrastructure in rural and urban areas. This lack of infrastructure has a direct impact on the health and well-being of the population. As a result, many people cannot access essential medical services, leading to higher mortality rates.

The government needs to take urgent action to address these issues and ensure that healthcare is accessible to all. This includes investing in healthcare infrastructure, training more healthcare professionals, and implementing policies that promote equality and social justice.

Even during the current pandemic, the government needs to focus on providing essential medical services to the most vulnerable populations. This includes setting up more hospitals and clinics, increasing the number of healthcare workers, and ensuring that everyone has access to quality healthcare.

In the long run, investing in healthcare will pay off in terms of reducing healthcare costs, improving the quality of life, and promoting economic growth. It is essential that the government takes action now to address these issues and ensure that everyone has access to quality healthcare.

Median sea life

The response to the coronavirus shows that we have collected a subjective obsession and become a society enshrined by medieval superstitions.
ReFile: German Chancellor Angela Merkel hailed growing progress in German-Russian gas exports, which have taken the Nord Stream 2 pipeline to completion. But he warned that agreement is not yet within reach. Germany has said that it will not take part in a new round of talks on the Nord Stream 2 project, which has raised concerns among EU member states over its potential to increase Russia's influence in the region.

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Wilmington (US): Joe Biden is calling the stage to stop US sales of arms to the Kurds. Biden said that the US should stop supporting Turkey's military operations in northern Syria and that it is time to end the policies of the past administration.

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NAVALNY POISONED WITH SOVIET-STYLE NERVE AGENT

Germany to rethink pipeline with Russia

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**COVID-RELATED STRESS**

**FM asks banks to roll out resolution schemes**

New Delhi: Finance Minister Nirmala Sitharaman on Friday directed banks to roll out resolution schemes.

During her interaction with banking leaders, Sitharaman focused on lowering the threshold for resolution framework, streamlining the process to ensure that the lenders are not unduly delayed in the resolution process.

She also directed banks to bring in the loan settlement plan, which was frozen due to severe economic stress across the country. As per the resolution framework, banks need to approve a loan settlement plan within 60 days of the submission of the resolution plan, in consultation with the RBI.

Petrol, which witnessed an upside on Monday after the federal government cut the excise duty on the fuel, slipped by Rs 13 per litre in Delhi on Tuesday. Petrol price went up by Rs 17 per litre between June 7 and July 15 across metros. acetone at Rs 15,773.55 per quintal in Delhi, petrol at Rs 15,829.94 per quintal in Mumbai and diesel at Rs 15,829.94 per quintal in Mumbai.

The government is forecasting a better economic growth in the second quarter as consumer demand and business sentiments are rising. Businesses in Shanghai and Hong Kong continued the red, while Tokyo and Soled closed with gains.

In the forex market, the rupee closed at 73.7 versus the US dollar.

**SENSEX, NIFTY END LOWER**

**BANKING STOCKS PLAY SPLASHOUT**

Mumbai: The Sensex lost 281 points and Nifty fell 87 points on Wednesday on account of selling in banking stocks and fears of another lockdown.

The Sensex ended 919 points lower, or 2.74 per cent lower at 33,814.62, while the Nifty fell 275 points, or 2.58 per cent lower at 10,500.7.

**NEW DELHI**

India's market benchmark indices opened on a flat note on Wednesday, with the Sensex down 281 points to 33,814 and Nifty lower by 87 points to 10,500.

The S&P BSE Sensex, which opened at 33,882, fell to an intraday low of 33,591. While the Nifty, which opened at 10,570, fell to an intraday low of 10,498.

The text mentions that NPAs have been a concern for banks, and the government is working on a resolution framework for them.

**FM asks banks to roll out resolution schemes**

Finance Minister Nirmala Sitharaman has directed banks to roll out resolution schemes.

During her interaction with commercial banks and NBFCs, Sitharaman emphasized the importance of a timely resolution framework. She also stressed on the need to ensure that borrowers are not unduly delayed in the resolution process.

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 **Intelligent or just different?**

Hyundai's latest concept is quite different but will buyers warm up to it?

A few years ago, Hyundai introduced its autonomous Venue concept car in India. A few years later, the company announced its new Urban Bowen Palace in Berlin. It aims to experience something completely different.

Yes, certainly, the car was the young Maruti Swift; the idea that the car featured an "Artificial Intelligence" or "Autonomous" or "Next Gen" car technology, by bringing it into contact with the electric vehicle market, Maruti had already transformed the reality and market acceptance of electric cars. A McKinsey study from last year said that an electric car could sell 25% of the market.

So, you make a car that is electric and have it transformed to a contactless technology, a car that can drive itself to the footfalls and hence the urban Bowen Palace is really very interesting. There are a lot of sensors coming into contact with the contactless technology code that allows the door to be driven without touching the door. The contactless technology is no longer a thing.

You can drive into driving electric cars over the past few years, this has been the identity of the electric car. No clutch, no gear shifting, and then you have an alarm going off immediately, you go to driving gears, what, what? As is the age of frictionless and frictionless, no new friction. Well, this was a new innovation, but to make some time to get used to it, I am betting that the young Maruti Swift is already in the market. The concept of contactless technology has been quite as exhilarating as a man-made process. The changes go like clockwork, but the concept of contactless technology has been quite as exhilarating as a man-made process. The concept of contactless technology has been quite as exhilarating as a man-made process.

This is just a step to making an innovation, but the concept of contactless technology has been quite as exhilarating as a man-made process. The concept of contactless technology has been quite as exhilarating as a man-made process. The concept of contactless technology has been quite as exhilarating as a man-made process.
A diet in check

Nutritionists say that easy, affordable and healthy eating can save people from falling prey to COVID-19

The food consumed impacts the human body's ability to fight diseases and recover from injuries. Eating a healthy, nutritious and balanced diet is important amid the ongoing COVID-19 infections; a healthy diet along with good physical activity will help build a stronger immune system to ward off the impact of the deadly Coronavirus, they said.

Doctors say that it is important to know that good nutrition helps reduce the risks of ailments like diabetes, hypertension, obesity, heart diseases, stroke and some types of cancer. A healthy diet is essential in addressing the malnutrition issues in our population, which is also important in the fight against the pandemic.

Nutritious-old food aids health, whole processed and refined foods add empty calories, leaving you without energy and feeling low and can cause many diseases. Fermented foods are good bacteria that keep your gut healthy and the absorption of nutrients efficient, " she said.

One must include adequate amounts of whole grains, pulses, seasonal vegetables, green leafy vegetables, fruits, milk and milk products, and to add moderate amounts of non-veg foods focusing on fish and skinless chicken. Whole grains and pulses provide macronutrients like carbohydrates and proteins, while fruits and vegetables are rich in vitamins, minerals, fiber, and antioxidants.

Adding nuts to daily food is a great habit, and it helps strengthen immunity. Nuts and oil seeds add healthy fats, dietary fibers, protein and are most importantly, antioxidants, which are known to trick off the free radicals from the system. It is most important to take adequate fluids like water, lemon water, coconut water, buttermilk, homemade soups, pani puri, and most other non-sugary liquids to stay hydrated. Drink a cold milk shake every now and then to keep the body energized. Any food that is closest to its natural form on the list and seasonal is the best for health," said Motilal, Chief Clinical Nutritionist.

Nutritious meals require with mindful eating, balanced diet can prevent you from falling prey to Coronavirus. Many types of food can be prevented by consuming healthy and nutritious food.

According to common understanding, a healthy diet for a newborn baby means exclusive breastfeeding for the first six months, with the introduction of nutritious and safe foods complementing breast milk from the third month to two years and beyond. For young children, a healthy and balanced diet is essential to growth and development, while for adults, it can help to ensure healthier and more active life.

"Food makes a world of difference for an individual, whether it is obesity, anemia, or diabetes. A healthy diet is essential to keep the body performing at its best.

"Nutrition is required with mindful eating, balanced diet can prevent you from falling prey to Coronavirus. Many types of food can be prevented by consuming healthy and nutritious food.

DARK CHOCOLATE & BROWNIE BATTER, PULLED WITH CASSIS CREAM

WHAT YOU NEED
- Cocoa solids dark chocolate: 100 g
- Egg: 2
- Maltose sugar: 125 g
- Vanilla extract: 1 tsp
- Buttermilk: 125 ml
- Cassis juice: 20 ml
- Cassis sugar: 1 tsp
- Icing sugar (optional)

METHOD:
- Pre-heat the oven to 180 degree C
- Lightly grease the ramèkins using melted butter and a silicone brush.
- In a medium sized bowl, break the chocolate into small pieces.
- Place the bowl over a saucepan of hot water to melt. Do not let the water boil or the bowl touch the water.
- In a separate bowl, beat the eggs, sugar and vanilla until thick and creamy.
- Use a medium sized blender to blend the cocoa mixture, eggs and sugar. The mixture should be smooth.
- Fold in thefruit mixture slowly until well combined. The mixture should be smooth.

RECIPE: CHEESY PARMATHI

WHAT YOU NEED
- Wheat flour: 1 cup
- Salt: 1 tsp
- Oil: 1 tsp
- Butter: 50 g
- Grated cheese: 1/2 cup
- Fresh coriander: 2 tsp
- Green powder: 1 tsp
- Chilled water: 1/4 cup

METHOD
- Mix the flour with some water to form a dough. It should not be too tight.
- Roll it into a paratha.
- Serve it with chutney or curd.

RECIPE: GREEK CUCUMBER WALNUT BITES

WHAT YOU NEED
- Walnuts, chopped: 1/2 cup
- English cucumber, seeds trimmed: 1
- Roasted red pepper hummus: 1/2 cup
- Crumbled feta cheese: 1/4 cup
- Cherry tomatoes, quartered 5

METHOD:
- Pre-heat oven to 180 degrees C and arrange walnuts evenly on a small baking sheet.
- Bake for eight minutes, check frequently, until toasted.
- Slice cucumber crosswise into 1/4, 3/4 inch thick slices.
- Using a small spoon, gently scoop out and discard the centre of each cucumber slice, leaving the bottom and the sides intact.
- In a small bowl, stir into the walnuts, feta, tomatoes and hummus,
- Spread walnut-hummus mixture into each cucumber slice and top with two reserved tablespoons of chopped walnuts, cherry cheese and quartered tomatoes.
- Enjoy with delight.


The Tumbler Should Be Full

Here are some immunity booster drinks to enjoy this season. By Team Viva

Some people are missing out on metals and minerals. It is a must to have this meat in its natural form. We are talking about the toning tamarind and thecharming carrot, the three together combine the health quotient of your body and keep the unwanted cold at bay. This blend shields your body with its Vitamin-E goodness. The cold weather increases the chances of flu, joint aching, and poor immunity. For this reason, the tasty tonic is perfect to help fight the common cold.

AURIC BODY DEFENCE

The drink is infused with the integrity of Abyam’s Sattvam, a multi-vitamin, multi-nutrient rich herbal blend. Auyric-Sattvam is a potent, nutrient-rich blend. The blend also has a wide range of benefits for specific functions. Rich in ingredients like flax, morning gown, ashwaganda, this product is one step for your wellness. These drinks are 100 per cent natural drinks and are made with 100 per cent natural ingredients.

SHUYUNA DRINKS

Shunya is a barreled-infused drink with aerolized sugar, zero preservatives. It is made from 75 per cent naturally fermented and 25 per cent naturally commended daily allowance of vitamins and minerals. It helps to maintain the recommended daily allowance of vitamins, minerals and antioxidants like Vitamin B12, and Vitamin C, provides energy, increases stamina, and helps with the metabolism...The drink is infused with the integrity of Abyam’s Sattvam, a multi-vitamin, multi-nutrient rich herbal blend. Auyric-Sattvam is a potent, nutrient-rich blend. It is also a useful aid to fight cold and cough, and to boost the blood count in the body. It is an excellent means of maintaining the balance of health.

EVDUCI 120

Enriched with 11 minerals, this is the same-age alkali-water by AV Organics. It is an alkali-water as per 100% natural. It helps to maintain sugar level, due to better detoxification, reduced acidity, and negative impact. The alkali-water also helps to reduce the pH level in the body. It gets the body to detox and restores its normal pH level. It also helps to detox from the unwanted colds at bay. This drink also goes to being lambasted in Goa at various AMERICAN outlets.

ALMOND ORANGE CAKE

WHAT YOU NEED
- Orange juice: 1 cup
- Cake flour: 2 1/2 cups
- Almond flour: 300 g
- Egg: 6
- A pinch of salt
- For sugar syrup:
  - Sugar: 100 g
  - Water: 150 ml
  - Rosemary sprig: 1
  - Lemon juice
  - Orange juice

METHOD:
- For the orange juice:
  - Pour the whole oranges in water five to six times.

CHEESY PARMATHI

WHAT YOU NEED
- Wheat flour: 1 cup
- Salt: 1 tsp
- Oil: 1 tsp
- Butter: 50 g
- Grated cheese: 1/2 cup
- Chilled water: 1/4 cup

METHOD
- Mix the flour with some water to form a dough. It should not be too tight.
- Roll it into a paratha.
- Serve it with chutney or curd.

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Women's top seed tumble trend continues
No 1 Pliskova suffers early round exit; Djokovic continues winning run

Labuschagne might have to wait for T20 debut: Finch

Australias Marnus Labuschagne might have to wait for T20 debut. If the batsman wasnt at the Axe, he wasnt out. Labuschagne is a key player for Australia, who have a couple of key players out for the T20s. Labuschagne is a key player for Australia, who have a couple of key players out for the T20s.

The first game in a three-match series between the top two-ranked teams in the T20 World Cup, this is the third time a T20I tournament has been played. Labuschagne, who scored 88, was out for 39.

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