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UN must ensure nations don't exploit Af: Modi

Ocean laws should not be abused, shun terror as state policy, says PM

PNS ■ NEW DELHI

Prime Minister Narendra Modi on Sunday targetted Pakistan and China in his address to the United Nations General Assembly (UNGA) by saying that Afghanistan should not be used by some countries for terrorism and that Ocean laws be used and not abused as he sought the world body to increase its relevance and effectiveness on issues like terrorism and proxy-war.

The Prime Minister addressed the 76th session of the United Nations General Assembly at New York as the first speaker among the world leaders gathered there.

While attacking Pakistan without naming it, the Prime Minister sought to contrast the neighbouring country's "regressive thinking" of using "terrorism as a political tool" with India's scientific and progressive advancement that is not only helping it but also the world at large.

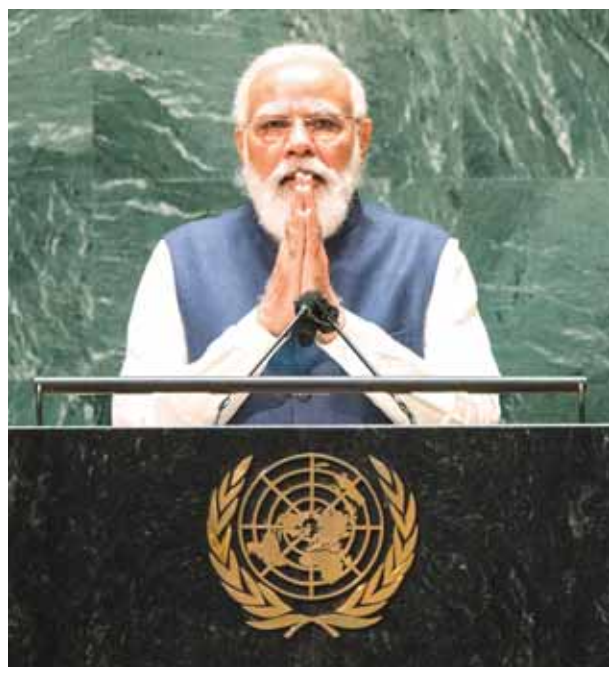
He said when Indian students in the 75th year of country's independence are readying up to send 75 satellites in space, the other side is going backwards and resorting to terrorism.

"Countries with regressive thinking that are using terrorism as a political tool need to understand that terrorism is an equally big threat for them. It has to be ensured that Afghanistan isn't used to spread terrorism or launch terror attacks..." said Modi, in a warning to Pakistan.

The Prime Minister who virtually took the UN body to task for not being pro-active said, "This needs to be ensured that the land of Afghanistan is not to be used for terrorism and the delicate situation of Afghanistan is not used as a tool by some country".

The Prime Minister in his speech delivered in Hindi interspersed with a "Sanskrit slok" of "Chanakya", the ancient Indian political scientist, and a quote of nobel laureate Rabindranath Tagore in Bengali to convey to the UN that it needs to take timely and effective steps to counter threats emanating from terrorism and regressive ideologies.

Focussing on Afghanistan, the Prime Minister referred to "Afghan women, children and minorities" saying "they need help" and "we will have to share responsibility".


Prime Minister Narendra Modi addresses the 76th Session of the UN General Assembly at United Nations headquarters in New York on Saturday AP

Modi said the entire world should use science-based rationale and progressive thinking as a medium of development.

Without mentioning Chinese attempt to monopolise the South China Sea and use its muscle to regulate it in its favour, the PM said ocean resources be used and not abused" and that they are lifetime and belong to one and all.

"Our oceans are also our shared heritage. That is why we have to keep in mind that we use our ocean resources, not abuse them. Our seas are a lifeline to international trading. We need to protect them from expansion and exclusion. World communities must unitedly raise their voice to strengthen rule-based world order," said Modi.

He spoke about "rule-based navigation" and urged the members of the UN body "to speak in one voice" about maritime security.

'Arsonist' in 'firefighter' guise, India retorts to Pakistan's slur

PNS ■ NEW DELHI

Pakistan and India sparred at the United Nations General Assembly in New York with terror, Jammu & Kashmir, and human rights figuring in the centre of an acerbic blame game.

While Pakistan called the Modi Government a "fascist" and responsible for unleashing Islamophobia in the region, India said its neighbour is an "arsonist" disguising itself as a "firefighter," and nurtures terrorists in its backyard.

Exercising its right of reply to Khan's statements at the United Nations session, India said Pakistan has an established history and policy of harbouring, aiding and actively supporting terrorists.

"Pakistan holds the ignoble record of hosting the largest number of terrorists proscribed by the UNSC (United Nations Security Council). Osama Bin Laden got shelter in Pakistan. Even today, Pakistan leadership glorify him as 'martyr'", First Secretary Sneha Dubey said on Friday.

First Secretary Sneha Dubey

The entire world has suffered because Pakistan nurtures terrorists in its backyard, she said.

"Regrettably, this is not the first time the leader of Pakistan has misused platforms provided by the UN to propagate false and malicious propaganda against my country, and seeking in vain to divert the world's attention from the sad state of his country where terrorists enjoy free pass while the lives of ordinary people, especially those belonging to the minority communities, are turned upside down," she added.

This strong retort came following Prime Minister Imran Khan's "virtual" address, where he had raised the issue of abrogation of Article 370 in 2019 giving special status to Jammu & Kashmir as well as the death of separatist leader Syed Ali Shah Geelani.

Labelling the Modi Government as fascist, Khan also said, "It is unfortunate, very unfortunate, that the world's approach to violations of human rights lacks even-handedness, and even is selective. Geopolitical considerations, or corporate interests, commercial interests often compel major powers to overlook the transgressions of their affiliated countries."

CAPSULE

RIGHTS ACTIVIST KAMLA BHASIN PASSES AWAY

New Delhi: Eminent women's rights activist, poet and author Kamla Bhasin passed away on Saturday after a battle with cancer. She was 75.

MAJOR RESHUFFLE IN DELHI POLICE

New Delhi: In a major reshuffle in the Delhi Police, Lieutenant Governor Anil Baijal on Saturday transferred 40 senior officers, including 11 Special Commissioners and 28 DCPs and additional DCPs, an official order said. The development came a day after a shootout took place inside a courtroom in Rohini court which left three people, including gangster Jitender Gogi, dead, triggering criticism over the security lapse.

DELHI REGISTERS 27 NEW CASES IN A DAY

New Delhi: The national Capital registered zero death due to Covid-19 and 27 infections in a day with a case positivity rate of 0.04 per cent, according to data shared by the city health department on Saturday. Three fatalities due to coronavirus have been reported this month so far — one each on Sept 7, Sept 16 and Sept 17.

PM to bring home 157 antiquities from US

Includes 12th CE Natraja to 10th CE sandstone panel of Revanta

PNS ■ NEW DELHI

The USA has handed 157 artefacts and antiquities to Prime Minister Narendra Modi during his ongoing visit to attend the United Nation's General Assembly.

The PM conveyed his deep appreciation for the repatriation of antiquities to India by the United States.

The list of 157 artefacts includes a diverse set of items, ranging from the one and a half metre bas-relief panel of Revanta in sandstone of the 10th CE to the 8.5 cm tall, exquisite bronze Nataraja from the 12th CE.

The items largely belong to the period of 11th CE to 14th CE as well as historic antiquities such as the copper anthropomorphic object of 2000 BC or the terracotta vase from the 2nd CE. Some 45 antiquities belong to Before Common Era.

While half of the artifacts (71) are cultural, the other half consists of figurines which relate to Hinduism (60), Buddhism (16) and Jainism (9).

Their make spreads across metal, stone and terracotta. The bronze collection primarily contains ornate figurines of the well-known postures of Lakshmi Narayana, Buddha, Vishnu, Siva Parvathi and the 24 Jain Tirthankaras and the less common Kankalamurti, Brahmi and Nandikesa besides other unnamed deities and divine figures.

Quad vows to save Indo-Pacific region from China's coercion

India, US, Japan, Oz talk about combating terrorism in Af

PNS/AGENCIES ■ NEW DELHI/WASHINGTON

Faced with growing assertiveness by China in the Indo-Pacific region, India, US, Japan and Australia resolved to resist any "coercion" and work together for ensuring peace and prosperity in the region and the world as a whole.

The four nations forming the Quad grouping also agreed to coordinate their policies towards Afghanistan and further deepen counter-terrorism and humanitarian co-operation in the months ahead in accordance with a UN Security Council resolution.

"We reaffirm that Afghan territory should not be used to threaten or attack any country or to shelter or train terrorists, or to plan or to finance terrorist acts, and reiterate the importance of combating terrorism in Afghanistan.

"We denounce the use of terrorist proxies and emphasised the importance of denying any logistical, financial or military support to terrorist groups which could be used to launch or plan terror attacks, including cross-border attacks. We stand together in support of Afghan nationals, and call on the Taliban to provide safe passage to any person wishing to leave Afghanistan, and to ensure that the human rights of all Afghans, including women, children, and minorities are respected," the joint statement released after the summit said.

This handout photograph released by Press Information Bureau shows, from left, Japanese Prime Minister Yoshihide Suga, Indian Prime Minister Narendra Modi, US President Joe Biden and Australian Prime Minister Scott Morrison at the White House in Washington PIB

This was major outcome of first in person summit between the Quad countries comprising India, US, Japan and Australia in Washington on Friday. The heads of state of these countries including Prime Minister Narendra Modi, President Joe Biden, Australian Prime Minister Scott Morrison and Japanese Prime Minister Yoshihide Suga held talks for more than two hours. The summit was hosted by Biden.

Biden reiterates support for India's permanent UNSC berth, NSG entry

PTI ■ WASHINGTON

US President Joe Biden has reiterated America's support for India's permanent membership on a reformed United Nations Security Council and its entry into the Nuclear Suppliers Group during his first in-person bilateral meeting with Prime Minister Narendra Modi.

President Biden, in his talks with Prime Minister Modi, applauded India's "strong leadership" during its UN Security Council Presidency in August 2021.

"In this context, President Biden also reiterated US support for India's permanent membership on a reformed UN Security Council and for other countries who are important champions of multilateral cooperation and aspire to permanent seats on the UN Security Council," it said.

President Biden's support provides a big boost to India's push for the reform of the powerful UN organ as India has been at the forefront of efforts at the United Nations to push for an urgent long-pending reform of the Security Council, emphasising that it rightly deserves a place at the UN high table as a permanent member.

Modi jealous of my Hindu identity, alleges Didi after MEA blocks her Italy visit

SAUGAR SENGUPTA ■ KOLKATA

Hours after the Ministry of External Affairs denied Mamata Banerjee permission to visit Rome to attend a world conference on peace, the Bengal Chief Minister on Saturday launched a scathing attack on Prime Minister Narendra Modi saying he is "jealous" about the recognition she is getting the world over as a "Hindu" woman.

Denying the permission to the Chief Minister the MEA said the "event is not commensurate in status for participation by the Chief Minister of a State."

The Chief Minister had requested the Centre to allow her to take an industry delegation to Italy.

Attacking the Prime Minister from a Bhawanipore Assembly by-election rally,

Chief Minister Mamata Banerjee said, "I had been invited to attend a world peace conference being held in Rome ... the Italian Government had given special permission to me for attending the programme ... which was likely to be attended by the likes of German Chancellor and Pope Francis... but this Government denied me the clearance saying that it was not a right programme for a Chief Minister to attend."

Taliban hang body at square in back-to-old-ways display

AP ■ KABUL

The Taliban hanged a dead body from a crane in the main square of Herat city in western Afghanistan, a witness said on Saturday, in a gruesome display that signalled a return to some of the Taliban's methods of the past.

Wazir Ahmad Seddiqi, who runs a pharmacy on the side of the square, told *The Associated Press* that four bodies were brought to the square and three bodies were moved to other squares in the city to be displayed.

Seddiqi said the Taliban announced in the square that the four were caught taking part in a kidnapping and were killed by police. It was not immediately clear if the four were killed in a firefight with police or after their arrest.

A dead body hangs from a crane in the main square of Herat city in western Afghanistan on Saturday AP

There was no immediate comment from the Taliban. Mullah Nooruddin Turabi, one of the founders of the Taliban and the chief enforcer of its harsh interpretation of Islamic law when they last ruled Afghanistan, told *The AP* this week that the hard-line movement will once again carry out executions and amputations of hands, though perhaps not in public.

Chaani to retain some, drop some of Capt loyalists

Punjab Cabinet induction today

PNS ■ CHANDIGARH

After several rounds of discussion with the high command, a couple of them extending till the wee hours, Punjab Chief Minister Charanjit Singh Channi on Saturday met Governor Banwarilal Purohit here to submit the names of Ministers likely to be inducted into the new Cabinet and take oath on Sunday.

Party sources indicated that those likely to be dropped from the previous Captain Amarinder Singh Cabinet include Balbir Singh Sidhu, Gurpreet Singh Kangar, Rana Gurmeet Sodhi, Sadhu Singh Dharamsot and Sundar Shyam Arora. The new faces in the Cabinet are likely to be Pargat Singh, Kuljit Singh Nagra,

Sangat Singh Gilzian, Raj Kumar Verka, Amarinder Raja Warring and Gurpreet Kotli.

Sources indicated that the party has decided to retain Vijay Inder Singla, Manpreet Singh Badal, Brahm Mohindra, Sukhbinder Singh Sarkaria, Tript Rajinder Singh Bajwa, Arunu Chaudhary, Razia Sultana and Bharat Bhushan Ashu from the Capt Amarinder Singh Government.

'People asking me if I am from Haryana is a compliment'

ASHI SINGH who plays a lead role in the show Meet, speaks with SHALINI SAKSENA about the challenges of the character and how she got the Haryanvi accent correct

How did you come on board for this show?

I auditioned two months before I got selected. I really liked the character when I auditioned but I had no expectations that I would be selected.

What is the best part about playing Meet?

The best thing is that I get to do so much and I get to do so many new things which I haven't done before as Ashi. I still don't do those things as Ashi but Meet is quite different in that way. I get to do a lot of new experiments and get to learn a lot.

Despite negativity around her— from her grandmother— what keeps her motivated?

Here I relate to Meet a little bit because in my real life also I try to focus on positive aspects and ignore negativity. So, when I am playing Meet, it is like let grandma say whatever she wants to, I will be happy. I practice that a lot in my real life too. My friends, my whole street loves me so much and the memories I have with my parents, I spend my time cherishing them rather than Dadi. Of course I get hurt by what Dadi does but there are other things which Meet can focus on and move on.

What were the challenges to play Meet and get the Haryanvi accent correct?

I can give you a list of challenges. There were a lot! First of all, practicing riding a bike and body language were tough. Each and every scene that I am doing like climbing on a window or anything which involves some kind of stunt has been very challenging for me because I am not that adventurous in my real life nor have I done anything of that sort before. If I am scared of doing something, I cannot express that because my character is not that. I have never played cricket in my life, never ever held a cricket bat because I used to hate it. And if I talk about getting the Haryanavi accent, I am still not sure about my ability to speak it properly. Whenever I listen to my voice talking in Haryanvi, I never like it. But few people from Haryana asked me if I am from Haryana and that was like a huge compliment, which means I have achieved it. I have worked hard though.

> **The glamour industry has always attracted me even as a child. I always wanted to be an actor and destiny worked in my favour. My parents asked me to stop pursuing it but I didn't quit**

I believe the track will lead to you— Meet marrying Meet. What happens next. Can you give us a sneak peek?

Yes that was the story. After that, it is like the guy doesn't love the girl. There are a lot of responsibilities on the girl after she gets married. Before she had only one family to take care of but now she has so much on her plate. You will for sure get to see some family drama but it would be in Meet's style. It would be different. Meet is not an innocent girl who would keep quiet if someone says something to her. She speaks back too and she has her own way to do things. You will see all that drama in Meet's way and it is a great story ahead.

How did you end up in acting?

I don't remember really liking anything else apart from acting and dancing. The glamour industry has always attracted me since I was very small. I always wanted to be an actress and stars worked in my favour. I came to Mumbai for schooling, later my parents pushed me to do an acting course. But they also asked me to stop and I could not stop because they triggered my childhood wish and it was quite tough to lose all that. So, I just started giving auditions and stars worked in my favour.

You have done a fre music videos. How has this experience been? How much fun has it been?

It has been a good experience. In fact the shooting for music videos is a one day or two days shoot. I really like to meet people, I like to go out.

When I do music videos, I meet a lot of new people. It is not like shooting for daily soap where you meet the same set of people everyday, which is also a blessing in itself because they become your family. Only drawback is that you don't get to meet new people. While doing music videos, you go out, you explore more and you get to learn new things. So, it is like a life experience. Moreover, working for a music video you can experiment on yourself which you cannot always do in terms of your looks and character.

How much do you relate to Meet?

There are things where I do not relate to Meet at all. Meet is very different from me, whatever she does I never did or do that in real life. But yes, we think alike and I relate to her in that aspect a lot. I have realised that it is Ashi's character which I have given to Meet in terms of thinking positively.

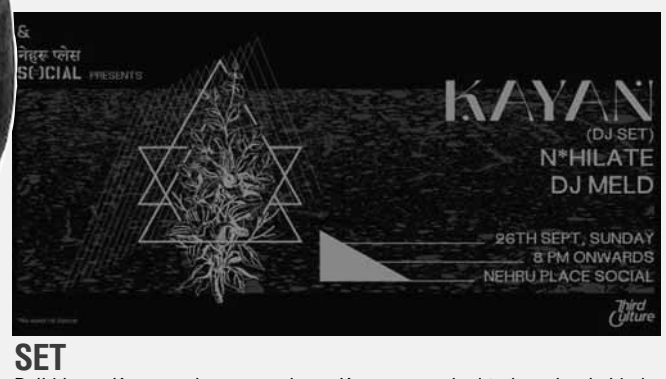
Plan Your Sunday

BUDDY - ONLINE PUPPET THEATRE

A charming story of friendship between a lonely old man and a stray puppy dog. Told with String Puppets and Shadow Puppets. A lonely, friendless old man lives alone in a house. One day he meets a stray puppy dog in the garden where he goes for his regular morning walk. Every morning the puppy dog teases him and makes him uncomfortable. There develops a grudging friendship between them. One day a dog-catcher catches the dog, takes him away, and puts him in a cage. As usual the old man comes to the garden but the dog is nowhere to be seen. What ensues is the story of their separation, search for each other, and joyful reunion. This is a story that makes you smile and sigh. And shows you the wonder of puppet theatre.

What: Theatre and Arts
Where: Online
When: September 26, 2021
Time: 5 pm

WARPCORE & SOCIAL PRESENT: KAYAN DJ



SET

Delhi loves Kayan and warpcore loves Kayan so we had to have her behind the decks again for an encore.
This time at the lovely Nehru Place SOCIAL, Sunday vibes, and yes this one is for everyone — it's ticketed so feel free to join in on the mayhem. We have the warpcore disco king N*hilate opening for her and the awesome M3LD warming up the vibe. We share doing some cool production and there is going to be a sick sound system so that y'all can feel the bass.
See you on Sunday because it's funday yaaa!

What: Music
Where: Nehru Place Social, Delhi
When: September 26 and September 27, 2021
Time: 8 pm and 1 am

TELLYTALE

'LOVE FREELY, SPREAD PEACE AND DREAM CRAZY'

Ifam Khan says her character, Nalini Batra, in the show Ziddi Dil Maane Na is tailor-made. "I like my character. I am a very friendly person by nature. I love feeding people and I like people around me. Also, I truly and strongly believe in love, so this character is tailor-made for me or I was chosen for this character. Whatever you say, the universe has worked its magic," she said.

She is getting positive response for the show as well as for her character. "After a long time, I'm doing a show that involves youngsters and matters of the heart. Hence, it is a heartfelt warmth I feel," said the Laado 2 actress.

Ziddi is Sudhir and Seema Sharma's brainchild. "Sudhir and Seema of Sunshine are wonderful human beings. They are good producers no doubt, they are very creative no doubt but above all, they are gems. They are the kind of people you want to be friends with hence, I'm very glad that I got an opportunity to not only work with them but also know them," said Gulfam. On how she was chosen for the show, she shared, "I got a call from the casting department stating that they were interested in auditioning me for a character for the show. They gave me a brief about the show and it sounded interesting hence, I gave the audition and within a couple of days I got confirmation regarding the same." She is also bonding with her co-actors. "I had worked with Kunal Karan 20 years ago in a show called Remix, so I feel a bond with him. I have a very strong bond with Shaleen. He is a very warm, sensible, and a nice guy though he does not go about mingling, laughing too much or chatting up. He is very close to my heart. I get along with Diljot too. She is wonderful, she is talented, pleasant, kind and a lot of things that I like in a person. I get along with all the youngsters. They all are wonderful. It's a wonderful cast. I get along with the elders too," she said.

She finds everything about this show interesting. "It's quite adventurous given the physical activity that all the youngsters do," she said.

SALIM DIWAN ON HIS FATHER

Bollywood Diaries actor Salim Diwan recently celebrated the first death anniversary of his father, Dr. Salaudeen Chopdar, and says that he will always be alive in him.

On the first death anniversary of his father, a postal stamp was issued on his name. "I just feel blessed to have a father like him who raised me well and made me a successful man who is able to do such small things which he would have been proud of. I just want that he stays always alive with us, watching my back and be my strength," said Salim.

There is also a multi-specialty hospital and research centre in Jhunjhunu in his dad's name. "We have a good team in our foundation members who are dedicated to serve the society's well-being. Dr. Salaudeen Chopdar Foundation served the best in corona time and Government of Rajasthan rewarded on August 15," he said.

Salim said, "He used to teach me the meaning of life, the value of people, time everything which I am having with me right now is all achieved with having him besides with me. He was more of a teacher to me than father who always taught something or the other which helped me to be a successful man. He was a very loving and caring father to me and always was a guide for me to choose the right path."

He always stood by me and supported me in my choices, also guided me where to step up and step back," said the Aliya Basu Gayab Hai actor. "My father is always alive in me. I'll always be in debt to him for all the learnings he gave me," he added.

SAVITA'S NAMKEEN SHOP AND LAABH

Sony SAB's thought-provoking show Shubh Laabh – Aapkey Ghar talks about a self-transformative journey as it takes a step forward by paving the way for the viewers to find a balance between devotion and spirituality in their daily lives. In the upcoming episodes, the audience will witness Savita (Geetanjali Tikekar) attempting different ways to save their namkeen shop, Sukh Sagar.

Every year, a business tycoon organises a food charity for the poor, this opportunity has a scope of bringing in new business and some much needed extra money for Savita. Her determination and conviction helps her bag the contract this year. Despite facing various obstacles during the process, she finds her way through and secures the order. The entire Toshniwal family excitedly starts with their preparation. While the arrangements are being made, at each step, every family member deals with a different vikaar residing within themselves. It will be interesting for our viewers to watch how Savita will face the multiple vikaar's - krodh, moh, lalach, irshiya, aalasya, abhimaan, kaam emerging from her family members and will this order bring a new ray of hope in her life.

Will Savita succeed in saving Sukh Sagar? Will this new order solve all her problems?

Geetanjali Tikekar, essaying the role of Savita, said, "Playing Savita and being a part of a show like Shubh Laabh remains to be a surreal experience for me. Savita has bagged a great opportunity, and she puts her best foot forward and gives whatever it takes to fulfil this order. While facing issues due to her family members' bad habits and sins, will she be able to deliver this task ethically or will she succumb to her own vikaar too? Fans will have to wait and watch."

KUMKUM BHAGYA'S POOJA BANERJEE ON SUCCESSFUL MARRIAGE

Zee TV's popular fiction show, Kumkum Bhagya has been an audience favourite courtesy its intriguing plot and the authentic portrayal of relatable characters like Abhi (Shabbir Ahluwalia), Pragya (Sriti Jha), Rhea (Pooja Banerjee), Aaliya (Reyhna Pandit), Tanu (Leena Jumani), Ranbir (Krishna Kaul) and Prachi (Mugdha Chapekar). Abhi – Pragya's contract marriage drama had kept everyone hooked over the last few weeks and now, the competition and drama between Rhea and Prachi has kept viewers at the edge of their seats. All the actors have been working round the clock to keep their audience entertained during this festive season. In fact, at times actors don't get to spend time with their family even during special occasions and how understanding parents and partners truly help them balance their work and personal life balance.

Pooja Banerjee aka Rhea also opened up about her personal life and mentioned how she and her husband, Sandeep Sejwal understand and respect each other and their respective careers, which helps them maintain a strong and healthy marriage, without any issues. The actress also reveals the key to a successful marriage between two working individuals, while speaking about Sandeep and her relationship.

As Pooja Banerjee reveals, "Trust, love and attraction - all of these things come secondary, but if there is friendship between a couple, then they tend to share and understand everything about each other. I know Sandeep since I was in fourth standard. In fact, we were friends for the longest period of time, after which we realised we can be life partners. Ever since I know him and we started dating, my mantra was very simple - honesty and sincerity. We don't put each other down and he never puts me in any embarrassing situation. It is same from my side too. He does not judge me too, and vice versa. The best part is that we give ample of space to each other to grow and learn by ourselves in our careers. He never forces his views onto me and neither do I. Having said all this, I feel it is very important to give each other time as well because nowadays couples don't give each other time. So, Sandeep and I plan our schedules such that we have time for each other. Due to my tedious shooting hours, we are on different sleep cycles, but he understands me so well and does the smallest of things to help me live my life to the fullest and I help him with his. As I have been a swimmer for 14 years, I understand the fatigue he might be going through as an athlete due to his daily routine and I try to help him feel better and do my bit wherever I can. We respect each other's careers, and we support each other in our own way every day and I feel that is the key to a successful marriage."

While Pooja Banerjee is acing her off-screen relationship with her husband, her on-screen character - Rhea is planning some evil tactic to come between Prachi and Ranbir. What is she planning next? Will she be able to create a rift between Prachi and Ranbir? Or is Prachi and Ranbir's connection stronger?

VEER'S FATE LIES ON THE THREE SINS

Sony SAB's beloved Hero is set to take a new avatar. Our very own Hero aka Veer is faced with the biggest challenge in the show so far. This involves not just saving the world but saving himself from turning to his darker side and becoming evil. The upcoming episodes will shock the viewers with Veer (Abhishek Nigam) slowly falling prey to Shukracharya's (Ajay Gehi) biggest scheme against Veer. It will be interesting for the viewers to watch how Hero will withstand the effects of halahal, the mystical negative energy which is slowly taking him over while pushing him towards committing the three ultimate sins. This time the battle is fiercer as Veer is losing control over all his actions and is on a crossroad struggling to stand by his morals and conduct.

Abhishek Nigam, talking about this new development in the show, said, "I think this new phase in Veer's life will take the viewers on an adventurous and edgy ride as Hero is slowly unravelling his darker side. With Shukracharya's ultimate plan of turning Veer into his strongest warrior is coming to play, the challenges Hero will be now facing will be unlike anything he has faced before. He is unaware of these three mistakes and while the effects of halahal will force him to commit these sins, it will be exciting for our viewers to watch if Hero is able to combat this effect or not. Once these sins are committed, Hero will fall into his darker side and turn evil."

Sharing his excitement on the new phase of his character, he said, "When I learned about the new developments on the show and the storyline that will follow, I was surprised and very excited. My thought immediately was I had found a perfect opportunity to show a new side of me as an artist. I can promise that the upcoming episodes will keep the audience on the edge of their seats, and I am sure all Hero supporters will be rooting for Hero to not fall into darkness, and this new exciting storyline will take the fun and excitement quotient of the show up a notch".

Abhishek Nigam, talking about his preparations, said, "I am undergoing a series of changes and have been prepping as I want to explore every possible route to do justice to the character and this new journey of him. It will be a learning curve for me, and my fans will be able to watch me in a never seen before avatar."

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Keep sports culture alive in villages: CM

STAFF REPORTER
RAIPUR

Chhattisgarh Chief Minister Bhupesh Baghel on Saturday said that with expansion of sports facilities, it should be kept in mind that all the sports activities should not be confined to the cities only.

``Need of the hour is to keep sports culture alive in villages," the CM remarked while addressing the virtual bhoomi pujan and inauguration of new sports facilities in Bilaspur and Raipur at cost of Rs 42.14 crore. It includes academies for football, kabaddi, archery and athletics, two sports hostels, an archery training sub-centre and synthetic track-field for athletics.

He said that the state-level selection of players for Athletics, Archery and Hockey Academy in Bilaspur would be held on October 11, 12 and 13, an official statement said.

The Chief Minister further said that the rural talents should get the benefits of sports academies, good playgrounds, good coaches and sports infrastructure.

He further said that there will be no shortage of funds to expand sports facilities in the state including in rural areas. Chhattisgarh Sports Development Authority has been constituted to work on improving sports facilities.

Rajiv Gandhi Yuva Mitan Club scheme has been started and 13,269 Rajiv Gandhi Yuva Mitan Clubs are being formed in the state. Along with promoting cultural and sports activities through these clubs, leadership capacity will also be developed among the youth.

Sports and Youth Welfare department minister Umesh Patel presided over the function.

JE suspended for power substation accident

STAFF REPORTER
RAIPUR

Chhattisgarh State Power Distribution Company Limited (CSPDCL) has suspended a junior engineer of Rawanbhata substation, Raipur after one line attendant died and another was critically injured on Saturday.

The Chief Engineer (City) of CSPDCL Raipur, R. A. Pathak in a statement said the accident took place during the maintenance work in the 33/11 KV power substation at Rawanbhata.

Two line attendants Ram Patel and Amit Sahu were conducting the repair at 11.45 am on Friday, in presence of Junior Engineer Abhishek Chandrakar. After the accident Ram Patel died on the spot while Amit Sahu was critically injured. He has been admitted to hospital and is currently undergoing treatment.

Govt urges people to be cautious against swine flu, dengue

STAFF REPORTER
RAIPUR

Everyone in Chhattisgarh needs to remain alert with seasonal changes, as two cases of Swine Flu and three new cases of dengue have been reported.

``Prevention is the best option than cure. But in case of critical conditions, the government is providing free of cost tests and medical treatment", said Dr Subhash Mishra, Director (Epidemic).

He said that the first case of Swine flu was reported at Tilda on September 19 and on last Saturday one more case has been detected at Bemetara. It also spreads through droplet mode when the person sneezes or coughs, people need to wear a mask as a preventive measure.

State government has extended testing and treatment facilities at AIIMS, Medical Colleges of Jagdalpur, Bilaspur and Raipur apart from private hospitals based on different health schemes, Dr Mishra told the media.

He said if anyone has symptoms of cough and cold, severe weakness, breathing problem, should immediately undergo tests. Generally it takes five days to recover but in critical condition, the treatment is prolonged.

Similarly, in the Birgaon, Heerapur and Gudhiyari area of Raipur, three new cases of dengue were reported on Friday. He said if the general patient conducts an antigen test, he would test positive due to viral nature but should go for Enzyme-linked Immunosorbent Assay (ELISA) to confirm the disease. In dengue, children, senior citizens, those having diabetes, using immunosuppressant medicines and pregnant women need special care.

Top fruit for diabetics & why they're good for you

By Monika Manchanda
IANS

Eating fruits is one of the most satisfying ways to tackle sweet-tooth cravings while meeting your nutritional needs. Despite many studies and research on fruit consumption in diabetes, there are a lot of speculations on the right kind of fruit consumption and its relation to blood sugar levels.

Eating seasonal and locally available fruit has many health benefits ranging from reducing sugar and inflammation levels to fighting high blood pressure -- thanks to their abundant vitamins and mineral presence! They are a powerhouse of antioxidants like vitamins A, B, C, E, and minerals like iron, calcium, magnesium, and fiber.

The fruits listed below are not just diabetic-friendly but are loaded with fiber and water content which can slow down the sugar spikes and sugar absorption rate.

Apples are not just nutritious and filling; According to a study, they are significantly associated with a lower risk of type 2 diabetes if consumed in moderation. Turns out there is a truth in the old saying, "An apple a day keeps the doctor away", after all!

Avocados are a great source of healthy fats and more than 20 vitamins and minerals. They are high in fibers as well, and have been?linked?with lowering the risk of diabetes.

Berries: Adding berries is one of the best ways to add a variety to your diabetes-friendly diet. You can choose from blackberries, blueberries, or strawberries because all of them are power-packed with antioxidants, vitamins, and fibers.

Papaya is rich in natural oxidants, which makes it a perfect pick for people with diabetes. It reduces the chances of future cell damage.

Star fruit: This sweet and sour fruit is rich in dietary fiber and vitamin C. It also positively impacts anti-inflammatory processes and can help repair cell damage, and it has minimal fruit sugars as well.

Kiwi fruit is an excellent source of Vitamin E, K, and potassium, and they are low in fruit sugars as well, which makes it a perfect diabetic-friendly fruit.

Melons (Musk melon and watermelon): Powerful hydrating fruits like cantaloupe and melons are recommended for people with diabetes, and people with the risk of developing diabetes. Eat-in moderation for multiple nutritional benefits like fiber, potassium, magnesium, vitamin B, and C.

Dragon fruit is full of dietary fibers, vital vitamins, minerals, and antioxidants.

Pear are nutrient-rich, and they are known to fight inflammation and improve digestion.? Studies also suggest that consuming pears along with a healthy diet reduces the risk of type 2 diabetes.

Orange: This citrus fruit is full of fiber that helps slow down sugar absorption into the bloodstream, and its vitamin C component helps improve immunity levels.

Add fruit to your salads to enjoy their goodness with a sprinkle of cinnamon, it tastes better and reduces sugar spikes. Add nuts like walnuts and almonds to complement your fruit snack. you can also add flaxseeds to balance the glycemic load in the body.

CRPF jawan killed in accidental firing

BIJAPUR: A jawan of the paramilitary Central Reserve Police Force (CRPF) was killed and his colleague was injured in an accidental firing from the former's service rifle in Chhattisgarh's Bijapur district, an official said on Saturday.

The incident took place on Friday when the deceased, identified as head constable Trilok Singh (37), who belonged to the CRPF's 229th battalion, and some other paramilitary personnel were going on leave, Bijapur Additional Superintendent of Police Pankaj Shukla said.

The jawans had boarded a private passenger bus at Usoor to reach Bijapur town before proceeding for the further journey to their respective native places, he said.

Ahead of Bijapur, the service weapon - Insas rifle - of the head constable got accidentally discharged, leaving him seriously injured.

'Establish herbal medicine units in state'

STAFF REPORTER
RAIPUR

Making a call to all the pharmacists and pharmaceutical manufacturers, Chhattisgarh Chief Minister Bhupesh Baghel on Saturday said that they should come forward to set up industries related to medicine and herbal medicine in the state.

Addressing the conference organized by Indian Pharmacist Association, Chhattisgarh on the occasion of World Pharmacist Day at Pandit Deendayal Upadhyay Auditorium, Raipur, Chief Minister said that Chhattisgarh has abundance of herbal medicines with 44 percent of the forest land area different types of medicinal plants are found.

He said utilising the opportunity, the individuals or groups, whether from the state or outside, wanting to set up the pharmaceutical industry, the government will provide them with all the necessary resources, facilities and exemptions.

"The raw material would be provided to the 'Vanaushadhi' units to be set up at the rates fixed by the State Minor Forest Produce Cooperative Federation. The AYUSH and Health Department can directly buy locally produced medicines without any tender", he added. He also emphasised on promoting generic medicine.

Appreciating the doctors, pharmacists and other medical staff for their exemplary work during the Covid-19 pandemic waves, Health Minister T. S. Singh Deo said Chhattisgarh is emerging as a 'model state' in the country due to innovations and new initiatives. He said the government has started recruiting 187 pharmacists.

The 'Pharmacist Book' was also released by the Chief Minister and other guests.

Can eating healthy ward off infection, death from Covid?

IANS

Nearly one-third of coronavirus cases could have been avoided if people had a healthy diet that includes lots of fruit and vegetables, claims a new study.

While getting vaccinated and wearing a mask indoors and in crowded spaces is paramount, the research, published in the journal Gut, suggests that eating properly may reduce the risk of contracting Covid-19, the Jerusalem Post reported.

The study, led by researchers from Massachusetts General Hospital in Boston, showed that people who had a healthier diet had a 9 per cent lower risk of contracting the virus compared to people who ate a poorer diet.

Those who ate healthier were 41 per cent less likely to develop severe symptoms.

Although doctors have stated that metabolic conditions including obesity and Type 2 diabetes can cause severe coronavirus complications, this study is among the first to add nutrition to the equation, the report said.

Previous studies have suggested that poor nutrition is a widespread trait among groups disproportionately affected by the epidemic, but data on the link between diet and the risk of getting the virus and then developing severe symptoms is lacking, said study editor Jordi Marino, a doctoral student and instructor at Harvard Medical School.

The team analysed data collected on 592,571 people from the US and the UK between March and December 2020. Each participant completed a survey of their dietary habits, with study authors scoring people's "diet quality," with an emphasis on fruit and vegetable consumption.

During the follow-up period, 31,831 participants developed Covid-19.

The researchers also observed a cumulative link between poor nutrition, increased socioeconomic deprivation and Covid-19 risk.

People who live in poor neighbourhoods and who rely heavily on fast food are much more susceptible to the virus.

Models estimate that nearly a third of virus cases would have been avoided if one of these two conditions didn't exist, explained Marino.

The researchers called for making healthy, plant-based foods more available and affordable to help advance the end of the epidemic.

"Our findings are a call for governments and those who develop protocols to prioritize healthy eating and welfare with influential policies," Marino said.

यूनियन बैंक ऑफ इंडिया Union Bank of India
भारत सरकार का उपक्रम A Government of India Undertaking
आन्ध्रा Andhra | कार्पोरेशन Corporation

Branch- Dhamtari, Saray Complex, First Floor, Gole Bazar, Dhamtari (CG) 493773, Ph: 07722-237749, Email - dhamtari@unionbankofindia.com

POSSESSION NOTICE [Rule - 8 (1)]

Whereas the Authorized Officers of Union Bank of India under Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 (Act No.54 of 2002) and in exercise of powers conferred under Section 13(12) read with Rule 9 of the Security Interest (Enforcement) Rules, 2002 issued Demand Notices to the following borrowers/guarantors/mortgagors calling upon them to repay the amount mentioned in the Notices within 60 days from the date of said Notices.

The Borrowers/guarantors/mortgagors having failed to repay the amount, Notices are hereby given to the borrowers/ guarantor(s)/ mortgagor in particular and the public in general that Authorized Officer has taken physical possession of the properties described herein below in exercise of powers conferred on him/her under Section 13(4) of the said Act read with Rule 9 of the said rules on date mentioned below

The Borrowers/guarantor(s)/mortgagor in particular and the public in general are hereby cautioned not to deal with the properties and any dealings with the properties will be subject to the charge of Union Bank of India, for the amounts and interests and incidental expenses and costs and charges thereon as mentioned below -

S. No.	A- Name of the Borrowers B- Branch	Outstanding (in Rs.)	Date of Demand Notice / Date of Possession	Description of Secured Assets
1.	A- 1. Sanjay Wadhwani, 2. Kirat Ram 3. Ashok Kumar Wadhwani B- Dhamtari	Rs 1311094.52/- + interest since 01.04.2021 +Legal & Other charges	04/05/2021 22/09/2021	Housing property, Area 1050 Sq Ft , Situated at B-9, Survey No. 563/36 ,563/17, Arihant Shrivihar Colony Dakbangala Ward no. 18 Dhamtari in the name of Sanjay Wadhwani S/o Kirat Ram & Kirat Ram s/o Shri Paras Ram Wadhwani residence of Old Bus Stand,Near Sindhi Gurudwara, Dhamtari (C.G.)

Date: 22.09.2021, Place: Dhamtari
Authorized Officer, Union Bank of India

Assembly polls in J&K likely early next year: BJP leader

Jammu: Jammu & Kashmir BJP president Ravinder Raina on Saturday said the Assembly elections in the Union Territory would likely be held early next year after the completion of the delimitation exercise.

He said the supporters of terrorism are the enemies of the people of the Union Territory and would be treated in accordance with the law of the land which is equal for everyone -- whether a government employee, politician or an ordinary citizen.

Talking to reporters on the sidelines of a function organised by the BJP at its headquarters to pay homage to Rashtriya Swayamsevak Sangh (RSS) ideologue and leader of the Bharatiya Jan Sangh Pandit Deendayal Deendayal Upadhyaya here, Raina said the delimitation exercise is in progress and was expected to be completed by the year-end.

"On August 15, Prime Minister Narendra Modi from the ramparts of the Red Fort announced that the delimitation exercise will be followed by the assembly elections in J&K. The delimitation is likely to be completed by the year-end and so the elections to the J&K Assembly will be held early next year," he said when asked about the upcoming polls in the union territory.

In March 2020, the BJP-led Government had constituted a delimitation commission to redraw Lok Sabha and Assembly constituencies in Jammu &Kashmir. The commission is yet to submit its report.

However, the BJP leader said his party is fully prepared for the elections and would win the elections with 50-plus seats to form the next government in Jammu & Kashmir.

"The BJP-led Government at the Centre has benefited the people of Jammu & Kashmir by its schemes and developmental programmes. The people are satisfied and will bless the party during the elections. The next chief minister will be from our party," Raina claimed.

Earlier, he was joined by National General Secretary, in-charge J&K, Tarun Chugh and other senior leaders to pay tributes to Upadhyay.

Asked about the criticism of the National Conference and the Peoples Democratic Party (PDP) on the sacking of Government employees having terror links, he said, "The law is equal for everyone. If action is taken against an ordinary person found working as an overground worker of terrorists, there is no justification to spare a government employee having links with terrorists." ***PTI***

CHARDHAM YATRA

Registered yatris can fill in for those who fail to turn up

Dehradun: The Uttarakhand's Department of Religious Affairs on Saturday said the pilgrims registered for the Chardham yatra can fill in for those 'yatris' who fail to turn up on the appointed date despite being registered on the Devasthanam Board portal.

The order followed complaints that fewer than the prescribed daily limit for pilgrims for the four temples were visiting them, religious and pilgrimage secretary Hari Chandra Semwal said. The daily prescribed limit of yatris for Badrinath is 1,000, 800 for Kedarnath, 600 for Gangotri and 400 for Yamunotri. Commissioner Garhwal, Devasthanam Board CEO and the District Magistrates of Chamoli, Rudraprayag and Uttarkashi have been asked to comply with the order with immediate effect. ***PTI***

Political merchants of votes deceived minorities for 75 years, says Naqvi

Mumbai: In a veiled swipe at Congress, Union Minister and BJP leader Mukhtar Abbas Naqvi on Saturday cautioned minorities against the "political merchants" of their votes who he said are wearing the veil of secularism.

Addressing the State executive meeting and the training camp of BJP's Minority Morcha for Maharashtra here, Naqvi said during the last 75 years post Independence, "the political merchants of minority votes played 75 tricks on their political chessboard to deceit minorities". "Creating the atmosphere of fear, raising a bogey of intolerance, spinning a web of religion, and spreading rumours is their expired formula to politically exploit minority communities," the Deputy Leader in the Rajya Sabha said.

Naqvi said minorities must remain cautious about such "political merchants who are wearing the veil of secularism while roaming around with a cart of conspiracies to hijack minority votes".

In his speech, the senior BJP leader slammed "pseudo-secularists" for their double standards. "The height of hypocrisy of pseudo secularists is that the Shiv Sena gets a communal stamp when it remains with the BJP and gets a certificate of secularism when it goes with the Congress. This pseudo-secular syndicate is running a certificate centre which makes someone secular and someone communal within minutes," he said.

The Shiv Sena, which heads the Maha Vikas Aghadi, shares power with the NCP and the Congress in Maharashtra.

Naqvi said the people, especially minority communities, have seen that these "merchants of minority votes" are engaged in a "political exploitation" of minorities.

He said secularism and inclusive development is the "Constitutional commitment" for the BJP.

He said the Narendra Modi government at the Centre and the BJP-led state governments have worked with the commitment to "development with dignity" and "empowerment without appeasement", which has ensured equal development of minorities along with other sections.

Naqvi said over 5,50,000 artisans, craftsmen and people associated with them have been provided employment and employment opportunities through the "Hunar Haat" initiative alone in the last seven years.

"In the last seven years, more than 5 crore minority students have been given various scholarships. More than 50 per cent of beneficiaries are girl children. The school dropout rate of Muslim girls which was earlier 70 per cent, has come down to 32 per cent.

Our commitment is to bring it down to zero per cent in the coming days," the Union minister said. ***PTI***

OMKARA ASSETS RECONSTRUCTION PRIVATE LIMITED

Omkara Assets Reconstruction Pvt. Ltd.
Registered Office: No.9, M.P. Nagar, First Street, Kongu Nagar Extn, Tirupur - 641607.
Corporate Office: C/515, Kanakia Zillion, Junction of LBS Road & CST Road, BKC Annexe, Kurla (W), Mumbai - 400070.
Tel.: 022-265440 Email: mumbai@omkaraarc.com / www.omkaraarc.com / CIN: U67100TZ2014PTC020363

POSSESSION NOTICE
APPENDIX-IV
(For immovable property)
Rule 8 (1)

Whereas,

The authorized officer of the IndusInd Bank Ltd under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act,2002 and in exercise of powers conferred under section 13 (12) read with rule 3 of the security Interest (Enforcement) Rules 2002 issued Demand Notice dated 22nd June 2021 calling upon the borrower - M/s GOYAL BUILDMART AND WATER PROOFING; Mr. Narendra Goyal; Mr. Anish Goyal AND Mrs. Asha Goyal to repay the amount mentioned in the said notice being **Rs.60,83,933.34/- (Rupees Sixty Lakhs Eighty Three Thousand Nine Hundred Thirty Three and Paisa Thirty Four Only)** with further interest @ 09.55% from 01st June 2021 mentioned against respective credit facility plus penal interest @ 18.75% p.a. (Simple Basis) plus costs, charges and expenses etc. within 60 days from the date of receipt of the said notice.

Further, it is on record that Indusind Bank Ltd. (IBL) the original creditor has assigned all its rights, title and interest of the entire outstanding debt lying against above referred borrowers/loan account along with underlying securities in favor of Omkara Assets Reconstruction Pvt. Ltd. acting as Trustee of Omkara PS 06/2021-22 Trust under the provisions of SARFAESI Act . Omkara Assets Reconstruction Pvt. Ltd, (OARPL) a company incorporated under the provisions of Companies Act, 1956 and duly registered with Reserve Bank of India (RBI) as an Asset Reconstruction Company under section 3 of the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 ("The SARFAESI Act, 2002") having CIN No U67100TZ2014PTC020363 and its registered office at 9, M.P. Nagar, 1st Street, Kongu Nagar Extn, Tirupur – 641607 and corporate office at C/515, Kanakia Zillion, Junction of LBS Road and CST Road, BKC Annexe Near Equinox, Kurla West, Mumbai – 400070, is herein acting in its capacity as a Trustee of "Omkara PS 06/2021-22 Trust"

Pursuant to the said assignment of debt/financial assets in favour of Omkara Assets Reconstruction Pvt. Ltd. (OARPL) has stepped into the shoes of Indusind Bank Ltd. (IBL) and has become entitled to recover the entire outstanding dues and enforce the security.

M/s GOYAL BUILDMART AND WATER PROOFING; Mr. Narendra Goyal; Mr. Anish Goyal AND Mrs. Asha Goyal , having failed to repay the amount, as per notice dated 22nd June 2021 under section 13(2) of SARFAESI Act. The Authorised Officer of Omkara Assets Reconstruction Pvt. Ltd., duly appointed under sub-section (12) of section 13 of the SARFAESI Act, 2002 has taken possession of the following secured assets/immovable/movable properties described herein below in exercise of powers conferred on him under sub-section (4) of section 13 the said [Act] read with Rule 8 of the Security Interest Enforcement Rules, 2002 on this 22nd September 2021

The Borrowers/Mortgagors in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of the Omkara Assets Reconstruction Pvt Ltd acting as Trustee of Omkara PS 06/2021-22 Trust having corporate office at C/515, Kanakia Zillion, Junction of LBS Road and CST Road BKC Annexe, Near Equinox, Kurla (West), Mumbai - 400070 for an amount of **Rs.60,83,933.34/- (Rupees Sixty Lakhs Eighty Three Thousand Nine Hundred Thirty Three and Paisa Thirty Four Only)** with further interest @ 09.55% from 01st June 2021 mentioned against respective credit facility plus penal interest @ 18.75% p.a. (Simple Basis) plus costs, charges and expenses etc. till the date of payment and realisation.

The borrower's attention is invited to provisions of sub-section 8 of Section 13 of the Act, in respect of time available, to redeem the secured assets.

The details of the assets/ properties hypothecated/ assigned/ charged/ mortgaged to our Company in the above account and whose possession has taken are given hereunder:

DESCRIPTION OF IMMOVABLE PROPERTY

All the part and parcel of property bearing Plot No. B-28(4), Survey No. 207/3 & 208/3, Land Area Admeasuring -2400 Sq. Ft. (Together with construction thereon) situated at Sector-3, Udya Nagar (Udya Sahkari Grih Nirman Samitee Maryadit), Village- Tatibandh, P.H. No. 103/24, R.I.C. –Raipur-1, Shahid Bhagat Singh Ward No. 13 , City, Tehsil and District-Raipur, Chhattisgarh and bounded by:
North: Plot No. B-28(9) South: Road
East: Plot No. B-28(6) West – Plot No. B-28(3)
***The details of the property are more specifically described in the Deed No. 5126(kh) dated 06.02.2008 in the name of Smt. Asha Goyal

(Authorised Officer)
Date : 22nd September , 2021 For Omkara Assets Reconstruction Pvt Ltd
Place: Raipur (Acting in its capacity as a Trustee of Omkara PS06/2021-22 Trust)

Bus stands in all 33 districts of Rajasthan see heavy rush of REET candidates

Jaipur: A day ahead of the scheduled Rajasthan Eligibility Examination for Teachers-2021 for the recruitment of third-grade teachers, a heavy crowd of candidates was seen at bus stands in all 33 districts of the state on Saturday.

The candidates were seen catching buses for the district where their exam centres are located. The state government has announced free travel for REET candidates in both state roadways and private buses while the North Western Railway is also operating 26 special trains covering almost all important stations from September 25 to 26 to help candidates reach their exam destinations and back home. The exam is being held on a large scale on Sunday as around 16.51 lakh candidates have enrolled for it.

IndusInd Bank
3A Upper Wood Street Branch, 1st Floor, Savitri Towers, , Kolkata - 700017

Appendix - IV
Possession Notice (see rule 8 (1)
(for Immovable/movable property)

Whereas

The undersigned being the authorized officer of the IndusInd Bank Ltd under the Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest Act,2002 and in exercise of powers conferred under section 13 (12) read with rule 3 of the security Interest (Enforcement) Rules 2002 issued Demand Notice dated 23RD June 2021 calling upon the borrower - M/S GALAXY MARKETING; MRS. AMRITA NEBHANI and MR. RAVISH KUMAR TALREJA to repay the amount mentioned in the said notice being **Rs. 35,30,937.44 /- (Rupees Thirty Five Lakhs Thirty Thousand Nine Hundred Thirty Seven and Paisa Forty Four Only)** with further interest @ 09.55% from 01ST June 2021 mentioned against respective credit facility plus penal interest @ 18.75% p.a. (Simple Basis) plus costs, charges and expenses etc. within 60 days from the date of receipt of the said notice.

The borrower having failed to repay the amount, notice is hereby given to the borrower and the public in general that the undersigned has taken physical possession of the property described herein below in exercise of powers conferred on him/her under sub-section (4) of section 13 of Act read with rule 8 of the Security Interest (Enforcement) Rules, 2002 on this the 22nd day of September of the year 2021.

The borrower in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of the IndusInd Bank Ltd for an amount of Rs. **35,30,937.44 /- (Rupees Thirty Five Lakhs Thirty Thousand Nine Hundred Thirty Seven and Paisa Forty Four Only)** with further interest @ 09.55% from 01ST June 2021 mentioned against respective credit facility plus penal interest @ 18.75% p.a. (Simple Basis) plus costs, charges and expenses etc. thereon.

The borrower's attention is invited to provisions of sub-section (8) of section 13 of the Act, in respect of time available, to redeem the secured assets.

Description of Immovable/movable Property

All the part and parcel of property bearing Shop No. 48 at Lower Ground Floor of Shyam Sqaure admeasuring Built Up Area -215 Sq. Ft situated Part of Plot No. 1, Part of Survey/Khasra No. 117/2 & 136/1 , Devendra Nagar Scheme No. 32 of RDA , Village Pandri Tarai, P.H. No. 109, Shahid Hemu Kalani Ward No. 35, City, Tehsil and District-Raipur, Chhattisgarh and bounded by(as per Sale Deed):
North: Open Space South: Corridor
East: Shop No. 46 West – Shop No. 49
***The details of the property are more specifically described in the Deed No. 3471(kh) dated 19.08.2015 in the name of Smt. Amrita Talreja Alias Amrita Nebhani w/o Shri Ravish Talreja.

Date : 22nd September, 2021 Authorized Officer
Place : Raipur IndusInd Bank Ltd.

Ex-Hizb ultra arrested in J&K's Kishtwar

Jammu: A former terrorist of Hizbul Mujahideen was arrested after a long hunt of 19 years in Kishtwar district of Jammu and Kashmir, police said on Saturday.

Dulla alias "Jameel", a resident of Arnas village in Reasi, was the third former militant turned absconder arrested by police in Kishtwar in the past 11 days, they said.

A police spokesman said a special police party, on specific information, carried out raids at various suspected locations and arrested Dulla who was presently putting up at Kundwar village in Chatroo area. ***PTI***

People perform 'Tarpan' ritual for the remembrance of their ancestors on the banks of the Falgu river during 'Pitra Paksha' at Dev Ghat in Gaya on Saturday PTI

AU SMALL FINANCE BANK LIMITED (A Scheduled Commercial Bank)
Regd. Office: 19-A, Dhuleshwar Garden, Ajmer Road, Jaipur - 302001 (CIN:L36911RJ1996PLC011381)

APPENDIX IV [SEE RULE 8(I)] POSSESSION NOTICE

Whereas, The undersigned being the Authorized Officer of the **AU Small Finance Bank Limited (A Scheduled Commercial Bank)** under the "Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest [Act, 2002 (54 of 2002)] and in exercise of powers conferred under section 13 (12) read with rule 3 of the Security Interest (Enforcement) Rules, 2002 issued demand notice on the date as mentioned below calling upon the borrowers to repay the amount mentioned in the said notice within 60 days from the date of receipt of the said notice as per the details given in below table: -

Name of Borrower/Co-Borrower/ Mortgagor/Guarantor/Loan A/c No.	13(2) Notice Date & Amount	Description of Mortgaged Property	Date of Possession Taken
(Loan A/c No.) L9001060718022796 Pavan Kumar Rathore (Borrower & Mortgagor), Smt Menka Devi (Co-Borrower)	23-Apr-21 ₹ 17,05,438/- Rs. Seventeen Lac Five Thousand Four Hundred Thirty Eight Only as on 21-Apr-21	All That Part And Parcel Of Residential/commercial Property Land / Building / Structure And Fixtures Situated At Land Bearing Part Of Kh. No. 436/12 Pc No. 15, R.I.C VILL. Nariyara Th. Akaltara Dist. Janjgir Champa Chhattisgarh. **Admeasuring 202.5 SQ MTR.** East: House Of Narayan, West: Land Of Hirde Lal, North: Land Of Ram Lal, South: Land Of Hirde Lal	21-Sep-21
(Loan A/c No.) L9001060713018552 Vinod Kumar Banjara (Borrower & Mortgagor), Smt. Sukh Bai Banjara (Co-Borrower), Smt. Sonam Bhargav (Co-Borrower)	23-Apr-21 ₹ 35,07,632/- Rs. Seventeen Lac Five Thousand Four Hundred Thirty Eight Only as on 2-Apr-21	All That Part And Parcel Of Residential/commercial Property Land / Building / Structure And Fixtures Situated At Property At Rev. Part Of Survey No-601/2, Mauja Ghuru, Patwari Circle No 24, Village-sakri, Tehsil- Takhatpur, Dist- Bilaspur, Chattisgarh. **Admeasuring 4472 Sq. Feet.** East: Land Of Yadav Ana Tiwari, West: Land Of Chandra, North: Land Of Mishra, South: Road	21-Sep-21
(Loan A/c No.) L9001060119357460 M/s Divya Traders (Borrower), Shyam Lal Burman (Co-Borrower), Smt. Kavita Burman (Co-Borrower & Mortgagor)	24-May-21 ₹ 8,95,049/- Rs. Eight Lac Ninety Five Thousand Forty Nine only as on 22-May-21	All That Part And Parcel Of Residential/commercial Property Land / Building / Structure And Fixtures Situated At Ph No. 02/03, Kh No. - 1100/3, Mouja- Hardikala RNM- Bilha, Th. Bilha, Dist. Bilaspur Chhattisgarh. **Admeasuring 3484.80 Sq. FT.** East: Land Of Shiv Kumar, West: Land Of Khilawan, North: Land Of Siddharam, South: Land Of Shanti Bai/Nistari Road	21-Sep-21
(Loan A/c No.) L9001060715997194 Haribhajan Singh Thakur (Borrower), Smt. Durgeshwari Singh (Co-Borrower & Mortgagor)	23-Apr-21 ₹ 16,46,728/- Rs. Sixteen Lac Forty Six Thousand Seven Hundred Twenty Eight Only as on 2-Apr-21	All That Part And Parcel Of Residential/commercial Property Land / Building / Structure And Fixtures Situated At Khasra No 130/36, Ward No. 16, Nandi Vihar Colony, Tehsil Kawardha, Dist.- Kabirdham, Chattisgarh. **Admeasuring 0.013 Hect.** East: Nistari Rasta, West: Land Of Hoop Singh, North: Nistari Rasta, South: Property Satish Tiwari	23-Sep-21
(Loan A/c No.) L9001060715068980 Savita Yadav (Borrower), Mohit Ram Yadav (Co-Borrower & Mortgagor)	31-May-21 ₹ 31,46,084/- Rs. Thirty-One Lac Forty-Six Thousand Eighty-Four only as on 31-May-21	All That Part And Parcel Of Residential/commercial Property Land / Building / Structure And Fixtures Situated At Property Situated At Khasra No. 187, Ph No. 24/61, New No .30, Laxmi Bihar Colony, At Baihar, Arang, Distt. Raipur, Chhattisgarh. **Admeasuring 1740 Sq. Ft.** East: Plot Of Devangan, West: House Of Minal Yadav, North: House Of Sahu, South: Road	23-Sep-21
(Loan A/c No.) L9001060714880962 Rahul Batra (Borrower), Smt. Sharda Batra (Co-Borrower & Mortgagor)	10-Jun-21 ₹ 18,23,294/- Rs. Eighteen Lac Twenty-Three Thousand Two Hundred Ninety-Four only as on 9-Jun-21	All That Part And Parcel Of Residential/commercial Property Land / Building / Structure And Fixtures Situated At Survey No-346/44, House No-48, Sheet No-1523, Block No 19, Plot No-79/31,Mouja Patwari Circle No-34, Block Bilha RI. Circle, Gram-Panchayat-Ameri, Th & Dist-Bilaspur-495001 Chhattisgarh. **Admeasuring 1000 Sq.Ft** East: House No-45, West: Road, North: House No-47, South: House No-49	23-Sep-21

The borrower having failed to repay the amount, therefore notice is hereby given to the borrower and the public in general that the undersigned has taken possession of the property described herein above mentioned table in exercise of powers conferred on him/her under section 13(4) of the said [Act 2002] read with Rule 8 of the said rule on the date mentioned in the above table.
"The borrower's attention is invited to provisions of sub section (8) of section 13 of the Act, in respect of time available, to redeem the secured assets."
The borrower in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of the **AU Small Finance Bank Limited (A Scheduled Commercial Bank)** for the amount and interest thereon mentioned in the above table.

Date : 24/09/2021 sd/-
Place : Chattisgarh **Authorised Officer AU Small Finance Bank Limited**

1 death due to dengue, 16 from viral fever recorded in Agra this month, says CMO

Agra: One death due to dengue and 16 fatalities caused by viral fever have been recorded in Agra district this month so far, the Chief Medical Officer (CMO) said on Saturday.

The district has recorded 118 dengue cases in this season till now, of which 51 are still active, he said.

"In Agra district, one death is due to dengue and 16 because of viral fever have been registered. The deaths were reported across age groups, including children and senior citizens," Arun Kumar Srivastav, the CMO of Agra district, told PTI.

The maximum number of deaths have been reported from Pinahat in Agra rural, Tedi Bagia under Itmad-ud-daulah police station, Fatehpur Sikri, and other areas of the district, he added.

A 70-year-old woman from Barhan in Etmadpur Tehsil of Agra rural died due to dengue, a District Surveillance Officer said.

Srivastav said all active cases of dengue are being treated at Government hospitals.

Cases of viral fever are increasing every day in rural areas here, mainly in Pinahat, Bah, Fatehabad, and Barhan, along with many places in the city. The health department has been organising health camps and spraying anti-larvae and fogging gases in the affected areas.

The fever has been raging for more than a month now in several parts of Uttar Pradesh, especially Faizabad district, which has seen 63 deaths so far this season due to dengue. ***PTI***

Country needs at least 600 medical colleges, 50 AIIMS-like institutions: Gadkari

Pune: The country needs at least 600 medical colleges, 50 AIIMS-like institutions and 200 super-specialty hospitals, Union Minister Nitin Gadkari said on Saturday as he called for the need to replicate the infrastructure development sector's public-private partnership model in the health care and education sectors.

The Road Transport and Highways Minister was speaking at the felicitation of Covid-19 warriors in Karad city of Maharashtra's Satara district.

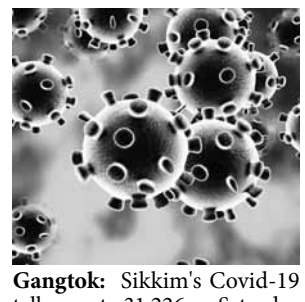
He said the cooperative sector should also come forward to set up medical facilities.

"Once during a discussion with Prime Minister Narendra Modi, I told him about the scarcity of ventilators. He asked me how many ventilators were there in the country, to which I replied there must be around 2.5 lakh. But he told me that there were only 13,000 ventilators when the coronavirus pandemic broke out in the country," Gadkari said.

There was lack of oxygen, beds, and other medical facilities at that time. But doctors, paramedical, nurses helped a lot in those times, he said, adding, "I appreciate their work." Apart from the Government-run hospitals, the contribution of medical facilities set up by the cooperative and private sectors was commendable, the minister said.

"The public-private investment model in the road and infrastructure development sector can be replicated in health care and education sectors. The country needs a minimum of 600 medical colleges, 50 AIIMS-like institutions and 200 super-specialty hospitals. The Government is also thinking of providing help to those social organisations that work in medical and education sectors," Gadkari said. He also stressed the need to have at least one veterinary hospital in every tehsil. ***PTI***

Sikkim logs 28 new Covid cases, 2 fresh fatalities



Gangtok: Sikkim's Covid-19 tally rose to 31,226 on Saturday as 28 more people tested positive for the infection, while two fresh fatalities pushed the Himalayan state's coronavirus death toll to 385, a health bulletin said.

East Sikkim recorded the highest number of new cases at 11, followed by eight each in West Sikkim and South Sikkim, and one in North Sikkim, it said.

Sikkim now has 617 active cases, while 29,911 people have recovered from the disease, and 313 patients have migrated to other states so far.

The recovery rate among the coronavirus patients in the state stood at 96.7 per cent.

The administration has tested over 2.46 lakh samples for COVID-19 to date, including 657 in the last 24 hours, it said, adding that the positivity rate stood at 4.2 per cent. PTI

Man held for raping daughter in Nagpur

Nagpur: A 40-year-old man has been arrested in Nagpur for allegedly raping his minor daughter and having unnatural sex with his seven-year-old nephew, police said on Saturday.

The man was held on the complaint of the eight-year-old girl who told police he had been raping her for the past two weeks, an official said.

"On Friday afternoon, the accused was alone with the two children as his parents and brother were away at work. When the accused's mother returned home, she caught him raping his daughter, after which the elderly woman approached Hudkeshwar police," he said.

HR College youth wing students clean plastic waste during the beach clean up drive at Chowpaty in Mumbai on Saturday PTI

Rajnath calls for united fight against terrorism

PNS ■ NEW DELHI

Cautioning against terrorism and citing the precedence of violent radical forces trying to gain legitimacy, Defence Minister Rajnath Singh on Saturday said the need of the hour for responsible nations is to jointly fight the scourge of terrorism.

In this backdrop, Singh called for proactive synergy among the Armed forces in future military strategies and responses to safeguard the interests of the nation.

The defence minister said the bold approach of the Government on issues like border disputes and cross-border terrorism has made India stronger in the recent past and it has now assumed a greater global role and responsibility.

Making these observations in his address at the National Defence College(NDC) here, Rajnath said the world is witness the destabilising effects of terror and the especially dangerous precedence of violent radical forces attempting to gain legitimacy by creating new normal.

He said, now there is widespread realisation amongst responsible nations to come together against the menace of terrorism.

Sharing his views on the situation in Afghanistan, Rajnath said the developments have highlighted the reality of our times. "The only certainty about evolving geopolitics is its uncertainty. Changes in state boundaries may not be as frequent today. However, the fast-transforming structure of states and the influence that external powers can have on it is clearly evident," he said.

The minister emphasised on the need to draw lessons from the situation in Afghanistan, far beyond the immediate reverberations being felt in the region and beyond.

"When these events are viewed, it is tempting to believe that terrorism, fear, medieval thoughts and actions, discrimination drawn on the basis of gender, practices that are seeped in inequality and dogmatic thought, can sweep aside the wishes of the people, plural ideas and inclusive structures.

Nothing can be farther from reality. And human history is a great teacher in this regard. Injustice, however powerful, cannot and will not defeat the collective power of the goodness that is inherent to human existence. This sentiment is evident from an increasing number of world capitals which have lent their voice in favour of liberalism, inclusivity and respect for international norms of governance and behaviour," said Rajnath.

He reiterated that India is a peace-loving nation, but will give a befitting reply to anyone who threatens its integrity and sovereignty. "Threats to internal and external security will no longer be tolerated. Our actions in Balakot and Galwan are clear signals to all aggressors," he said.

The NDC is the highest seat of strategic learning of the country. The prestigious and much sought-after international course at this college provides a trans-disciplinary and comprehensive approach to all aspects of national security and strategy.

Each course comprises of experienced one star rank and equivalent officers from the Armed Forces, Civil Services and also officers from friendly foreign countries. The one-year course enables the officers to qualify for an M Phil degree in Defence and Strategic Studies from the University of Madras.

HM to hold meet with CMs of 10 naxal-hit States

PNS ■ NEW DELHI

Union Home Minister Amit Shah will review the security situation in Naxal affected areas with Chief Ministers of 10 States on Sunday. Those who have been invited for the day-long physical meeting are the chief ministers of Chhattisgarh, Maharashtra, Jharkhand, Odisha, Bihar, West Bengal, Telangana, Andhra Pradesh, Madhya Pradesh and Kerala.

Majority of the Chief Ministers are attending the review meeting while some States are represented by their Home Ministers, said MHA officials.

The Union Home Minister will review with the CMs the security situation and ongoing operations against the Maoists in the 10 Naxal-hit States.

Another agenda of the meeting is a review of the development works like construction of roads, bridges, schools and health centres being carried out in the Naxal-affected areas.

The top officials from Union Transport and Highways Ministry and Telecom Ministry will also appraise on the development works in these areas. According to the Union Home Ministry data, Maoist violence has reduced considerably in the country and the menace is prevalent now in just about 45 districts.

However, a total of 90 districts in the country are considered Maoist-affected and are covered under the Security Related Expenditure Scheme of the ministry. Naxal violence, also called Left Wing Extremism (LWE), was reported in 61 districts in 2019 and only about 45 districts in 2020.

About 380 security personnel, 1,000 civilians and 900 Naxals have been killed in different instances of violence in LWE-affected areas from 2015 till 2020.

A total of about 4,200 Naxals have also surrendered during the same period, according to the data.

Govt committed to strengthening cooperative system: Shah

PNS ■ NEW DELHI

Days after creating the Union Ministry of Cooperation, its Minister Amit Shah on Saturday said the Centre will soon come out with a new cooperative policy and work in tandem with States to strengthen the cooperative movement to ensure that they play a crucial role in making India a USD 5 trillion economy.

Addressing the 'National Cooperative Conference', Shah said, "This is the 75th year of India's independence, therefore, as a part of the Amrut Mahotsava, we will begin drafting the new cooperative policy."

The existing National Policy on Cooperatives was introduced by the then NDA Government in March 2002.

The National Cooperative Conference is the biggest event since the formation of the Ministry of Cooperation on July 6 2021. It was organised by various cooperative organisations, including the Indian Farmers Fertiliser Cooperative Limited (IFFCO), National Cooperative Federation of India, Amul, Sahakar Bharti, NAFED and KRIBHCO.

Sharing plans of his Ministry, Shah also announced that the Centre will soon amend the Multi-State Co-operative Societies Act, 2002 to facilitate the functioning of the multi-state cooperative societies.

Observing that 63,000 Primary Agricultural Credit Societies (PACS) are not sufficient to cater the needs of six lakh villages, Shah said, "We will set a target to establish a PACS in every second village in the coming five years. To increase the number of PACS from 65,000 to 3 lakh, the Ministry of Cooperation will prepare a proper legal framework that will be advisory in nature. We will send it to the State Governments. States can make changes in their laws."

Shah also sought to dispel apprehensions about the creation of the Ministry of Cooperation.

He said, "Many people say that this is a state subject. I don't want to get into the Centre-state fight, a legal answer can be given easily. I only want to say that the Ministry of Cooperation, formed under the leadership of Modi ji, is not to fight with anyone but to cooperate with all the states.

"Therefore, there is no need to think whether it is a state subject or a central subject. We can help everyone; we will also help the states. we will take everyone along and will take the movement forward," he said. Shah, who is also the Union Home Minister, also announced that the number of primary agriculture cooperative societies (PACs) will be increased to 3 lakh in the next five years. Shah said that today there is a need to set up a National Cooperative University.

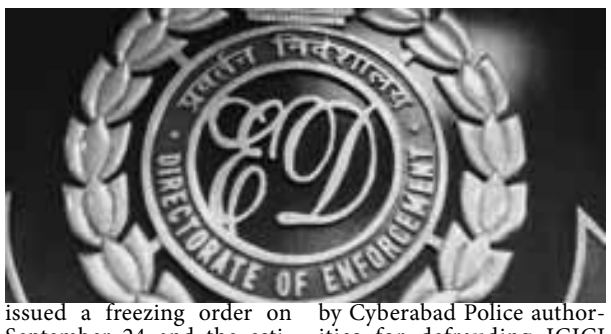
Shah also sought to dispel apprehensions about the creation of the Ministry of Cooperation

He also said that cooperatives make an important contribution to the country's development and the cooperative movement has to be taken forward by imbibing the spirit of cooperation in work

The path of development of crores of farmers, the deprived, the Backward, Dalits, the poor, the neglected and women can only take place through cooperation, said the Minister.

ED freezes ₹700 crore shares of KSBL

PNS ■ NEW DELHI



The Enforcement Directorate (ED) on Saturday said it has frozen shares worth ₹700 crore of Karvy Stock Broking Limited (KSBL) CMD C Parthasarathy and others as part of a money laundering investigation against the firm and its promoters.

Parthasarathy is currently lodged in the Chanchalguda jail of Hyderabad after being arrested by the Telangana Police last month.

On September 22, the ED had conducted searches at six locations in Hyderabad and on various premises of Karvy group of companies, connected entities and the residential premises of C Parthasarathy, the agency said in a statement.

"Several incriminating evidences in the form of property documents, personal diaries, electronic devices, email dumps, etc have been seized and are being analysed," it said.

"It is reliably learnt that C Parthasarathy is trying to off-load his shares in the group companies through private deals and thus, in order to preserve the proceeds of crime till further investigation, ED has issued a freezing order on September 24 and the estimated value of these shares has been arrived at ₹700 crore as per the valuation for the year 2019-20," it said.

These shares of the Karvy group are being held "directly and indirectly" by CMD Comandur Parthasarathy, his sons Rajat Parthasarathy and Adhiraj Parthasarathy, and their entities.

The ED case, filed under the Prevention of Money Laundering Act (PMLA), is based on a Telangana Police FIR alleging KSBL had "illegally pledged the securities of its clients and taken a loan of Rs 329 crore and diverted the same."

"Another FIR has been registered by central crime station of Hyderabad Police for defrauding IndusInd Bank to the tune of ₹137 crore and one more FIR has been registered by Cyberabad Police authorities for defrauding ICICI Bank to the tune of ₹562.5 crore," it said.

The ED has clubbed all these FIRs as part of its probe and has also recorded the statement of C Parthasarathy in jail.

KSBL under the leadership of C Parthasarathy had committed "gross irregularities" and all the illegally taken loans have become NPA, the agency said.

The total loan proceeds taken from multiple banks using the same modus operandi is around ₹2,873 crore, it said, adding that the NSE and SEBI are also investigating the affairs of KSBL.

Prima facie, the ED said, a net amount of ₹1,096 crore was transferred by KSBL to its group company—Karvy Realty (India) Ltd— between April 1, 2016 and October 19, 2019, it added.

Cong extends support to 'Bharat Bandh' call by farmers' unions

PNS ■ NEW DELHI

The Congress on Saturday extended support to the "Bharat Bandh" call given by farmer unions against the Centre's three agri laws and demanded that discussions be initiated with the protesters.

Congress spokesperson Gourav Vallabh said the Congress and all its workers will support the "peaceful Bharat Bandh on September 27, called by farmer unions and farmers".

"We demand that the due process of discussion with the farmers should be initiated because they are sitting on the borders of Delhi for last more than nine months. We demand that these three black laws, which were imposed without any consultation, should be taken back," he said at AICC Press conference.

The Congress leader also demanded that the MSP should be given as a legal right to every farmer "as they do not want only 'jumlas' (rhetoric)" and referred to Prime Minister Narendra Modi's promise to double the farmers' income by 2022.

Extension of limitation period to file cases ends on Oct 2: SC

IANS ■ NEW DELHI

The Supreme Court has ordered the extension granted in connection with the limitation period to file cases in courts, in the backdrop of Covid pandemic situation, to end on October 2, 2021.

A bench headed by Chief Justice N.V. Ramana and comprising justices L. Nageswara Rao and Surya Kant said: "In computing the period of limitation for any suit, appeal, application or proceeding, the period from March 15, 2020 to October 2, 2021, shall stand excluded. Consequently, the balance period of limitation remaining as on March 15, 2021, if any, shall become available with effect from October 3, 2021".

The bench added that in cases where the limitation would have expired during the period from March 15, 2020 to October 2, 2021, notwithstanding the actual balance period of limitation remaining, all persons shall have a limitation period of 90 days from October 3, 2021. It further added that in the event the actual balance period of limitation remaining, with effect from October 3, 2021, is greater than 90 days, that longer period shall apply.

BJP president JP Nadda and other party leaders offer tribute to Pandit Deendayal Upadhyay on his birth anniversary Agency

IMD warns of low-pressure systems in Bay of Bengal

PNS ■ NEW DELHI

After what has been an unusually active period of activity in the Bay of Bengal—which saw the formation of as many as six low-pressure systems since the end of August 2021 — the India Meteorological Department (IMD) on Saturday warned that a low-pressure system in the Bay of Bengal, which intensified as a deep depression, will turn into Cyclone Gulab (named by Pakistan) by Sunday evening.

This will be the third cyclone of 2021 after Tauktae and Yaas that had formed in May this year. Odisha, West Bengal and coastal Andhra Pradesh have been put on high alert. The intensification of this system into a cyclonic storm is a highly unusual phenomenon, considering the temperature across the Bay of Bengal remains too low between the monsoon months of June to September to support cyclone formation.

Under the influence of Gulab and its remnant systems, In the wake of the approaching storm, the IMD has forecast light to moderate intensity (2.4mm to 644mm in 24-hours) over West Bengal, Odisha and coastal Andhra Pradesh on Saturday. On Sunday, the Met Office has warned of very heavy to extremely heavy rain (115.6mm to over 204.4mm in 24-hours) over south Odisha, north coastal Andhra Pradesh.Heavy rain is likely over Telangana, north interior Odisha, and Chhattisgarh. Due to rough sea conditions and intense winds, fishermen have been advised against venturing into the sea till Monday.

The National Crisis Management Committee (NCMC) headed by Cabinet Secretary Rajiv Gauba reviewed the preparedness to deal with a cyclonic storm developing in the Bay of Bengal and directed authorities to take all necessary measures. It is likely to affect districts of Srikakulam, Vizianagaram and Vishakhapatnam in Andhra Pradesh, and Ganjam and Gajapati in Odisha.

Gauba stressed that all preventive and precautionary measures should be taken by the concerned authorities of the State Governments and concerned agencies of the Centre, before the cyclonic storm makes landfall, as the aim should be to keep loss of lives to near zero and minimize damage to property and infrastructure.

The Cabinet Secretary assured the State Governments that all Central agencies are ready and will be available for assistance. The chief secretaries of Odisha and Andhra Pradesh apprised the NCMC of the preparatory measures being undertaken to protect the population in the expected path of the cyclonic storm as also measures being taken to ensure that there is minimal damage to infrastructure such as telecom and power in the aftermath of the storm.

The National Disaster Response Force (NDRF) director general S N Pradhan tweeted that the teams — 13 in Odisha and five in Andhra Pradesh — will be in place by Saturday night. The NDRF teams in Odisha will be deployed in Balasore, Ganjam, Gajapati, Rayagada, Koraput, Nayagarh and Malkangiri districts. In Andhra Pradesh, the teams will be deployed in Vishakhapatnam, Srikakulam, Yanam and Vizianagaram. An NDRF team usually has a strength of 47 personnel who are equipped with tree and pole cutters, communication gadgets, inflatable boats and basic medical aid to rescue affected people and to launch relief operations.

So far, two storms have formed in the season, first one being Cyclone Taute which had formed in the Arabian Sea, between May 14 and 19, making a landfall at Diu. The other one was Cyclone Yaas that formed in the Bay of Bengal, around May 23 and 28, which had crossed the Odisha coast.

Like most recent storms that have crossed Indian coasts, this system, too, is rapidly intensifying. In less than 48 hours, it intensified from a low pressure (wind speed less than 34kms/hr) to a deep depression (wind speed 51 to 61kms/hr).

Children less severely impacted by Covid, recover fast, says WHO scientist

PNS ■ NEW DELHI

World Health Organisation (WHO) chief scientist Soumya Swaminathan on Saturday said children have been less severely impacted by the Covid-19 pandemic and their chances of recovery are very good, even as she asserted that the Coronavirus is going to become the next respiratory virus.

She, however, said SARS-CoV2 virus may not disappear, but it is not going to cause the kind of impact and panic it caused over the last two years.

Participating in a virtual session on 'Priorities after Pandemic; What Young India wants?'- Indian Student Parliament, Swaminathan said the reason why people talk about children being susceptible is because vaccination programmes today in most countries are targeting people above the age of 18 and elderly as they are the most vulnerable.

"When you do that, you are left with younger, and younger people who are unvaccinated. And, therefore, when you have the virus circulating in the community, those people are basically the susceptible population," she said in response to a question.

In many countries, it is seen that by vaccinating older people, the infection pattern shifts to younger people. "I want to assure you that children on the whole have been less severely impacted by this pandemic. Not that they don't get infected. Yes, they do get infected as adults but they don't get severely ill. Clearly, it is an age-related correlation with the severity," she said.

"Even if they get infected, the chances are that they recover very well," the WHO chief scientist said. Swaminathan added that many countries have third, fourth and fifth waves and hoped that India will not have a third wave.

Min bats for mandatory screening of infants for various ailments

PNS ■ NEW DELHI

Concerned at the health status of nine crore Indians who are suffering from various hearing disabilities, Union Minister of State for Health Dr Bharati Pravin Pawar has batted for mandatory screening of infants for various ailments and disabilities.

"While we are celebrating 'Azadi ka Amrut Mahotsav', we should visit our villages and see if we can help children in screening them for various ailments," she said, adding that early diagnosis and prevention of disability have huge benefits and prevention is better than cure.

Addressing the International Week of Deaf People 2021 at the Central Health Education Bureau recently, Pawar noted that India has proved to the world that it is a country which can produce its own medicine and can administer 1-2 crore vaccines on a daily basis.

The Directorate General of Health Services under the Union Health Ministry is commemorating the International Week of the Deaf People (IWDP) 2021 with the theme of "Celebrating Thriving Deaf Communities" through various activities including the involvement of stakeholders.

Underlining the need to revive the old fashion of infant care, Pawar suggested preparing a pocket-book with QR codes having information about early screening and diagnosis of children as well as various help lines.

"This pocket book can be shared with ASHAs, Aanganwadi workers, and other hospital staff. She also emphasised on the need to create awareness about various government schemes like Ayushman Bharat so that people can get maximum benefits," she said.

The International Week of the Deaf People (IWDP) is celebrated annually by the global Deaf Community during the last full week of September.

GLOBE TROTTING

8 DEAD IN SOMALIA AS AL-SHABAB CLAIMS BLAST

Mogadishu: A vehicle laden with explosives rammed into cars and trucks at a checkpoint leading to the entrance of the Presidential Palace in Somalia, killing at least eight people, police said on Saturday. The checkpoint is the one used by Somalia's president and Prime Minister on their way to and from the airport in Somalia's capital, Mogadishu.

US TO CELEBRATE OCT AS HINDU HERITAGE MONTH

Houston: Several US states, including Texas, Florida, New Jersey, Ohio and Massachusetts, have proclaimed October as the Hindu Heritage Month, noting that Hinduism has "contributed greatly" to America through its unique history and heritage.

ICELANDERS VOTE IN VOLATILE ELECTION

Reykjavik (Iceland): Icelanders were voting Saturday in a general election dominated by climate change, with an unprecedented number of political parties likely to win parliamentary seats. Polls suggest there won't be an outright winner, triggering complex negotiations.

EU WARNS RUSSIA OVER CYBERATTACKS

Brussels: The European Union on Friday warned Russia against allowing hackers to attack data bases or spread disinformation in some of the 27 member countries just as Germans were preparing to go the polls for weekend parliamentary elections.

Under Taliban, thriving Afghan music scene heads to silence

AP ■ KABUL

A month after the Taliban seized power in Afghanistan, the music is going quiet. The last time the militant group ruled the country, in the late 1990s, it outright banned music.

So far this time, the government set up by the Taliban hasn't taken that step officially. But already, musicians are afraid a ban will come, and some Taliban fighters on the ground have started enforcing rules on their own, harassing musicians and music venues.

Many wedding halls are limiting music at their gatherings. Musicians are afraid to perform. At least one reported that Taliban fighters at one of the many checkpoints around the capital smashed his instrument. Drivers silence their radios whenever they see a Taliban checkpoint.

In the alleys of Kharabat, a neighbourhood in Kabul's Old City, families where music is a profession passed through generations are looking for ways to leave the country.

The profession was already hit hard by Afghanistan's foundering economy, along with the coronavirus pandemic, and some families now too fearful to work are selling off furniture to get by.

"The current situation is oppressive," said Muzafar Bakhsh, a 21-year-old who played in a wedding band. His family had just sold off part of its belongings at Kabul's new flea market, Chaman-e-Hozari.

"We keep selling them … so we don't die of starvation," said Bakhsh, whose late grandfather was Ustad Rahim Bakhsh, a famous ustad — or maestro — of Afghan classical music.

Afghanistan has a strong musical tradition, influenced by Iranian and Indian classical music. It also has a thriving pop music scene, adding electronic instruments and dance beats to more traditional rhythms.

Both have flourished in the past 20 years.

Asked whether the Taliban government will ban music again, spokesman Bilal Karimi told *The Associated Press*, "Right now, it is under review and when a final decision is made, the Islamic Emirate will announce it."

But music venues are already feeling the pressure since the Taliban swept into Kabul on August 15.

Wedding halls are usually scene to large gatherings with music and dancing, most often segregated between men's and women's sections.

At three halls visited by the AP, staff said the same thing. Taliban fighters often show up, and although so far they haven't objected to music, their presence is intimidating.

Musicians refuse to show up. In the male sections of weddings, the halls no longer have live music or DJs. In the women's section — where the Taliban fighters have less access — female DJs sometimes still play.

Some karaoke parlors have closed. Others still open face harassment. One parlour visited by the AP stopped karaoke but stayed open, serving waterpipes and playing recorded music.

Last week, Taliban fighters showed up, broke an accordion and tore down signs and stickers referring to music or karaoke. A few days later, they returned and told the customers to leave immediately.

Many musicians are applying for visas abroad.

In the family home of another ustad in Kharabat, everyone's go-bag is packed, ready to leave when they can. In one room, a group of musicians was gathered on a recent day, drinking tea and discussing the situation.

Roadside bomb hits Taliban car

At least one person injured

AP ■ KABUL

A Taliban official says a roadside bomb has hit a Taliban car in the capital of eastern Nangarhar province wounding at least one person.

No one immediately claimed responsibility for the bombing Saturday. The Islamic State group affiliate, which is headquartered in eastern Afghanistan, has said it was behind similar attacks in Jalalabad last week that killed 12 people.

Taliban spokesperson Mohammad Hanif said the person wounded in the attack is a municipal worker.

An official at Nangarhar provincial hospital said the bomb killed a Taliban militant and wounded seven others, including four civilians. He spoke on condition of anonymity as he was not allowed to speak to media.

The Taliban have battled with IS since its emergence in Afghanistan in 2014. The burgeoning IS affiliate has claimed responsibility for most recent attacks, including the horrific bombing outside the Kabul airport that killed 13 US service personnel and 169 Afghans during last month's chaotic evacuations.

Minister: Iran will return to nuclear talks 'very soon'

In this photo provided by the United Nations, United Nations General Assembly President Abdulla Shahid of Maldives, right, meets with Iran's Foreign Minister Hossein Amir Abdollahian, during 76th session of the United Nations General Assembly, Thursday at UN headquarters AP

AP ■ UNITED NATIONS

Iran's new Foreign Minister said on Friday the country will return to nuclear negotiations "very soon," but accused the Biden administration of sending contradictory messages — saying it wants to rejoin the 2015 nuclear deal while slapping new sanctions on Tehran and not taking "an iota of positive action."

Hossain Amir Abdollah said the Government, which took power last month, believes that President Joe Biden "keeps carrying close to his heart the thick file of the Trump sanctions against Iran, even while seemingly pursuing negotiations."

Former President Donald Trump routinely denounced the nuclear accord as the "worst deal ever negotiated" and withdrew from the agreement in 2018 after an ill-fated attempt to bring the other parties — Britain, France, Russia, China, Germany and Iran — on board with additional restrictions. After withdrawing, Trump embarked on what he called a "maximum pressure campaign" against Iran, re-imposing all the US sanctions that had been eased under the deal and adding penalties.

In a media briefing on Iran's new foreign policy, Amir Abdollah was very skeptical about the Biden administration's real intentions, stressing that actions are more important than "empty but beautiful words," and so is "the comportment" and "behavior" of the United States toward Iran.

Iran's top diplomat sharply criticised additional sanctions imposed by the Biden administration, as well as its refusal to give a green light for Iran to access millions of dollars of its money frozen in South Korea and Japanese banks to buy Covid-19 vaccines and medicine, and suddenly asking Britain to stop payment of 42-year-old debts.

While "standing up new sanctions against Iran," he said, the United States can't keep speaking of returning to the nuclear deal, even holding bilateral talks with Iran, and criticizing Trump policies. This includes telling Iran — through diplomatic channels — that Biden wouldn't have ordered the US airstrike that Trump did in January 2020 which killed Iran's top general, Qassem Soleimani.

Recalling that Iranians have a long, rich history and ancient civilization behind them, Amir Abdollah said "the United States of America must speak with a civilised tone and tongue with the people of Iran, not the language of threats, of pressure and sanctions." The past 42 years, since the Iranian revolution, have "made clear the language of threats will not work against the great people of Iran."

Biden and his team have made a US return to the deal one of their top foreign policy priorities. The deal was one of President Barack Obama's signature achievements, one that aides now serving in the Biden administration had helped negotiate and that Trump tried to dismantle.

Haiti's leader: Migration won't end unless inequality does

AP ■ UNITED NATIONS

Amid an outcry over the US treatment of Haitian asylum-seekers, the beleaguered island country's embattled Prime Minister pointedly said that inequalities and conflict drive migration, but he stopped short of directly criticising Washington over the issue.

"We do not wish to challenge the right of a sovereign state to control the entry borders into its territory, or to send back to the country of origin those who enter a country illegally," Prime Minister Ariel Henry said in a video speech to the UN General Assembly's annual meeting of world leaders.

But "human beings, fathers and mothers who have children, are always going to flee poverty and conflict," he added. "Migration will continue as long as the planet has both wealthy areas, whilst most of the world's population lives in poverty, even extreme poverty, without any prospects of a better life."

Moreover, "we believe that many countries which are prosperous today have been built through successive waves of migrants and refugees," he added.

Ariel spoke as his country reels from its president's assassination, an earthquake and the migration crisis — all in the last three months. And Ariel's government is facing increasing turmoil with presidential and legislative elections set for November. 7.

Ariel came under scrutiny by Haiti's now-former chief prosecutor, who asked a judge this month to charge the Prime Minister in President President Jovenel Moïse's July 7 assassination. The prosecutor said Henry spoke to a key suspect twice in the hours after the killing.

Henry — who says he is striving to bring the culprits to justice, fired the prosecutor and the justice minister last week. Another top official resigned, accusing the Prime Minister of trying to obstruct justice.

Bodies of 9 suspected migrants found in Panama

AP ■ PANAMA CITY

Nine bodies of suspected migrants have been found near a remote community in the Panamanian jungle close to the border with Colombia, local prosecutors said on Friday.

The bodies, including one child, were found near the Tuqueza and Canaán Membrillo rivers in the Emberá Wounaán indigenous region, according to the Darien province prosecutor's office.

Chief prosecutor Julio Vergara said he believes they may be immigrants because a Haitian woman told authorities that on the Tuqueza river heavy rains had produced high waters that had swept away about nine people, who had remained missing. The recovered bodies did not have identification documents, the office said in a statement. It added that so far this year, the bodies of 41 migrants had been found along rivers in the jungle spanning the dangerous Darien Gap that connects Colombia and Panama.

Huawei executive returns as China releases 2 Canadians

Shenzhen: An executive of Chinese global communications giant Huawei Technologies returned from Canada on Saturday night following a legal settlement that also saw the release of two Canadians held by China, potentially bringing closure to a nearly 3-year-long feud embroiling Ottawa, Beijing and Washington.

Meng Wanzhou, Huawei's chief financial officer and the daughter of the company's founder, arrived on Saturday evening aboard a chartered jet provided by flag carrier Air China in the southern technology hub of Shenzhen.

Her return, met with a flag-waving group of airline employees, was carried live on state TV, underscoring the degree to which Beijing has linked her case with Chinese nationalism and its rise as a global economic and political power. Wearing a red dress matching the color of China's flag, Meng thanked the ruling Communist Party and its leader Xi Jinping for supporting her through more than 1,000 days in house arrest in Vancouver, where she owns two multimillion dollar mansions. *AP*

Under China pressure, Taiwan Opposition choses new leader

AP ■ TAIPEI, TAIWAN

Taiwan's main Opposition Nationalist Party chose former leader Eric Chu as its new chairperson on Saturday in an election overshadowed by increasing pressure from neighbor China.

Four candidates, including incumbent chair Johnny Chiang, had competed for the leadership of the party that has advocated closer relations with Beijing. That means agreeing to Beijing's demand that it regard Taiwan as a part of China, something Taiwan's ruling Democratic Progressive Party has refused to do.

China has threatened to use force to bring Taiwan under its control and has increasingly mobilized military, diplomatic and economic pressure in an attempt to undermine the administration of President Tsai Ing-wen and sway opinion among the Taiwanese people, who strongly favor the status quo of de-facto independence.

Mindful of public sentiments, the Nationalists have advocated a less acrimonious relationship with China, rather than direct moves toward unification between the sides, which are bound by close economic, linguistic and cultural ties.

Chu ran and lost in a landslide against Tsai in 2016, prior to which he had served as party chair and head of the region just outside the capital Taipei.

He may emerge as the party's candidate in the next presidential election in 2024, although that selection process has yet to begin. Tsai is constitutionally barred from running for a third term.

Under Chiang Kai-shek, the Nationalists rose to power in China during the 1920s and led the struggle against Japanese invaders until the end of World War II. Chiang relocated the government, still officially known as the Republic of China, to Taiwan in 1949 as Mao Zedong's Communists swept to power on mainland China.

OFFICE OF THE PROJECT MANAGER, CONSTRUCTION UNIT,
UTTARAKHAND PEYJAL NIGAM
COLLECTORATE COMPOUND, RUDRAPUR, DISTT. UDHAM SINGH NAGAR

Ref no. 1296/Nivida/184 — E-Tender Notice — Date: 25.09.2021

1. Name of the work:- CONSTRUCTION OF REMAINING WORKS OF GOVT. BAL SAMPREKSHAN GRIH AT RUDRAPUR (UDHAM SINGH NAGAR).
2. Estimated Cost: - Rs. 74.68 Lakh
3. Period of Completion:- 04 Month
4. Date and Time of availability of Bid documents in the portal:- 25.09.2021 (17.00 hrs)
5. Last date/Time of receipt of bids in the portal:- 16.10.2021 (17.00 hrs)
6. Date & Time of Technical bid Opening :- 19.10.2021 (11.00 hrs)
7. Name and Address of the Officer inviting bid: - Er. A.K. Tyagi, Project Manager, Collectorate Compound, Rudrapur (Udham Singh Nagar).
8. Pre-bid meeting details (if required) Date & Place:- 04.10.2021 (11.00 hrs) Rudrapur.
9. For further details, details of subsequent Amendment / correction documentation etc. may be obtained from the e-Procurement portal www.uktenders.gov.in

Project Manager

Biden risks losing support from Democrats amid DC gridlock

AP ■ NEW YORK

President Joe Biden is losing support among critical groups in his political base as some of his core campaign promises falter, raising concerns among Democrats that the voters who put him in office may feel less enthusiastic about returning to the polls in next year's midterm elections.

In just the past week, the push to change the nation's immigration laws and create a path to citizenship for young immigrants brought illegally to the country as children faced a serious setback on Capitol Hill. Bipartisan negotiations to overhaul policing collapsed and searing images of Haitian refugees being mistreated at the U.S.-Mexico border undermined Biden's pledge of humane treatment for those seeking to enter the United States.

Taken together, the developments threaten to disillusion African Americans, Latinos, young people and independents, all of whom played a vital role in building a coalition that gave Democrats control of Congress and the White House last year. That's creating a sense of urgency to broker some type of agreement between the party's progressive and moderate wings to move forward with a $3.5 trillion package that would fundamentally reshape the nation's social programs.

Failure to do so, party strategists warn, could devastate Democrats in the 2022 vote and raise questions about Biden's path to reelection if he decides to seek a second term.

Office of the Superintending Engineer
1st Circle, Public Works Department, Almora
Phone/Fax: 05962-230295 Email: sepwdalm@rediffmail.com

Letter No. : 7449/ Nivida-01/2021 — Dated : 24/09/2021

NATIONAL COMPETITIVE BIDDING (E-Tendering)
Short Term E-TENDER NOTICE

The superintending Engineer, 1st Circle, Public Works Department, Almora invites tender through E-Tendering (Two Bid System) in anticipation of Sanction on behalf of Honourable Governor of Uttarakhand for following works. All other information will be available from dated 05/10/2021 & onwards on website http://www.uktenders.gov.in

Sl. No.	Name of Work	Cost of Tender Form	Earnest Money (Rupee in lakh)	Validity of Tender	Time of Completion	Contractor's Category of Registration for tendering
1	Development of Existing Helipad to Heliport at Falsima - Tatrick Near District Head Quarter Almora Under RCS (Udan-2) Scheme.	5000.00 + 18% GST	4.25 Lakh	120 Days	6 Months	Category "A" & above in Building works

JODHPUR BUS SERVICE LIMITED
Regd Office : Jodhpur Municipal Corporation Building
Inside Polytechnic College, Gaurav Path, JODHPUR - 342001, RAJASTHAN, INDIA E-mail : jbsljodhpur@gmail.com
CIM : U60210RJ2015SGC047304 I PAN : AADCJ4850D

Ref No. JBSL - 2021-22/65 — Date : 15.09.2021

ONLINE NOTICE INVITING BIDS
UBN DLB2122RFP0039

Jodhpur Bus Services Ltd. invites online unconditional bids under Single stage Two Envelope System through e-procurement portal http://eproc.rajasthan.gov.in from eligible/experienced bidders as per criteria mentioned in bid document, for "Request for Proposal (RFP) for Operation, Maintenance and Revenue Collection of City Bus Services in Jodhpur City under JBSL." Bids are to be submitted duly digitally signed in electronic format only on website http:/eproc.rajasthan.gov.in. The bid document is available for downloading on website http:/eproc.rajasthan.gov.in, www.sppp.rajasthan.gov.in and www.nnjnorth.raj.nic.in from 20.009.2021 at 6:00 P.M. and the last date and time of online submission of bid is 20.10.2021 up to 02:00 P.M.

Raj./Samwad/C/6521/2021-22

Director JBSL & Commissioner
Municipal Corporation Jodhpur North

Volcanic ash cloud closes La Palma airport

Madrid: The airport on the Spanish island of La Palma shut down on Saturday because of an ash cloud spewing out of a volcano that has been erupting for a week, and scientists said another volcanic vent opened up, exposing islanders to possible new dangers.

The intensity of the eruption that began Sept. 19 has increased in recent days, prompting the evacuation of three additional villages on the island, part of Spain's Canary Islands archipelago in the Atlantic Ocean off northwest Africa. Almost 7,000 people have been forced to abandon their homes. The recent volcanic eruption is the first since 1971 on La Palma, which has a population of 85,000. *AP*

Office of the Superintending Engineer
2nd Circle, Public Works Department, Nainital-263002
Phone/Fax: 05942-235728/ 232030 Email: sepwdntl@rediffmail.com

Letter No. : 4377/ 41M 2/2020-21 — Dated : 25/09/2021

NATIONAL COMPETITIVE BIDDING (E-Tendering)

Superintending Engineer, 2nd Circle, Public Works Department Nainital on behalf of Governor of Uttarakhand invites item rate e-tender (two bid system). For the following work in the anticipation for sanction of work. For further details please log on to https://www.uktenders.gov.in from 07.10.2021

Sl. No.	Name of Work	Earnest Money (in Lakh Rs)	Cost of Tender	Validity of Tender	Time of Completion	Contractor's Category of Registration
1	2	3	4	5	6	7
1	Construction of Heliport work near Khurpatal in Vikaskhand Bhimtal, District Nainital under RCS (Udaan-2) Scheme. (Civil Work)	8.20	5000.00 + 18% GST	120 Days	8 Month	Category A/A+ for Building work in any state/ Govt. of India/ or Govt. undertaking.

SYMBOLIC POSSESSION NOTICE

ICICI Bank — Branch Office: ICICI Bank Ltd,3rd Floor, Plot No-23, Shal Tower, New Rohtak Road, Karol Bagh, Delhi- 110005

Whereas
The undersigned being the Authorized Officer of ICICI Bank Limited under the Securitisation, Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 and in exercise of the powers conferred under section 13 (12) read with Rule 3 of the Security Interest (Enforcement) rules 2002, issued demand notices upon the borrowers mentioned below, to repay the amount mentioned in the notice within 60 days from the date of receipt of the said notice.
As the borrower failed to repay the amount, notice is hereby given to the borrower and the public in general that the undersigned has taken possession of the property described herein below in exercise of powers conferred on him/ her under Section 13(4) of the said Act read with Rule 8 of the said rules on the below-mentioned dates. The borrower in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of ICICI Bank Limited.

Sr. No.	Name of the Borrower/ Loan Account Number	Description of Property/ Date of Symbolic Possession	Date of Demand Notice/ Amount in Demand Notice (Rs.)	Name of Branch
1.	Mugis Uddin Ahmad/ Shamim Fatima/ LBALI00001535664	Plot Pertaining To Khasra No. 172/1/2, 172/1/3/1 & 174/2/1/1, Dodhpur Mafi, Pargana & Tehsil Koil, Aligarh Uttar Pradesh/ September 21, 2021	June 19, 2021 Rs. 9,45,730/-	Aligarh/ Gurgaon/ Delhi
2.	Mugis Uddin Ahmad/ Fija Khan/ LBALI00002422767 LBALI00003111979	Plot Pertaining To Khasra No. 172/1/2, 172/1/3/1 & 174/2/1/1, Dodhpur Mafi, Pargana & Tehsil Koil, Aligarh Uttar Pradesh/ September 21, 2021	June 19, 2021 Rs. 31,44,476/-	Aligarh/ Gurgaon/ Delhi

The above-mentioned borrowers(s)/ guarantors(s) are hereby given a 30 day notice to repay the amount, else the mortgaged properties will be sold on the expiry of 30 days from the date of publication of this Notice, as per the provisions under the Rules 8 and 9 of Security Interest (Enforcement) Rules 2002.

Date : September 24, 2021
Place: Delhi/NCR

Authorized Officer
ICICI Bank Limited

GST REFUND

Aadhaar authentication mandatory for taxpayers

PTI ■ NEW DELHI

The Government has made Aadhaar authentication of taxpayers mandatory for claiming GST refund.

The Central Board of Indirect Taxes and Customs (CBIC) has amended GST rules bringing in various anti-evasion measures, including disbursal of GST refunds only in the bank account, which is linked with same PAN on which Goods and Services Tax (GST) registration has been obtained.

The notification also states that from January 1, 2022, businesses who have defaulted in filing summary return and paying monthly GST will not be able to file GSTR-1 sales return of the succeeding month.

The notification follows the decisions taken at the meeting of the GST Council in Lucknow on September 17.

AMRG & Associates Senior Partner Rajat Mohan said, "To arrest tax evasion, the government has made Aadhaar authentication for proprietor, partner, karta, Managing Director, whole time Director, and authorised signatory compulsory before filing an application for revocation of cancellation registration and refund application."

EY Tax Partner Abhishek Jain said with the objective of preventing revenue leakage, the government has made Aadhaar authentication mandatory for a taxpayer to be able to claim refunds.

"The move will help in reducing cases of fraudulent refunds as only the verified taxpayers will obtain the refunds now," Jain added.

With regard to taxpayers not bring able to file their GSTR- 1 if they have not filed their GSTR-3B of the previous month,Jain said this is a well thought restriction and a necessary control check

to eliminate the cases where taxpayers although report their supply

invoices in GSTR-1 (due to constant follow ups from recipients' side) but they do not submit their corresponding GSTR-3B return through which tax is actually paid to the government.

"Compliant taxpayers would appreciate this move as till now their input tax credit was also at risk in case vendors do not file their GSTR-3B even though such invoice is appearing in GSTR-2A," Jain added.

Currently, the law restricts filing of return for outward supplies or GSTR-1 in case a business fails to file GSTR-3B of preceding two months.

While businesses file GSTR-1 of a particular month by the 11th day of the subsequent month, GSTR-3B, through which businesses pay taxes, is filed in a staggered manner between 20th-24th day of the succeeding month.

CBIC extends re-export timeline for imported containers by 3 months

PTI ■ NEW DELHI

To address the problem of shortage of containers for exports, the tax department has decided to give three more months for the re-export of imported vessels lying at domestic ports, according to an official circular.

Currently, duty-free imports of containers are allowed with the condition of re-export in the next six months.

However, keeping containers beyond six months is considered as deemed import and thus import duty is levied, a policy aimed at ensuring faster turnaround of containers.

To avoid such import duties, shipping lines export empty containers to evade duty payment on containers which are lying empty. However, such practices are aggravating the problem of shortage of containers for exports.

The Central Board of Indirect Taxes and Customs (CBIC) on Saturday asked its field officers to give three months more time for the re-export of imported containers lying at domestic ports.

Govt to focus on digitisation of 98,000 agri cooperatives for digital lending

PTI ■ NEW DELHI

The Government will focus on digitisation and modernisation of about 98,000 primary agriculture cooperatives (PACs) to ensure digital lending, said Devendra Kumar Singh, Secretary, Ministry of Cooperation, on Saturday.

He was speaking at the first 'Sehkarita Sammelan' or National Cooperative Conference here. In the Union Budget 2021, the government had announced setting up of Ministry of Cooperation. Union Home Minister Amit Shah has been given the additional charge of the ministry.

Kumar said the government will also take steps to popularise the cooperative movement and quality products manufactured by cooperatives in the international market.

The priority will be on "ease of doing business" in cooperatives, the secretary said and added the cooperative manpower will be trained to bring professionalism.

He applauded the contribution of cooperative bodies like IFFCO, KRIBHCO, Amul in strengthening the cooperative movement and achieving milestones.

The conference at the Indira Gandhi Indoor Stadium is being organised by cooperative bodies like, IFFCO, National Cooperative Federation of India, Amul, Sahakar Bharti, NAFED, and KRIBHCO.

Tourism sector heading for a comeback riding on large-scale vaccinations, new norms: Industry body

PTI ■ NEW DELHI

With the help of large-scale vaccination programmes and new norms rolling out, the tourism sector is inching its way back to recovery, and restart of tourism will help kick-start recovery and growth, the Confederation of Hospitality, Technology and Tourism Industry said on Saturday.

It is also essential that the benefits this will bring are enjoyed widely and fairly, the industry body said in a statement. "The travel sector, especially domestic travel, appears to be heading for a comeback. Indian travellers are looking for quick getaways through road trips, weekend breaks and staycations that offer local stay experiences," Airbnb India, Southeast Asia, Hong Kong and Taiwan General Manager, Amanpreet Bajaj said.

Travellers are also becoming increasingly aware of sustainable travel and are making environment-friendly choices when travelling, he added.

"The pandemic has helped promote environmental awareness amongst travellers and today, it's encouraging to see people actively seeking sustainable travel choices," MakeMyTrip Co-Founder & Group CEO Rajesh Magow said.

In a similar vein, EaseMyTrip CEO and Co-Founder Nishant Pitti said, "We have noticed that Indian travellers have started making more sustainable travel decisions as the pandemic has made everyone think about the kind of impact they are creating while travelling."

They are now more aware of their choices as they reevaluate their plans keeping sustainability in mind, he added.

Centre to soon announce new cooperative policy: Amit Shah

PTI ■ NEW DELHI

Union Home Minister Amit Shah attends the 'National Cooperative Conference' at Indira Gandhi Indoor Stadium in New Delhi on Saturday PTI

Asserting that cooperatives will also play a crucial role in making India a USD 5 trillion economy, Union Cooperation Minister Amit Shah on Saturday said the Centre will soon come out with a new cooperative policy and work in tandem with states to strengthen the cooperative movement.

Shah, who is also the Union Home Minister, also announced that the number of primary agriculture cooperative societies (PACs) will be increased to 3 lakh in the next five years.

At present, there are about active 65,000 PACs.

Further, the Government is working on setting up cooperative common service centres, national database besides a national cooperative university, he added.

Shah was speaking at the first Sehkarita Sammelan or National Cooperative Conference. The Ministry of Cooperation was formed in July this year.

Addressing the gathering comprising over 2,100 representatives of different cooperatives and nearly 6 crore online participants, Shah said some people wonder why the Centre created this new ministry as the cooperative is a state subject.

Shah said there could be a legal response to it, but he does not want to "get into this argument" to make it centre versus states.

Import duty norm relaxed to improve containers availability

IANS ■ NEW DELHI

The Centre has relaxed import duty norm on empty export cargo containers to improve their availability.

At present, keeping containers beyond a period of six months attracts an import duty.

The policy was designed to discourage long dwell time of containers and to promote faster turnaround.

However, an official communique, cited that the policy has been reported to "sometimes create perverse incentive among shipping lines to export empty containers to evade duty payment on containers which are lying empty".

As per the communique, the problem was brought out in stakeholder consultations held by the Ministry of Commerce and Industry.

"Working on one of the action tracks identified by the government to ease the problem, the CBIC has issued a guidance to field offices to extend this period by three months where the container is being taken out of the country in laden condition provided the 6 month period falls before the end of FY22." "Extension is to be sought by the concerned importer." Accordingly, the move is expected to reduce the export of empty containers from the country on ground of imposition of import duty, thus, "increasing the availability of containers for the trade".

Semiconductor shortage to further impact PV sales in Sep

IANS ■ NEW DELHI

Semiconductor supply shortage is expected to further impact passenger vehicles (PVs) sale volumes in September.

Lately, a global supply chain shortage of semiconductors have badly impacted automobile production.

The electronic component is used in variety of functions which play a critical part in the production of internal combustion engines.

Besides, they are an integral part of all kinds of sensors and controls in any vehicle.

At present, these shortages have forced several OEMs to slow down production, thus, further extending the waiting periods of popular, feature-rich and high-end models.

According to India Ratings and Research (Ind-Ra) report, the semiconductor shortage will further impact PV volumes in September.

Furthermore, it said that '2W' volumes may remain tepid in September, although sequential recovery is expected to continue in 2HFY22, aided by demand coming from the reopening of educational institutes and offices.

Reliance Infra to raise ₹750 crore

PTI ■ NEW DELHI

Reliance Infrastructure on Saturday said its board has approved raising up to ₹750 crore by issuing foreign currency convertible bonds (FCCBs) on a private placement basis.

Reliance Infrastructure in a BSE filing also said that Sandeep Khosla has been appointed as Chief Financial Officer (CFO) of the company.

"We hereby inform you that the Board of Directors of the Company has authorised the issue of up to USD 100,000,000 unsecured foreign currency convertible bonds maturing in 2031 (FCCBs) with a coupon rate of 4.5 per cent on private placement basis.

"The FCCBs shall be convertible into equity shares of ₹10.00 each of the Company in accordance with the terms of the FCCBs, at a price of ₹111 (including a premium of ₹101) per equity share," it said.

The company will issue bonds within 30 days from the Issue closing date and the decision was taken by the board in a meeting on Saturday.

₹300cr undisclosed income detected by I-T at financing syndicates

IANS ■ CHENNAI

The Income Tax (IT) Department has detected ₹300 crore of undisclosed income and seized ₹9 crore unaccounted cash during it search and seizure operation on two private syndicate financing groups here.

The IT officials carried out their search and seizure operation at 35 premises on 23.9.2021.

According to IT Department, the searches, so far, have resulted in the detection of undisclosed income of more than ₹300 crore. Unaccounted cash of ₹9 crore has been seized so far.

The evidence found in the premises of the financiers and their associates revealed that these groups have lent to various big corporate houses and businesses in Tamil Nadu, a substantial portion of which is in cash, the IT Department said on Saturday.

During the search, it was detected that they are charging high rate of interest, a part of which is not offered to tax.

Seaweed farming will help boost economy, reduce climate impact

IANS ■ KOCHI

The Central Government is looking forward to developing a sustainable economy through highly prospective seaweed cultivation, said a top Central Government official, on Saturday.

Fisheries Union Secretary Jatindra Nath Swain said that at a time when climate change is increasingly posing a major threat to human life across the globe, cultivating seaweed, which is one of the natural methods to mitigate the global crisis, would help boost the economy and reduce the impact of climate crisis.

He said this while speaking at an interactive meeting with scientists of the Central Marine Fisheries Research Institute (CMFRI), here.

"The CMFRI should set up a seed bank of seaweeds to popularise the practice among the coastal region as it would be an additional livelihood option as seaweed farming will play a major role in the socio-economic upliftment of traditional fishermen during this difficult time", said Swain.

He further pointed out that the Pradhan Mantri Matsya Sampada Yojana (PMMSY) has a special thrust for promotion of the seaweed farming.

And on the ambitious plan in the marine fisheries sector, he said that India is eying doubling the seafood export in the next five years.

"We are hopeful of achieving this target by exploring innovative ways to increase the production that will certainly upscale the country's per capita income. Technological development is crucial in this regard especially for areas such as seed production and other hatchery infrastructure for diversified mariculture activities," said Swain.

SEARCH FOR MISSING

Nazreen

General Public is hereby informed that a lady namely **Nazreen W/o Kadir R/o** H.No. E-1/476, Nand Nagri, Delhi has been missing from her house since 25.08.2021. In this regard a **DD No. 58-A,** dated **26.08.2021** has been lodged at PS, Nand Nagri, Delhi.
The description of missing lady is as under :

Name : Nazreen, **Husband's Name :** Kadir, **Age :** 22 years, **Height** : 5', **Face** : Round, **Complexion** : Shallow, **Built :** Medium, **Wearing** : Grey Colour Sarara and Chappal in feet.

If anyone having any clue/information, kindly inform the undersigned at following phone numbers.

Website : http://cbi.nic.in
e-mail : cic@cbi.gov.in
Fax : 011-24368639
Ph. : 011-24368638, 24368641
Extn No. : 2101

SHO
P.S., Nand Nagri, Delhi
Ph. : 011-22137761
8750870730

DP/1040/NE/2021

INDIAN RAILWAYS

GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS
(RAILWAY BOARD)
E-TENDER NO. 2021RSI8741TC

Director, Railways Stores (W), Ministry of Railways, Railway Board, Government of India invites e-tender for procurement of **1,45,532** Nos. Low Torque Grease Seal to RDSO Specification No, WD-63-Misc-2020 of Oct 2020 or latest amendments, if any for AAR Standard Upgraded Class 'E' (6" x 11") Cartridge Tapered Roller bearings used in freight stock.
2.0 The interested tenderers are advised to visit the website **http://ireps.gov.in** for details of the tender and submission of their e-bids.
3.0 **No manual offers will be accepted against e-tender.**
4.0 **Tender will be closed at 15:00 hours on 28.10.2021.**

Director, Railway Stores (W),
Ministry of Railways, Railway Board, New Delhi.
for and on behalf of the President of India.

2144/2021

SERVING CUSTOMERS WITH A SMILE

E-TENDERING PRESS NOTICE

The Executive Engineer, CD-I, Irrigation & Flood Control Department; GNCTD Opp. ESI Hospital, Basai Darapur Office Complex New Delhi- 110027 invites on behalf of the President of India, online percentage rate tender from approved and eligible contractors for the following works:-

1. NIT No. EE/CD-I/DB/NIT/2021-22/40 (ID No. 2021_IFC_208623_1) H.O.A:- 4217- Plan (MLALAD), **Name of Work:- Providing and fixing S.S. Dust bin and Blue & Green Plastic Dust bin at various locations in Bijwasan Constituency AC-36.** EC. **Rs. 39,99,582/-** period of Completion 45 Days. (Date of submission & opening of bid on 01.10.2021 at 3:00 P.M. & 3:05 P.M respectively.)
2. NIT No. EE/CD-I/DB/NIT/2021-22/41 (ID No. 2021_IFC_208824_1)H.O.A:- 4217-Plan (MLALAD), **Name of Work:- Providing and installation of 40 Nos. Automatic Boom Barrier at various locations in Vikas Puri Assembly Constituency.(AC-31).** E.C. **Rs. 57,27,200/-** period of Completion 60 Days. (Date of submission & opening of bid on 01.10.2021 at 3:00 P.M. & 3:05 P.M respectively.)
3. NIT No. EE/CD-I/DB/NIT/2021-22/42 (ID No. 2021_IFC_208625_1) H.O.A:- 4217-Plan (MLALAD), **Name of Work:- Providing and installing of 50 Nos. electromechanical swing type barricade/Automatic boom barriers at various locations in Bijwasan Constituency AC-36.** E.C. **Rs. 71,59,000/-** period of Completion 45 Days. (Date of submission & opening of bid on 01.10.2021 at 3:00 P.M. & 3:05 P.M respectively.)
4. NIT No. EE/CD-I/DB/NIT/2021-22/43 (ID No. 2021_IFC_208628_1) H.O.A:- 2217-Plan (MLALAD), **Name of Work:- Installation of Swings with Play Staion in the C5A, C2, A2 , A-1 and C-4 Block Janak Puri Assembly Constituency AC-30.** E.C. **Rs. 69,27,130/-** period of Completion 90 Days. (Date of submission & opening of bid on 01.10.2021 at 3:00 P.M. & 3:05 P.M respectively.)

Note :- 1) Details of above mentioned works & eligibility criteria can be seen and downloaded from the web site https://govtprocurement. delhi. gov. in
2. Amendment(s)/ alteration(s) / corrigendum if any, will be available at website only.

sd/-
Executive Engineer
Civil Division-I
Irr. & Flood Control Deptt.,
Govt. of NCT of Delhi

DIP/Shabdarth/0327/21-22

Office of the Superintending Engineer
3rd Circle, Public Works Department, Pithoragarh
Email: sepwdpth@rediffmail.com

Letter No. : 6304/984C-03/2021 Dated : 25/09/2021

National Competitive Bidding (E-tendering)
Short Term E-Tender Notice

The Superintending Engineer, 3rd Circle, Public Works Department Pithoragarh invites tender through E-Tendering **(Two Bid System)** on behalf of Hon'ble Governor of Uttarakhand for following works. All other information will be available from date 27/09/2021 & onwards on website http://www.uktenders.gov.in

Sl. No.	Name of Work	Earnest Money (in Lac)	Cost of Tender (in Rs.)	Validity of Tender	Period of Completion	Contractor's Category of Registration
1	2	3	4	5	6	7
1	Renewal work with SBDC of pithoragarh Jhulaghat motor road in km 6,7,8,13 to 16 and 19 to 22 under Annual Maintenance (Length 11.00 km)	4.00	5000.00 + 18% GST	45 Days	6 Month	Category 'A' and above for Road works in any State Govt./ Govt. of India/Govt. Undertaking

Wildlife Board clears PMGSY road projects in border areas

IANS ■ NEW DELHI

The National Board for Wildlife (NBWL) has given clearance for the completion of a road construction project under the Pradhan Mantri Grameen Sadak Yojana (PMGSY) from Kirchi to Seoj Dhar in Udhampur district of the Union Territory of Jammu & Kashmir. This development project will benefit 661 people living here.

A small cluster amid the hills surrounded by forests, including a wildlife sanctuary, Seoj Dhar has had no all-weather road and was included in the latest phase of the PMGSY.

The only problem was that some stretches of the 31.05-km road, taking off at Kirchi village, were to pass through forest/wildlife areas.

"Forest/wildlife cannot be avoided as the alignment proposed is the only feasible vital connectivity to the villages," said the 'Justification letter for forest/wildlife and diversion' when the proposal was sent for clearance from the NBWL as nearly 7 hectare of Ramnagar Wildlife Sanctuary was needed for the road.

OSTRAVA OPEN: SANIA MIRZA IN DOUBLES FINAL

IANS ■ OSTRAVA

Sania Mirza and her Chinese partner Zhang Shuai stormed into the women's doubles final at the Ostrava Open WTA tennis championship, beating Japan's Eri Hozumi and Makoto Ninomiya in straight sets on Saturday.

Sania-Zhang, seeded second here, defeated the Japanese pair 6-2, 7-5 in an hour and 20 minutes and await the winner of the other semi-final between Pola'd's Magda Linette and Bernarda Pera of the USA, the top seeds, and the American-Kiwi team of Kaitlyn Christian and Erin Routliffe.

Sania and Zhang had reached the semi-finals by beating Anna Danilina of Kazakhstan and Lidziya Marozava of Belarus 6-3, 2-6 10-6.

In the semi-final clash, Sania and Zhang opened up a 4-0 lead and though they were broken in the fifth game, the Indo-Chinese pair maintained their serve after that as they won the set 6-2. The Indo-Chinese pair converted all three break points while saving two of the three on their serve. They managed to put in 72.7 per cent of their serves while their rivals could only manage 58.3 per cent.

The Japanese pair put up a better fight in the second set as they surged ahead by breaking the service of the Indo-Chinese pair in the fifth game.

However, Eri Hozumi and Makoto Ninomiya surrendered their lead in the 10th game. Sania Mirza and Zhang Shuai took off from there to wrap up the match in straight sets.

Sania will be playing her second final of the season. Earlier, she had lost in the title match at Cleveland Championships last month with American Christina Mchale of the USA.

Sania and Zhang converted two of the six break points they earned while their rivals could convert only one of the two they had. They put in 73.5 percent first serve and had an ace while their rivals served two double faults,

India claim two silver medals in Archery World Championships

IANS ■ YANKTON

India suffered another setback as its archers had to settle for silver medals in Women's Compound Team and Compound Mixed Team competitions at the World Archery Championships here in South Dakota.

The Indian Women's Compound Team and the Mixed Team had reached the gold medal match and were up against Colombia in both finals. But both fell short in difficult windy conditions against opponents that were too strong and mastered the conditions better.

India had reached the final six times at the World Championships earlier but had failed to win the gold every time. They were aiming to claim their first World Championship title on Friday but their hopes were dashed by a strong performance by Colombia, who captured the gold medal for the first time after 2017.

In the Women's Compound Team, India comprising Jyoti Surekha Vennam, Muskan Kirar and Priya Gurjar lost to the Colombia team of Sara Lopez Alejandra Usquiano and Nora Valdez 229-224 and had to settle for the silver medal.

In the Compound Mixed Team final, the Indian team of Jyothi and Abhishek Verma lost to Colombia's Sara Lopez and Daniel Munoz 150-154. The Compound Women's Team final started as a close affair with both India and Colombia shooting 58 out of a possible 60 in the first end (set), the Indians shooting three 10s, one X, and two 9s in six arrows while the Colombians came up with three 10sm two Xs and an 8.

A couple of 8s with two 9s and two Xs meant India could manage only 54 in the second end (set) and Colombia shot 55 to lead 113-112.

The Indians continued to struggle with the conditions and lost the third end 56-58, the gap widening to three points now (171-168). Their hopes of recovering ground in the fourth and final end (set) were thwarted by an 8 on the first arrow in this series. They shot two Xs, a 10, and two 9s in the remaining five arrows for 56 but the Colombians did not falter and shot 58 with three 10s, one X, and one 9 to win the gold medal, 229-224.

In the Compound Mixed Team final, Jyoti Surekha Vennam and Abhishek Verma got off to a good start as they took a one-point lead (39-38) after the first end, shooting three 10s and a 9 as compared to three 9s and a 10 by the Colombian pair of Sara Lopez and Daniel Munoz.

The Indians fell behind in the second end as they could manage only 36 (10, 8, 9, 9) as compared by a near-perfect 39 (10, 10, 10, 9) by the Colombians and trailed 75-77.

The Colombians managed a perfect 40 in the third end while the Indians could score only 36 (10, 9, 8, 9), the gap widening to six (111-117).

Jyothi and Abhishek tried their best in the fourth and final end and won it 39-27 but the gap was too wide to be bridged in one end and they had to settle for silver behind Colombia.

New-look Indian team ready for Sudirman Cup challenge

PTI ■ VANTAA

An Indian team which is a nice little blend of youth and experience, will have to punch above its weight in what's going to be an arduous challenge in the Sudirman Cup mixed team championships here on Sunday.

India have been drawn in Group A alongside defending champions China, three-time semi-finalists Thailand and hosts Finland in the BWF tournament, which comprises two singles and three doubles matches in a tie.

With many of its star shuttlers missing, India team will have task cut out when it starts campaign against Thailand in the prestigious World Mixed Team Championship. With double Olympic medallist and reigning world champion P V Sindhu excusing herself following a hectic Olympic campaign and former world no 1 Saina Nehwal also giving it a miss, the onus will be on the young shoulders of Malvika Bansod and Aditi Bhatt in women's singles.

In men's doubles, world no 10 Chirag Shetty and Satwiksairaj Rankireddy too withdrew at the last moment after the former suffered from muscle pull (Abs) and was advised a week's rest. In their absence, young Dhruv Kapila and MR Arjun will have to deliver the goods in men's doubles.

India, however, do have plenty of experience in men's singles and women's doubles with B Sai Praneeth, Kidambi Srikanth and

the pair of Ashwini Ponnappa and N Sikki Reddy in the team.

First up for India will be Thailand, who have reached the semifinals thrice — 2013, 2017 and 2019.

With 2013 World Champion Ratchanok Intanon withdrawing, the 17-member Thailand squad will be led by Asian Games (women's team) bronze medallist and world no 10 Pornpawee Chochuwong and world no 13 Busanan Ongbamrungphan in women's singles, while world no 18 Kantaphon Wangcharoen will be the top player in men's singles.

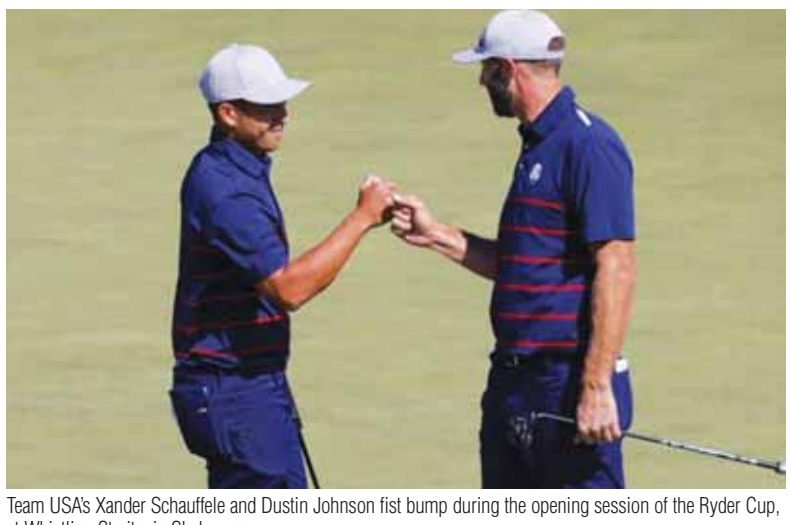
India will also have to get the better of World no 8 women's pair of Jongkolphan Kititharakul and Rawinda Prajongjai, world no 3 Dechapol Puavaranukroh and Sapsiree Taerattana Chai in mixed doubles among others.

After Thailand, India will face China on September 27 and Finland on September 29.

China have won the title 11 times in the past, and has named a formidable team, including Olympic champion Chen Yufei and former All England champion Shi Yu Qi, for the event.

World no 21 men's doubles pair of He Ji Ting and Tan Qiang has also been named in the squad, which also comprises Lu Guang Zu, Li Shi Feng, He Bing Jiao, Wang Zhi Yi, Liu Cheng and Feng Yan Zhe. The third and final team in the group stage will be hosts Finland who have never never qualified for the knockout stage at the mixed team championships. The top two teams from each group progress to the knockout round (quarterfinals).

Young US team puts Europe in its biggest hole at Ryder Cup



Team USA's Xander Schauffele and Dustin Johnson fist bump during the opening session of the Ryder Cup, at Whistling Straits, in Sheboygan

AP ■ SHEBOGYAN

The Americans haven't opened witha lead this large in the Ryder Cup since Jack Nicklaus and Lee Trevino were playing, and before Tiger Woods was even born.

That didn't seem to be big enough to satisfy US captain Steve Stricker.

Dustin Johnson and Xander Schauffele each won two matches, Bryson DeChambeau smashed a drive that had everyone talking and the Americans were relentless Friday at Whistling Straits in losing only one match to build a 6-2 lead.

"It's a great start. We are happy with the start," Stricker said.

"But my message to the guys is tomorrow is a new day. Pretend today never happened, and let's keep our foot down and continue to play the golf that we know we can play."

Oh, how Europe would like to forget this day ever happened. Rory McIlroy never made it to the 16th hole in losing both his matches on the opening day for the first time. The lone bright spot was Jon Rahm, living up his No. 1 ranking by winning in foursomes with Sergio Garcia and keeping Europe in a tight fourballs match long enough for Tyrrell Hatton to birdie the last hole to at least-salvage a half-point.

Europe has never trailed by four points after the first day since the Ryder Cup was expanded to include the continent in 1979, the modern era of these matches that Europe now dominates.

Go back to 1975 to find the last time the U.S. Had a four-point lead in the Ryder Cup. "No doubt, it was a tough day," European skipper Padraig Harrington said, attributing the difference to a putt here, there and pretty much everywhere.

"There's obviously still 20 points to play for." Suddenly, though, there seems to be a sense of urgency. The Americans were delivering big moments and the big smiles, waving up hands to get the one-sided gallery to cheer even louder, cupping hands to their ears to urge them along.

They are looking for a fresh start after a quarter-century of losing, and its youngest team in history took a big step to creating their own memories.

"They fought hard every single shot out there, from what I saw," DeChambeau said after he and Scottie Scheffler earned a halve in fourballs.

"This is a great start, but the job's not over. We have two more days. A lot more golf. And we cannot lose our mindset to win."

The first point of the 43rd Ryder Cup, postponed one year by the pandemic, went to Europe and its new "Spanish Armada" of Rahm and Garcia.

The final match ended in a halve when Justin Thomas delivered a late eagle putt that allowed him and Patrick Cantlay to come all the way back from a 3-down deficit.

Through the morning chill, the midday warmth, a ferocious wind in the afternoon and even a little rain, the one constant was American red scores filling the boards across Whistling Straits.

"We can come back from 6-2," said McIlroy, trying to summon calm and confidence after losing both matches.

Europe will have to do it without him. McIlroy is not part of the foursomes lineup Saturday morning, the first time he has sat in a Ryder Cup.

Both captains stuck to their plans, and it only worked out for one of them.

Even with a 3-1 start in foursomes, Stricker broke up all his American teams as planned and still won the afternoon fourballs session with two wins and two draws.

Tiger Woods' text helps inspire US team

RYDER CUP

AP ■ SHEBOGYAN

Tiger Woods isn't at Whistling Straits, but several US players say he helped inspire them to a big lead in the first day of the Ryder Cup.

Woods sent a group text through captain Steve Stricker to American players, saying he was behind them in their battle to regain the cup.

"The gist of basically what he said was I'm cheering you guys on, I'm right there with you and go fight and make us proud," Tony Finau said.

"We were able to do that and if TW's watching, thanks for that text, brother, I think it helps us a lot." Several players talked about the text from Woods, who is recovering from serious injuries in a February car accident. The US went 6-2 on the opening day for its biggest first day margin since 1975.

"Tiger's not with us in person but I know he's watching and talking to Stricker a lot," Harris English said.

"We know he's got our backs, so that's really cool and we kind of used that energy today."

Xander Schauffele said the players were excited to hear that Woods was cheering hard for them from his home in Florida.

"We knew he was fist pumping from the couch," Schauffele said. "Whether he was on crutches or not he's as fired up as any back at home. So it's nice to have his support." Stricker said he got the text on Thursday and sent it out to the team on Friday. He said Woods wished players good luck and shared a few personal observations.

"He's a friend of a lot of these guys and these guys look up to him and I lean on him a lot throughout this whole process," Stricker said.

"So it was great to hear from him and provide some words of encouragement to these guys."

Woods was an assistant captain in 2016, when the US last won the cup. He returned as a player in 2018, but did not win a point in his matches. In eight Ryder Cups, Woods earned 14.5 points but had an overall losing record and only played on one winning team — the 1999 team that won in a huge final day comeback at Brookline.

Weather could force Russian GP qualifying session to be moved today

IANS ■ SOCHI

Heavy rain at the Sochi Autodrom on Saturday has led to the cancellation of Free Practice 3 for the Russian Grand Prix — with doubts remaining over the possibility of holding qualifying on later on Saturday.

"Free Practice 3 had been due to start at 1200 local time. But with heavy rain, along with thunder and lightning, having hit Sochi on Saturday morning, the decision was made to cancel the third practice session," a statement on formula1.com said. "In the interest of safety [the decision has been taken] to modify the Official Programme by cancelling Free Practice Session 3 due to Force Majeure," ran the decision from the race stewards.

"For the purposes of the regulations and associated time limits, Free Practice Session 3 will be considered as having taken place, except where otherwise advised by the Race Director."

The Russian Grand Prix weekend has already been subject to alterations, with the first Formula 3 race moved to Friday evening -- where Norway's Dennis Hauger was crowned champion -- before bad weather led to an indefinite delay of Saturday morning's F2 race.

F1 qualifying is currently set to take place 1500 local time (5:30 IST) — but FIA Race Director Michael Masi touted the possibility of moving the session to Sunday morning if the weather persists, telling the media at the start of Saturday, "If qualifying isn't able to happen today, as we've seen a few times before in the past, then we will redo a programme and hold qualifying on Sunday morning."

'Tokyo show changed our mentality, instilled self-belief'

PTI ■ NEW DELHI

Indian women's hockey team mid-fielder Neha Goyal says their inspirational performance at the Tokyo Olympics has changed the mentality of the side and instilled self-belief in players.

The team missed out on its first-ever Olympic medal but produced its best-ever show in the history of the quadrennial with a fourth place finish. "Our performance at the Tokyo Olympics has changed our mentality and given us the self-belief to compete with any team in the world. Our win over Australia in the quarterfinal brought about a shift in our mentality," the 24-year-old player said.

"Coming into that match, Australia had topped their pool by winning all their matches. Defeating them gave us a lot of confidence, which we will carry

with us going forward as we prepare to play more important tournaments in the future."

For Goyal, who made her Olympics debut in Tokyo, competing at the Games was a landmark moment of her career. "I was nervous before the occasion, but very excited. It has always been my dream to play in the Olympics since I started playing hockey. This was my first time, so I did not take too much pressure upon myself and tried to enjoy the moment. "I also gained some confidence in our tours of Argentina and Germany before the Olympics, where I felt that we were able to compete well with some really good teams," she said.

Lewandowski's scoring streak for Bayern ends after 19 games

AP ■ BERLIN

For once, Robert Lewandowski didn't score. The Poland star's club-record scoring streak for Bayern Munich ended at 19 consecutive games on Friday when he failed to get a goal in his team's 3-1 win at last-placed Greuther Fürth in the Bundesliga.

Lewandowski, who hit the crossbar in the 40th minute, also missed out on equaling Gerd Müller's record of scoring in 16 Bundesliga games in a row. Lewandowski's 19-game run includes matches in the league, cup and Champions League going back to a 3-3 draw with Arminia Bielefeld on Feb. 15.

Fürth, which hadn't won any of its opening five Bundesliga games since promotion, made a reasonable start but was caught cold when Thomas Müller opened the scoring in the 10th minute.

Canadian international Alphonso Davies set off on a counterattack down the left wing and his cross took a kind deflection for Müller to dispatch the ball in off the right post from outside the penalty area.

Joshua Kimmich's second goal for Bayern in the 31st was similar, this time Leroy Sané providing the cross. Fürth's defenders allowed the Bayern players too much space — though not enough for Lewandowski.

The home team was given a lifeline in the 48th when Benjamin Pavard was sent off for a bad challenge on American midfielder Julian Green, who would have been through on goal.

But Bayern still had enough offensive power to extend its lead in the 68th, when Sebastian Griesbeck scored an own-goal under pressure from Lewandowski, who looked disappointed not to have scored himself.

Cedric Itten got a late consolation for Fürth in the 87th.

Bayern consolidated top spot after taking the league lead with a 7-0 rout of another promoted team, Bochum, last weekend.

"We're happy with how it's going but we mustn't lose touch – it's about always taking the next step. That's the most fun, to keep improving," Müller said after scoring his second league goal of the season.

Durand Cup: Bengaluru FC overcome gritty Army Green to enter semis

IANS ■ KOLKATA

Bengaluru FC (BFC) came from behind to beat Army Green 3-2 in the final quarter-final encounter of the 130th Durand Cup at the Vivekananda Yuba Bharati Krirangan (VYBK) on Saturday and set up a last-four clash with FC Goa on Wednesday. Wungngayam Muirang, Leon Augustine, and Namgyal Bhutia struck for BFC while Lallawmkima and Vibin T. V. struck for the Greens, both incidentally via penalties.

Army Green created pressure early on and were rewarded for that as Lallawmkima scored from the spot in the 9th minute to give them the lead.

However, the Naushad Moosa-coached BFC did not take long to bounce back as Muirang scored the equalizer in the 20th minute, courtesy of a magical free-kick that curled into the back of the net, giving Green's keeper Sarath no chance whatsoever. Bengaluru played an attacking game post that and created quite a few chances but failed to convert any of them in the first half.

However, they did not take long to go ahead in the second session as Leon Augustine scored the second goal for his team just minutes after the restart.

sunday magazine
September 26, 2021

the pioneer
agenda

I think everybody has the right to a private life
—Keira Knightley

FROM THE INSIDE

Attached to none 2
Renunciation is a critical part of the journey towards enlightenment. The way to look at it is what makes it different for all

4 **Living in demanding mode**
If you try to resolve you weaknesses, the indwelling potential will play out unhindered and help you live without stress

Active Parenting can help parents significantly in reducing stress, both for their children and for themselves, writes RAMG VALLATH, as he suggests strategies & age-appropriate techniques to tackle the challenges being faced by most

PANDEMIC: A TRIPLE-WHAMMY FOR PARENTS

The pandemic has delivered a triple-whammy to parents. First and foremost, the pandemic itself is an unprecedented, once-in-a-lifetime event. Even the best of scientists cannot predict where it is headed; who are safe, who are vulnerable; or what precautions — including vaccines — afford what level of protection. Secondly, children have been uprooted from their routines, confined inside the house, kept away from socialising and have even been forced by circumstances to become screen addicts. Parenting, which is a discovery process, even in normal circumstances, has become far tougher due to these added stresses. Thirdly, parents themselves have been uprooted from their routines and forced to reduce social interactions. Many have lost their jobs and many have work hours that have eaten up into personal time in an unprecedented blending of work and personal life.

And now, their world is going to be shaken up yet again, with schools reopening. Routines being practiced over the last 18 months will need to be unlearned and new routines re-established, with the sword of Damocles of a possible new wave always hanging on their heads. This is when the principles of Active Parenting can come to the rescue of parents.

WHAT IS ACTIVE PARENTING?

While every child is unique and every family and circumstances unique, the underlying principles, framework and strategies of Active Parenting can substantially help in every situation, for every child and every parent. Active Parenting can help parents significantly in reducing stress — both for their children and for themselves. In fact, it can even help in converting these uncertainties into learning opportunities for children and bonding opportunities for the family. The three key principles of Active Parenting are as below.

- Inculcate the right attributes and qualities systematically and proactively instead of fire-fighting when issues pop up
- Be mindful that every opportunity can be utilised to build these attributes and qualities and proactively use every opportunity to do that
- Provide high support, while empowering children to take ownership and responsibility for their own lives

Based on the above principles, there are several strategies and age-appropriate techniques that a practitioner of Active Parenting can use to tackle each of the challenges that school reopening presents.

CHALLENGES POSED BY REOPENING OF SCHOOLS

First let us list out the challenges to be tackled.

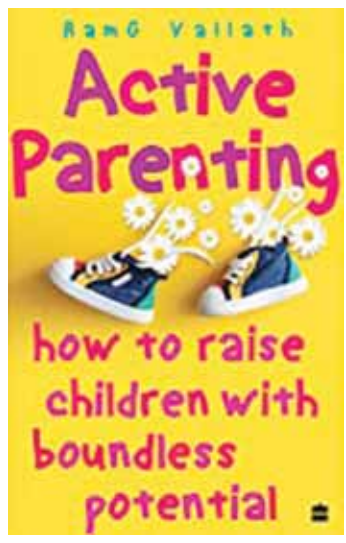
- Both parents and children may have fear of Covid. Even though most schools are taking utmost care in putting in place strict guidelines for ensuring there is no Covid outbreak, in a school with many children, implementation is unlikely to be perfect. This could lead to anxiety and stress for both parents and children.
- For both children and parents, reopening means changing routines drastically. For children, it means having to get up earlier by sometimes as much as 60 to 90 minutes, getting ready, giving up on snacking any time they want, coming back from school feeling tired etc. For parents, it again means having to get up earlier to get children ready, ensuring breakfast/snack is ready on time, sometimes having to drop and pick up children from the school or bus stop etc. These can induce stress and also create conflict between parents and children.
- For children, school reopening will create academic stress. After perhaps 18 months, they are going back into a formal classroom. While most schools had organised for online classes, in is a less-than-perfect mode of learning and it is likely that the topics covered in the last eighteen months haven't been absorbed well enough. Even worse, surveys have shown that there is even some slippage of concepts learned before the pandemic. Many children will feel overwhelmed by the workload in the first few months as schools try to cover lost ground.
- Social stress is another problem that some children will need to deal with, especially the more introverted children. Children who have been subjected to bullying in the past and who have had a safe cocoon at home in these eighteen months will be suddenly confronted with the prospect of facing their tormentors again. There could also be children who are apprehensive of certain teachers who would dread the prospect of facing them face to face again.

In children, these signs of stress could manifest in many ways. Reluctance to go to school, tantrums, unusual levels of obstinacy, subdued look, emotional meltdowns, headache, upset stomach etc. are few of the signs that parents can watch out for. On the other hand, stress can cause irritation, short-temper, frustration, and even anger in parents.

APPLYING ACTIVE PARENTING PRINCIPLES

With so much stress on themselves and on the children on various counts, the principles of Active Parenting can come to the rescue. First and foremost, parents need to extend unconditional support to their children by demonstrating deep love, compassion and trust. While it is understandable that parents, who are themselves under stress, might feel irritated, impatient and short-tempered when children show reluctance to go to school or otherwise act difficult, parents need to be understanding and empathetic.

In fact, they need to be proactive in bringing up the possibility of the above stress points and assure the children that they understand that there may be stress on them and that the parents are there to help them. What the child needs in a parent in a situation like this is a friend who they can share their apprehensions or worries with and not a pushy and aggressive master. To quote the famous model of the clinical psychologist, Diana Baumrind, parents need to be high on warmth and responsiveness during this turmoil.



> IN CHILDREN, THESE SIGNS OF STRESS COULD MANIFEST IN MANY WAYS. RELUCTANCE TO GO TO SCHOOL, TANTRUMS, UNUSUAL LEVELS OF OBSTINACY, SUBDUED LOOK, EMOTIONAL MELTDOWNS, HEADACHE, UPSET STOMACH ETC. ARE FEW OF THE SIGNS THAT PARENTS CAN WATCH OUT FOR. ON THE OTHER HAND, STRESS CAN CAUSE IRRITATION, SHORT-TEMPER, FRUSTRATION, AND EVEN ANGER IN PARENTS

BEFRIENDING

But the question remains — how can parents ensure that children share their apprehensions openly? This would depend a lot on the nature of the child. But one of the key strategies of Active Parenting — befriending — can help in unlocking some of the reluctance of children to share deeply personal stuff. The underlying principle is that children, like adults, feel more comfortable in sharing inner feelings when there is empathy and trust instead of judgment. For this, parents need to spend quality time with children. It will help if parents can share instances from their own childhood, when they faced stressful situations. This may give the confidence for children to open up their own fears.

Another technique would be to have a family team discussion: with each member sharing their own challenges and fears relating to the current situation. Then each member can share an action plan on what they intent to do to overcome the challenges. Finally, each member can request specific support from other members of the team. It can start with each of the parents sharing how the new routines could affect them and asking specific support from each other to help them cope with this. Then they could also ask for specific support from the children, such as 'taking responsibility for manging their own routine' or 'being patient when they come back home hungry, if their favourite food isn't available'. This could prompt the children to also share their challenges and expected support.

One of the aspects that can get addressed through the above 'team approach' is Covid appropriate behaviour. As someone who has been deeply involved with the pandemic response of a large philanthropic organisation, I would like to reassure the parents that there is very little chance of children catching a severe attack of Covid.

However, it is important to take all precaution and ensuring both children and parents follow Covid appropriate behaviour is critical. Parents need to impress upon children the importance of following the protocols such as masking, regular handwashing, and physical distancing. They need to spell these out and ensure children understand the reason behind these guidelines.

The children should know that their deviation from the protocols could affect the parents and other elders at home — if any — far worse than it would affect themselves. This is a great way to build a sense of responsibility. Let the children know that you trust them to adhere to the guidelines. Parents also need to role model Covid-appropriate behaviour when they themselves venture out.

RESPECT, TRUST AND EMPATHY

During this challenging transition period, the two traits that parents need to role-model are patience and empathy. With each other, as well as with kids. If the parents are biting each other's heads off at the drop of a hat, it would be unreasonable and impractical for them to expect a patient behaviour from their children. When children observe their parents facing stressful situations in a candid and humorous fashion, they are also likely to adopt the same behaviour. This includes unabashed apology from parents to each other and to the children when they lose their cool and making fun of their own such 'ridiculous' behaviour.

STORY-TELLING

Another key Active Parenting strategy that can come in handy in such situations is story-telling. There is no better way to inculcate the desired qualities (values and traits) in children than by telling them stories — of real life heroes and fictitious heroes who manifested the same qualities and succeeded because of them. Similarly, parents telling the children of times when they themselves demonstrated these qualities to their own advantage will also help in driving home the benefit of these qualities. Of course, it is important that these story-telling sessions do not appear to be sessions for the sake of building these qualities.

The primary purpose of stories should be entertainment as far as the child is concerned. The secondary and invisible purpose is inculcating the traits and values. The child should subconsciously absorb these deeper messages. In a stressful situation like this, the most desirable qualities to instil are self-discipline, sense of responsibility, ownership, sense of humour, respect, gratitude etc. remember that stories plant seeds in the mind and at the appropriate time, these seeds sprout.

Every crisis is an opportunity. If the above suggestions are embraced by parents wholeheartedly, they might find that this stressful situation was the best learning period for themselves and their children and that it offered a truly life-altering situation with family bonds becoming stronger than ever.

The writer is an IITian, a tech company co-founder, a motivational speaker & the author of Active Parenting: How to raise children with boundless potential, *published by HarperCollins India*

WORRY NEVER ROBS TOMORROW OF ITS SORROW, IT ONLY SAPS TODAY OF ITS JOY
— LEO BUSCAGLIAO

ATTACHED TO NONE

Renunciation is a critical part of the journey towards enlightenment. The way to look at it is what makes it different, writes HINGORI

Vairagya, in Sanskrit, roughly translates as dispassion, detachment, or renunciation. The big question on renunciation is 'what is it that we are renouncing'?

Is *tyaag* (sacrifice) of all our worldly possessions the same as renunciation? To understand this, I would like to draw from Yog Vashistha. There is a wonderful story of a king and queen who eventually realised the truth. While the queen realised it very early, the king decided that the way to enlightenment was austerity and penance. He left his kingdom in the care of his wife, gave up all his worldly possessions and moved to the forest where he performed severe penance for many years — so was this the right path to enlightenment? Not really, it just resulted in him being extremely frustrated and unhappy. This is a common confusion with initiates on the path to spiritual growth.

True renunciation does not lie in becoming a swami, going to the mountains, living in a '*dharamshala*' and sleeping on the floor. Further, it can be attained by anyone — whether a multi-millionaire, *yogi*, student, farmer, doctor, prisoner or anyone else. It's not what you have or don't have; it's your state of consciousness. This, of course, sounds very profound but let's discuss what it really means. The renunciate is someone who rests in the joy of the spirit rather than that provided by the senses. A true renunciate enjoys what comes to them unsought, and does not chase desires in this illusionary world. In fact seeking enlightenment and forcibly renouncing worldly pleasures as the king also translates into intense desire as does the setting of milestones to measure spiritual progress.

If I were to put it in a single statement — someone who has overcome the attraction of the senses and is detached in terms of possessions, relationships and desires is a true renunciate.

Renunciation is a critical part of the journey towards enlightenment, however the way to look at it is not that you don't 'own anything' rather it is to not let anything 'own you'. Not your senses, not your mind, not your possessions, not your relationships and most of all not your 'identity'. Remain established in the 'self'. So how does one renounce all these 'thinks' and 'things'?

A simple way to look at it is equanimity. When we remain unaffected by joy and sorrow, pain and pleasure, likes and dislikes, we achieve equanimity. How then do we reach this stage. In this article we will examine one of the ways to get there, and that is the way of 'acceptance'. When we see things just 'as they are' and not as they 'should or should not be' we develop acceptance. Apart from situations and scenarios that may occur externally, this also pertains to accepting ourselves. This does not mean inaction or making no effort towards correction and change. But once acceptance has permeated within, it lacks the emotion and you learn to accept yourself on an 'as-is-where-is' basis. I am not recommending a sense of futility or fatalism, which are both negative in connotation. Rather, saints often talk about 'contentment', the root of which lies in 'acceptance' which stems from a positive mindset.

> THE RENUNCIATE IS SOMEONE WHO RESTS IN THE JOY OF THE SPIRIT RATHER THAN THAT PROVIDED BY THE SENSES. A TRUE RENUNCIATE ENJOYS WHAT COMES TO THEM UNSOUGHT

Rabia of Basra, was a well-known Sufi mystic. Her approach to spiritual life won respect from many contemporaries. When people asked her, "When are servants of god content?" She replied, "They are content when they are as grateful for pain, as they are for pleasure."

It's a long journey, a journey which we have traversed across many lifetimes, and as we continue the path. Let me share a great tool to build acceptance of oneself and others. It is known as *pratipaksh bhavana*. This is one of the yogic mind practices that teaches you to cultivate a positive thought every time a negative one enters the mind. In other words, it is a device to create an opposite attitude towards thoughts or feelings that cause a disturbance in your mind.

In simpler words, it reflects an opposite viewpoint. When you receive thoughts about something your intellect does not like, you select an opposite thought to superimpose the disliked original one. For example, if someone is rude to you, instead of naturally developing animosity towards them, *pratipaksh bhavana* teaches you to look at them in the opposite manner. You can convince yourself that maybe the person was going through stress and did not realise how they were speaking, or that perhaps it was your destiny to face a crude reaction from someone, or you can ask yourself if something you said initiated this reaction. These are just a few illustrations of how you can stop the other person's behaviour from hurting you.

As a golden rule instead of looking at the rate of success, look at the rate of decreasing failure.

Maharishi Patanjali remarked, "Expose the mind to constant thoughts of anger and resentment, and you will find these anger-waves build up anger-samskars, which will predispose you to find occasions for anger permeating your daily life. A man with well-developed anger-*samskars* is said to have a bad temper."

Once a guru was questioned , "What should I do if I get sensual thoughts while treating women?" He smiled as if he had been asked that question a hundred times before. He said, "While treating women visualise her as an infant and then an old lady." This was a unique example of a kind of *pratipaksh bhavana*, where you superimpose not an opposite emotion but a variation of visualisations to avoid a negative one.

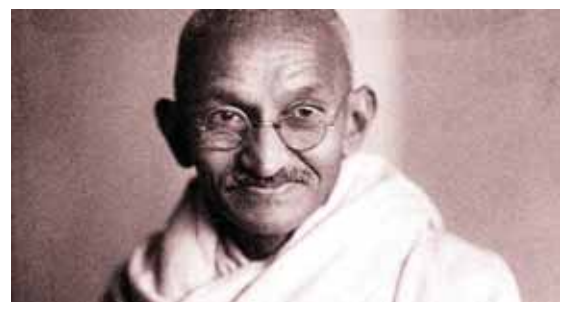
I urge you to think about a game of cricket. Technically, it is almost impossible to see a ball at 100 miles an hour and then decide how to play it. Few batsmen can do that. So how do they hit a ball that moves faster than one can think? It is called practice. It also leads to muscle memory.

You have to go to the nets and keep practicing till you know what to do. You need to understand that you will improve, but only a little at a time. And so it is with spiritual practices.

Even when struggling to accept yourself, you can look at the flip side and say, "These days, I dislike myself less" and then say, "I hardly dislike myself", which will eventually lead to a feeling wherein you will not dislike yourself at all. From here on, I pray that you can start accepting yourself unquestioningly.

The writer is the author of Hingori Sutras series of spiritual books

HIDDENSOULS
PRAMOD PATHAK



Gandhi as I see him

Writing about Gandhi is a passion for some. It is a fashion for some. But there is another class that has emerged on the scene, the Gandhi baiters. Though still insignificant in numbers, the group is aggressive, vocal and kind of social media activist who believe that a storm can be created in a tea cup. For such activists attempts to demean Gandhi is a pastime they enjoy. Whether it is a perception or a propaganda, misinformation or disinformation, the campaign is more impulsive than objective. But there is need to let the right knowledge reach the vast young population who get carried away by social media. Maybe, the recent research publication by an authentic source like the Sage throw some light on the nature of social media misinformation and serve as an eye opener. The study has rightly found that India is one of the most misinformation affected country and also produces the largest amount of misinformation. Obviously, because social media is a full time pastime for a large number of people. Against this backdrop, and even at risk of coming in the firing range of the troll brigade let's talk about Gandhi on his yet another birthday. More so, because we are celebrating 75 years of Indian independence in a big way. Though it must be acknowledged that there were many who fought for and contributed towards India's freedom, yet it was Gandhi who played the stellar role. Many before his advent on the scene tried to make the British Government listen, but it was Gandhi who succeeded. It was Gandhi who proved that the British were not invincible. It was Gandhi who converted the Congress into an organ of mass movement from a motley group of passionate people dominated by lawyers. And it was Gandhi who influenced the world's opinion against the British that ultimately paved way for their retreat. From Champaran to Dandi it was Gandhi who involved the common Indian in the fight against the British. The greatest misstatement on Gandhi is about his Hindu credentials. The fact is that he was a more devout Hindu than the many who are championing the cause today. Gandhi not only understood Hinduism in its real sense, but he also practiced it religiously. He followed the principles of Geeta and believed in the philosophy of the religion so lucidly advocated by Swami Vivekananda. His understanding of Ram was much better than many of the claimants of Ram's legacy today. A perfect blend of tradition and modernity, Gandhi was an example of ethical leadership, so popular in Management classrooms today. In fact, no course on ethics can be complete without a mention of Gandhi. He not only preached ethical conduct, but he epitomised it. Ethics for him was not about right behaviour when you are in temple, but also when you are alone and no one is watching. He believed in truth and nonviolence, he believed in upliftment of the poorest, he believed in cleanliness as Godliness. For him simple living and high thinking was the credo and he practiced what he preached. For him means and ends were interchangeable. His economic ideas were endorsed by the World Bank time and again. Little wonder, he still is one of our most popular global brands. Rightly was he adjudged man of the millennium in the year 2000. For those who still not understand him: forgive them O'lord, for they know not what they do.

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Turn to art for progress

Creativity in any form helps to relieves stress, enhances mental health, and strengthens the immune system, says AARRTI ZAVERI

Anyone can be an artist, regardless of their talent. Using art, creativity, and imagination in your daily life may lead to bravery, breakthroughs, and uniqueness, all of which can pave the path for genuine success. Understanding how art makes you more creative and capable of thinking outside the box will push you out of your comfort zone and make you willing to face any challenges that come your way. Here are ways that incorporating art and imagination into your regular work will result in productivity and accomplishment in the long run. It's simple to assume that looking at art makes us happy. Whether one prefers modern subjects, classic styles, sculptures, still life, or ceramics, the love for art is universal, even among people who do not consider themselves artists. This reciprocal emotion, though, isn't just for show. Exposure to art influences our health, success, and our life. Let's take a deeper look at some of the ways art may improve your life.

ART AFFECTS OUR LIFE

Did you realise that gazing at art has a direct impact on the brain? The University of London reported in 2011 that when individuals saw attractive artwork, blood flow to the brain increased by up to 10%. Perhaps the word 'art' is hidden within the term 'smart' for a reason! Art can heal both the mind and the physical. This fact has garnered attention, as physicians have discovered that looking at and producing art has many health advantages. It relieves stress, enhances mental health, and strengthens the immune system. Art reduces patient recovery time and increases hospital staff productivity. There is so much proof that art improves health that we now have trained art therapists.

ART FACILITATES COMMUNICATION

When words fail to express something, the visual arts are a method to communicate it. It's a method for us to express ourselves and think about the human predicament. We make an image with a message based on what we think or feel and share it with others to see how they perceive it. In this sense, art might be the ticket that allows us to build a more peaceful environment in which to live.

ART IS A FUEL THAT IMPROVES ONE'S QUALITY OF LIFE

Art not only improves our physical and mental wellbeing, but it also gives us a feeling of direction. The creativity that comes with creating and viewing art may transform our perspective on life and assure us that there are brighter days ahead. Do you get a sense of impending doom? Take a look at some art, or pick up a brush or pen and try your hand at it. Art provides a respite from the daily grind and an opportunity to tackle difficulties in a healthy way. Do you want to see more art in your life? Take advantage of those little perks by stopping by an art gallery on your way home or while doing errands.

The writer is visual artist

God is easily pleased

If we wish to lead a quality life, we must be prepared to listen to God and try to please Him, writes AJIT KUMAR BISHNOI

God is always on a lookout for ways to help us, reward us. That is why He is always watching us, listening to us and He even knows what we are thinking. The purpose is to respond to us as necessary. Such is the cosmic design. He pleased when someone is dutiful, i.e. one performs one's duties. Of course, God is much more pleased if someone acts according to '*dharma*' for which reason He incarnates. He appreciates those engaged in welfare activities to an extent that He has assured no '*durgati*' (bad end) for such persons. Lord Krishna has specifically commended Janaka*ji* for his selfless working with public welfare. (3.20)

God has commended even those who approach Him due to distress; Lord Krishna has called such persons noble. (7.18) Same view He holds about seekers of wealth. There is nothing wrong in seeking wealth; God's only requirement is that it should be according to '*dharma*'. If seeking wealth was not desirable, the entire world will be disqualified. Can you expect God to have such a mindset? Then, where is our problem in pleasing God? What we want must be bona fide and God will be pleased if we approach Him. And spiritual acts, even a little, are highly pleasing to God; He promises protection from great fear. (3.40) It is impossible to imagine if anyone of us is pleased so easily and readily.

But we have plenty of excuses both not to approach God and also not to try to please Him by our acts. The most common excuse is that others are not doing it. Yes, they are not, because they won't as Lord Krishna has pointed out when he stated, "Due to the illusion caused by hate and duality of wish, all living entities get illusioned." (7.27) If we wish to be one of the masses and go through the cycle of birth and death and spend an ordinary life and return for another ordinary life, that is our decision. But if we wish to lead a quality life in this one and the next, we must be prepared to listen to God's instructions and try to please Him. Is he not the one who holds all the cards?

Another excuse is that we will do what God says in old age. Noble idea, but it does not work. By that time our habits become rigid and bodies weak. The reality is that any effort required to approach God and please Him becomes increasingly difficult with age. The third excuse is that mind does not agree. Of course it won't because we have embraced a child's mindset, who refuses to eat a fruit because he does not like it. Has he tasted the fruit? No, he hasn't. This explains the fourth excuse, which is: who has seen God? Surely, you haven't because you didn't make the requisite effort. But how can you be sure that others have also not seen God? Have you checked with everyone before making such a statement? The list of excuses is endless. So where does it get us? The Lord has answered: in illusion. I am sure some of us are smart enough to admit that the present life is not that great and something should be done about it. God is very merciful. As the saying goes, you take one step, He takes 99 towards you. This one baby step will also please God and He will reward adequately much more that our expectations. It is no wonder that devotees of God write such praise for God, because they are overwhelmed by what God does for them.

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OUTLOOK

Politics of caste census: From historical lenses

The current debate on the caste census gives an opportunity to the Indian state to be reminded about the core value of social justice enshrined in the Indian Constitution and its framework in order to assess the demands of caste census and its policies

SANJAY KUMAR

The census is not merely a head count. This gives an identity to one and all in the modern nation state. Not only this, the census broadly gives an opportunity to all communities as well as castes to assess the extent to which they have received their participation and share in the constitutional government institutions at the Central and State levels and in the development schemes and programmes in the present and past. This group identity also creates a measure for assessing the participation and share of the community vis-a-vis other groups, communities and castes through their enumeration in the census. This description of the salient features of the census in the Government documents and textbooks is rather value neutral.

At a deeper level, if we evaluate the census critically in history, this had been one of the factors for the identity politics, especially the caste-based representational politics since the inception of the enumeration of population of India in which political parties, social groups and the government remained the key players. The first all-India decennial census in the year of 1871 was based on the *varna* consisting of *jati* as the major indicator for classification of the enumerated data by the colonial administrators like Risley, Nesfield, Baines, etc. Subsequently, *jati* instead of *varna* remained one of the key indicators in the census of the years of 1881, 1891, 1901 till 1931 even while the nature and form of the classification of the enumerated data underwent change in multiple ways.

On the basis of the data and the impact of the enumeration, the colonial administrators deeply realised that reference to *jati* in the Indian society is central, and it is the root of the identity among different social groups. It is notable that Nicholas B Dirks, a Dutch scholar and the author of *"Castes of Mind: Colonialism and the Making of Modern India"*, beautifully articulated the impact and implications of the caste census during late 19th century. He showed that the emphasis of caste in the decennial census had given rise to increasing agitation over caste denomination and the assignment of social status among the caste groups. The colonial census might have reinscribed a Brahminical idea of caste but, ironically, in doing so it gave rise to competitive politics that began to make caste the basis of political mobilisation on a new scale.

The caste census eventually turned out to be the foundation for the architecture of governance and administration of the colonial state during late 19th and the beginning of the 20th century as well. The colonial state presented itself in a neutral role among the people but it manipulated the competitive politics of castes cleverly for consolidating its hold on the administration and governance.

Against this background, Dr BR Ambedkar, a great icon of social reform in the 20th century, presented the caste census in a new perspective in colonial India. He made it a base for social mobilisation and politics. But soon, he identified the limitations of the representational politics and framed the issues and questions in the broader framework of social justice. Subsequently, the social justice became the core value of the Indian Constitution which was manifested in the enactment of the provision of reservation for SCs and STs in proportion to their share in population as per the caste census.

Enactment of the provision of reservation for SCs and STs gave rise to the new kind of politics of social justice for the other backward castes led by Ram Manohar Lohia in post-independence India. In the 60s and 70s, the slogan of SANSOPA firmly exhorting that the Backwards must attain Sixty out of Hundred *(sansopa ne baandhi ganth pichda pawe sau mein saath)* became the major slogan of the mobilisation of OBC politics. Though this slogan emerged from the commonsensical statistics, its grounding was provided directly or indirectly by the census data. Not only this, this remained a central factor in the confrontation and negotiation between the governments and the political parties, especially the socialist parties. As a result, provision of reservation for the OBCs in the Central Government jobs became a milestone as an outcome of the politics of social justice.

The contradictory role and purpose of the caste census in colonial and post-colonial India that comes to fore gives an insight that the headcount of *jati* in itself does not have a special meaning. Indeed, on one hand, the underlying objectives and politics of the caste census had been crucial in shaping the caste-based identity politics in a narrow sense. In contrast, on the other hand, this shaped the idea of social justice and the constitutional provisions of modern India as well.

In this context, it is worth reiterating that caste is a hierarchical social institution which is based on heredity and its ideology and values get reproduced from generation to generation in the society. Not only this, mere invocation of caste identity has remained a barrier in development and governance of post-independence India. As a fallout of this, most who first and foremost became victims are those who are situated at the margins of the horizontal base of all caste groups.

The current debate on the caste census gives an opportunity to the Indian state to be reminded about the core value of social justice enshrined in the Indian constitution and its framework, in order to assess the demands of caste census and its policies.

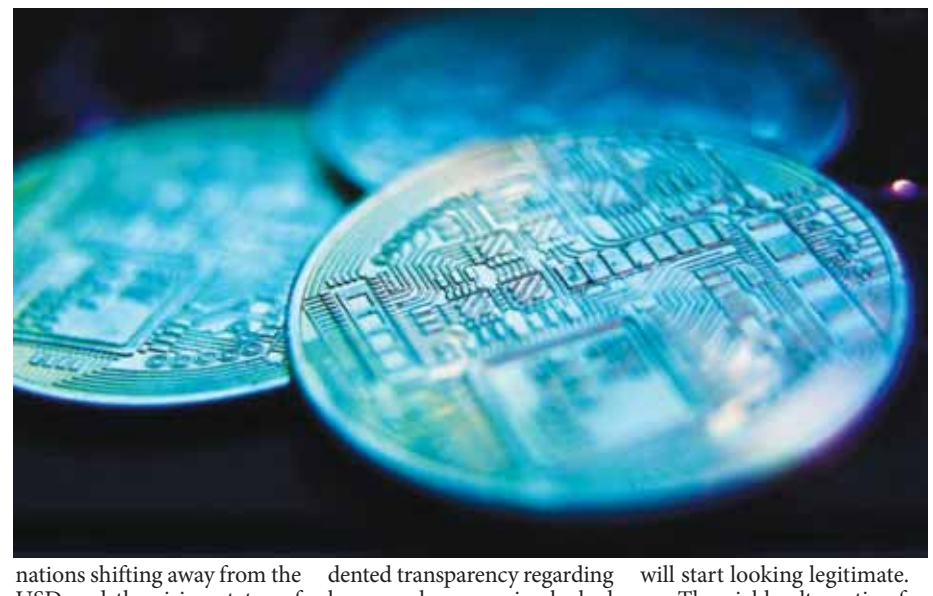
Simultaneously, all political parties have an opportunity to take forward the legacy of social justice in their voices and opinions for the caste census if they are truly committed to the cause of empowering all situated at the margins. Otherwise, its implication would be for raising of voices and opinions which would generate confrontation and competition within and across the castes. In this sense, the future of the politics of the caste census is likely to be entrapped in the past legacy which was constructed by the colonial state in the late 19th century.

(The writer is founder of Deshkal Societ, Delhi, and co-editor of book "Interrogating Development: Insights from the Margins", OUP, New Delhi)

Promising future of Central Bank Digital Currencies

CBDCs based on transparency-enhancing blockchain are a promising way to achieve three objectives: liberating the payment system from rentiers, guaranteeing unprecedented transparency regarding how much money is plucked from the money tree, and democratising access to the tree's fruit

PIYUSH KAMAL



The digital currency has so far managed to emerge as one of the strongest flavours within the current financial market. What makes digital currencies different from all their predecessors are the tremendous new functionalities they promise to offer. It's the financial equivalent of the leap from postal service to email.

Money basically performs three functions. As a medium of exchange, it enables transactions that otherwise would require difficult bartering (as in trading chickens for a car).

As a unit of account, it allows one to know whether one has saved or not over the past year. And as a store of value, money enables current income to finance future purchases.

According to the IMF, the opportunity for Central Bank Digital Currencies (CBDC) depends solely on its ability to improve upon these three core functions of money.

Interestingly, the idea of CBDC is gaining support from the financial establishments such as the Bank for International Settlements, known as the central bank of central banks. These financial gatekeepers are embracing CBDC because they can see that if they do not someone else will.

A recent survey by the Bank for International Settlements indicates that 86 per cent of the central banks are actively researching digital currencies. And almost 60 per cent of banks are in the testing phase.

According to some estimates, a fifth of the global population will be exposed to a central-bank digital currency within three years. By 2027, some $24 trillion of assets around the world is expected to be in digital form.

Dollar & Changing Financial Landscape

Though the US dollar remains the world's dominant reserve currency, the downward trend in the global reserves of the US dollar to a 25-year record low of 59 per cent has managed to stump many.

Some cite a combination of nations shifting away from the USD and the rising status of competing currencies like the euro, the Japanese yen, and the Chinese yuan as factors in the USD's slump. But others are of the opinion that the hegemony of the US dollar doesn't seem to be under any threat in the near future.

Russia and China have both stepped away from an uncertain and politically entangled US dollar in recent years, with the Central Bank of Russia (CBR) ditching over US$101 billion in dollar-denominated reserves in early 2019. China on its part has loosened its grip on US government securities, with a reported 20 per cent decrease in these holdings over roughly seven years, according to US Treasury Department data.

Digital currency based on blockchain looks promising

Controversy about the benefits and drawbacks of CBDCs notwithstanding, governments around the world are increasingly exploring, researching, or testing the implementation of digital, programmable fiat. All eight central banks of the top currencies from the IMF report are either considering, researching, or actively developing a CBDC.

CBDCs based on transparency-enhancing blockchain are a promising way to achieve three objectives: liberating the payments' system from rentiers, guaranteeing unprecedented transparency regarding how much money is plucked from the money tree, and democratising access to the tree's fruit.

At the retail level, a CBDC would offer some obvious advantages. It would help the poor and others who are currently underserved by the banking system. It would also make it much easier for governments to administer social transfers like the household cash disbursements made during the pandemic. And a well-functioning international system of digital currencies would sharply reduce cross-border transaction costs.

However, in addition to various privacy concerns, CBDCs have complications of their own. One crucial question is where CBDC accounts would be held. If it is in the central bank, how will privacy for transactions be preserved? Equally unclear is what role would be left for private banks, which are currently the predominant source of credit in most market economies. If banks no longer receive deposits, how will they issue loans?

For such an arrangement to function well, the CBDC would need to strike a difficult balance between anonymity (privacy) and control of the system. Otherwise, all the concerns regarding the government's unrestricted access to account holders' information will start looking legitimate.

The viable alternative for the central bank is to allocate deposits to member banks, which would then continue to function as sources of credit. In this case, there would need to be strong fractional reserve requirements.

Regarding concerns about privacy, it is possible to anonymize central-bank accounts with digital tags that only an independent regulatory institution can trace to physical persons. After all, lest we forget, our current payments system (with the strict "KYC" rules) is managing well with illusionary privacy.

There are also complications at the international level. Would central banks be willing to accept payments in other central banks' CBDCs? Could countries retain control of their money supply once it has taken a digital form?

At present, it is very difficult to imagine a future scenario where the major central banks would be willing to underwrite the international financial system without a high degree of cooperation, coordination, and control.

The Road Ahead

These international questions are of particular importance for the United States because the dollar has served as an international reserve currency, a unit of account, and a means of payment for the past 75 years. For better or worse, the dollar's key role in the system has enabled the US to impose reasonably effective financial sanctions on countries such as Russia and Iran, and the US is in no mood to surrender this tool willingly.

No monetary system has ever functioned perfectly. But it is generally agreed that the current one has performed well over the past so many years, especially when compared to earlier systems such as the gold standard.

Although a CBDC could improve financial inclusion, most experts caution that it should not be inaugurated until there are assurances that credit allocation, payments systems, financial-stability safeguards, and other aspects of the new system would function at least as smoothly as they do under the current one. There is no doubt that the central bank digital currency will happen sooner rather than later. The question, then, is whether all the issues (both the identified and emerging ones) will be resolved before the transition is made.

(The writer is an economist, former IRS officer, and author of the upcoming book "The Current Perspective on Indian Economy")

PERSPECTIVE

Abolishing retrospective tax law to boost economy

The Government stand, prima facie, appears to cost huge loss to the State exchequer, but in the long run its benefit in terms of attracting foreign investment and achieving the target of USD 5 trillion economy by 2025 cannot be denied

The Government had on August 5 scrapped the retrospective tax law by amending Finance Act 2012 and the IT Act 1961 which got presidential assent on August 13, 2021. It was amendment in Finance Act 2012 brought by the then Finance Minister which allowed the taxman to levy taxes claimed retrospectively on deals that were executed after 1962 that involved the transfer of shares in a foreign entity that has its assets in India. This archaic practice had pushed back India's taxation regime for corporates by 50 years and allowed authorities to slap capital gains levies wherever a company, with business assets in India, changed hands overseas.

Certainly, the new amendment by the Government of India will bridge the gap in international trade by providing a framework for resolving international arbitration cases that the Government has lost, namely Vodafone group plc and Cairn energy and 15 others. Needless to say that this amendment was a need of hour as focus point of India at the present time is to portray itself as an investment destination to investors across the world, which will eventually help India being depicted as country committed to abide by international treaties and laws.

The two big advantages of abolishing the retrospective tax are: boosting India's image among global investors (translating into increased FDI) and giving foreign firms a level-playing field vis-à-vis Indian corporate giants. In recent times, India's image took a big hit when energy explorer giant Cairn went ahead with seizing the Government of India's assets abroad and telecom giant Vodafone-Idea giving strong signals of winding up its India operation.

The Indian Government had slapped a tax demand of crores of rupees on Cairn and Vodafone. But both refused to pay taxes and challenged the decision of tax department and ultimately won the battle in the Permanent Court of Arbitration in Hague, Netherlands. The claim of Cairns was that the Government is violating the India-UK bilateral investment treaty. Considering all the facts, the international court ruled in favour of Cairns and awarded $1.4 billion as damages, the Cairn then moved a French court which gave the order to freeze Indian assets in Paris to recover ₹8,897 crores. Definitely this stain on Indian taxing could be hazardous for development of long-term Indian economy. This sour episode tainted India's image like never before as it placed the country in the league of some disturbed economies whose assets are taken away for non-payment of arbitration award.

The Government's decision to discard the retrospective taxation law not only gave breather for Vodafone and Cairns, but also transformed India's image in global world. Along with repealing this tax and Supreme Court's recent verdict on honouring Singapore arbitrator decision that upheld US-based e-commerce company Amazon's plea against the ₹24,731-crore merger of Future Retail Ltd (FRL) with Reliance Retail might change things favourably for global companies.

Many in the corporate world have been silently claiming the Government is favouring handful homegrown conglomerates by tweaking laws that gave them undue benefits. India would very much want to shed this image, especially at a time when big businesses are looking beyond China to have a permanent base.

Overall, phasing out retrospective tax means restoring India's reputation as a fair and easy to predict regime which believe in putting an end to unnecessary and expensive litigation without spending crores in these never-ending legal tussles. The step will also promote cross-border merger and acquisition. Last but not least, the scrapping of such draconic law will be helpful in enhancing India's national ranking in World Bank Ease of Doing Business (EoDB) index under 50 (it is presently 63).

In total, 17 entities would be benefited from this change to whom tax demand of ₹1.10 lakh crores was made. The Government has proposed to refund the amount paid in litigation by companies without any interest thereon. The total amount involved for all cases is about ₹8,100 crore, of which about ₹7,900 crore is related to the Cairn dispute. The effectiveness of axing this tax law now depends on whether the entities who have obtained an award that comprises interest component will take up the offer.

The Government stand, prima facie, appears to cost huge loss to the State exchequer, but in the long run it will benefit in terms of attracting foreign investment and achieving the target of USD 5 trillion economy by 2025. Definitely it has enhanced credibility of India in international domain and depicted India's commitment to follow international law and conventions governing international behaviour. The Government move also conforms to and promotes international harmony provided in Directive Principle of State Policy of the Constitution of India.

BRAJESH KUMAR TIWARI

SUMAN TIWARI

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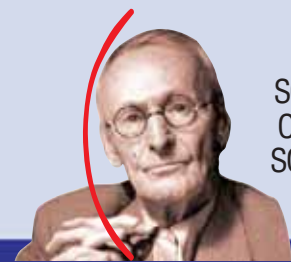

SOME OF US THINK HOLDING ON MAKES US STRONG; BUT SOMETIMES IT IS LETTING GO
— HERMANN HESSE

YOUR WEEK AHEAD

MADHU KOTIYA

ARIES March 21-April 19

You are a carefree and enthusiastic person who wants to enjoy every moment of your life. The abundance of energy will not allow you to sit idle, no matter how busy you are. This is the right time to utilise this energy in creative pursuits for your benefit. Career-wise, not everything is smooth in your professional and financial prospects in life. Disappointment with the job is likely. You may plan to change your job. It is advised not to take a hasty decision. Personal life is peaceful. You constructively use your authority and power. In a love relationship, your partner may likely experience boredom in your company or vice versa. Find ways to smooth your relationship by bringing moderate change in your style.

Lucky number 11
Lucky colour Pastel Blue
Lucky day Thursday

TAURUS April 20-May 20

Your health & creativity is good. It is a period of great insight. You may feel a breakthrough moment where suddenly conscious understanding reaches its peak. This is a perfect time to clear away the haze that has kept you from seeing the inner truth. Avoid anger, aggression, and rush as these can affect your health. Money inflow will be good. Investments done in past will pay rich dividends now. You appreciate what is now available to you, knowing that the difficulties are over. You also know that with confidence, self-discipline, and patience, you can complete any task. On the personal front, your intuitive sense is providing you with useful and helpful information and is helping you to get in touch with your subconscious mind.

Lucky number 1
Lucky colour Indigo
Lucky day Friday

GEMINI May 21-June 20

Re-inventing old traditions will work for you well. You may connect with a childhood friend and share experiences accumulated over time. You will be inspired to go ahead in life with creative ideas. On the career front, with your determination and will power, you can now achieve what seemed to be unattainable earlier. An outburst of creative spark comes to you unexpectedly and it will commence the journey of a new creative vision. However, it could be premature to discuss the details of your plans today. On your relationship front, you are high-spirited and chirpy and could win the heart of your loved one. If you're currently in a romantic relationship you may need to be refocused toward the future.

Lucky number 16
Lucky colour White
Lucky day Sunday

CANCER June 21-July 22

This week you will enjoy good health. You will be more involved in your community. You have a strong desire to contribute to give back or to use a special talent to help others and to make the world a better place. On the career front, you have energy and want to show the world your talents. Written communication needs attention. Be gentle and soft in your approach and expression. This week you will reflect sharpness in your mental abilities. You participate in various activities. On the personal front, action and discussion are necessary to elevate your love life. The company of innovative people will fill you with positive thoughts. Go ahead and connect with the person you have been thinking about.

Lucky number 19
Lucky colour Golden
Lucky day Sunday

LEO July 23-Aug 22

To be fit, ensure you are eating at regular intervals and doing physical exercises. Money, career is important to you now. However, in the fast pace of life, health is ignored. Do not forget that all work and no play makes Jack a dull boy. If you are not serious, you could invite many health issues and make a big hole in the pocket. Professionally, sudden reversals can happen now. The energy of this time will take you towards arguments. You may feel humiliated, undervalued in the hands of your colleagues and superiors. If you feel your job is unrewarding, give serious thought to make a change. You deserve to be happy. Those in a relationship will have greater moments of life in the company of each other.

Lucky number 20
Lucky colour Off-White
Lucky day Sunday

VIRGO Aug 23-Sep 22

This week tension over small issues is on the cards. You are in an unusual mood. Worldly pleasures and activities are no more your agenda. You want isolation and relaxation. You need privacy to deal with your current situation. However, facing the challenges with enthusiasm and creativity is indicated. On the work front, work seems to be somewhat complicated. But, you are determined to achieve the set targets. You may have to make a tough choice with regard to money or love. Don't sacrifice your integrity for money. Money can't buy you self-esteem & spiritual well-being. Your dreams and the desire to manifest those dreams in the material world will come true this week. You are full of hope and enthusiasm.

Lucky number 12
Lucky colour Yellow
Lucky day Wednesday

LIBRA Sep 23-Oct 22

This week your health needs immediate attention. You feel low in energy. Physical and mental blocks could make the pace of life slow. Due to health issues, you may miss important and enjoyable events. Prevention is better than cure. This week your career will shine. Promotion, recognition, and acknowledgement are on the cards. For those in business, goodwill will increase in the market as they come out with some brilliant ideas. On the personal front, your irritation and frustration are reflected in the relationships as well. The week will bring mixed emotions in relationships. You are not in the mood of compromising and live on your conditions. Initially, your loved ones may be offensive but gradually they will realise the depth of your ideas.

Lucky number 7
Lucky colour Brown
Lucky day Thursday

SCORPIO Oct 23-Nov 21

This week you must take action to improve your health. Even if you are unwell, focus on healing. Every action makes a difference. Read more spiritual books and interact with those who come from belief systems other than your own. You will benefit a lot from it. On the career front, you are likely to get in a situation to choose work. Before taking any decision, analyse all the available information. It's possible that what you initially considered as a bad thing will turn out to work in your favour. Be cautious about mixing business with personal life. A committed relationship will get strengthened and balanced. Give some space to your partner and at the same time, make sure that you are doing your fair share of giving to the relationship.

Lucky number 8
Lucky colour Camel Brown
Lucky day Friday

SAGITTARIUS Nov 22-Dec 21

There is a need to bring change in your diet and exercise routine. You are bound to join some sort of group or institution. Take the advice of a nutritionist and exercise under the guidance of a gym trainer. On the career front, work with your mind rather than your heart. You are likely to get sentimental on small issues and this won't be for your benefit. You are flexible and casual in professional matters, there is a need for a firm stand. You are likely to be more inclined to pursue creative projects that act as a form of self-expression like art, music, drama and poetry. Those in the literary world will achieve excellence. On the relationship front, you need to work together to get through any rough spots and to work on the bonding.

Lucky number 9
Lucky colour Red
Lucky day Tuesday

CAPRICORN Dec 22-Jan 19

This week you will be happy and full of enthusiasm. You will feel as if you are suddenly in the spotlight and people are waiting to hear your views. Your overall health remains good. You may plan to step out for a long drive to experience some change. It is also possible that you contact people from different places. On the career front, you will get the opportunity to kick start your career. Students need to prepare well in advance to stay in tune with their curriculum. You have the skills, intelligence but need the correct guidance to improve them and prepare for a brighter future. Research related work is on the card. You will have the ability to influence your near and dear ones. Relationships may suffer if you don't have control over your verbal communication.

Lucky number 17
Lucky colour Silver
Lucky day Saturday

AQUARIUS Jan 20-Feb 18

Take care as this week as water-borne diseases could trouble you. Moderate changes in your lifestyle are required. Be mindful of the food you eat as digestion, acidity, gastric problems are likely to arise. Avoid excess tea, coffee, and spicy food. Professionally, you will be a little impulsive at work which is not good. Push yourself to the limit. Mix your theoretical thinking with a practical approach. If things do not work, do not criticize others and find faults in them. You must work sincerely and intelligently. On the personal front, domestic issues will draw your attention. Reschedule your timings so that you can pay attention to the people who matter. Do not mix your personal life with your professional life. Avoid any emotional trauma in your relationships.

Lucky number 13
Lucky colour Rose Gold
Lucky day Tuesday

PISCES Feb 19-March 20

You are playful and full of energy this week. Use your creativity and imagination to envision a new future for yourself, and then make it a reality. Your health will be good. Take all precautions for own benefit. Spend time and money to maintain your health and lead a quality life. On the career front, you work with a belief in yourself, and this confidence will win you favour of your superiors. Luckily, you are in tune with your values and traditions. Positive results may be delayed. Be patient. Your calm and positive approach will fetch you stability and help you make a mark for yourself in the future. Relationship-wise, you are outspoken & straightforward in expression. Give space to your partner and avoid any kind of conflicting perspective in a close relationship.

Lucky number 3
Lucky colour Peach
Lucky day Saturday

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ASTROTURF
BHARAT BHUSHAN PADMADEO

Living in demanding mode

We, invariably try to live in a demanding mode. We expect from others to behave. Very few would be living exclusively in a giving mode. Some of course, though wish to live in a demanding mode but turn out to be accommodative to other's concerns and sensibilities also. Majority, seldom cares to figure out if there is something wrong in their own approach. This tendency is in evidence at all levels of societal existence and so chaos prevails all across. No wonder, marital, familial, societal discord has been growing beyond proportion. Many develop a 'sense of victimhood' particularly the weaklings, who habitually blame others for all that would be going wrong with them.

I came across one such case, the other day, while counselling a girl, whose family atmosphere is, if not turbulent, at least discomforting. I was trying to make her aware that to unfold the best in oneself, one needs to first explore, identify, and then acknowledge one's habitual weaknesses. If you try to resolve them, the indwelling potential will play out unhindered, and evidently to your advantage. If, however, you remain in a denial mode, the problem will persist, and you will suffer. She then asked me to list out her weaknesses.

Your anger level seems to be quite high. You seem to be erratic and temperamental. Your ego level is very high. That limits your vision, which makes you bound by your self-defined beliefs and perceptions. With such a restricted vision, you don't seem to be open to listening or counsel of elders. You will rather habitually distrust their intent, and more often for no valid reasons. You may not be keen to look beyond for a reality check or better options if any available either. If something happens beyond your expected lines, it would be difficult for you to digest, when you may lose your sense of control and go wild to force your point of view. While admitting her fault lines, she also tried to justify her actions in recent past. She then asked me to explain how I could figure out so aptly?

Before I could explain, her mother quipped: "Her daughter doesn't behave well with parents." That was enough to trigger the girl's long drawn pent up feelings. She started uncontrollably sobbing. Began shouting on her mother: "How can you undress and insult me before a stranger? Why would you share domestic issues with an outsider? You have been torturing me for long. I have penned down all that you have done to me so far." It took time for her to calm down. I was just taken aback at her conduct, but I was happy that she exhausted, otherwise her stress level would have continued to swell further.

Once, she was calm, I intervened and said, I don't want to sit on judgment, as to who amongst you is to be blamed more. I will suggest all of you to behave sensibly. You have a long way to go. Very soon, you will be married and leave your parent's house. But your habit tendencies will keep chasing you in the next course of life, and even on your career front. So, better address your attitudes before it is too late, following the method I suggest.

Let us now look at the astrological pointers to her habits and attitudes. Lagna lord Sun is debilitated, which implies that her health profile as well as confidence level is low. Given a difficult situation, instead of combating it in stride, she may begin self-pitying, and try to blame external factors for what would be happening. The Sun is placed adverse to Uranus and Neptune. This in the first place, makes her stuck to her fanciful dream perception, often distanced from ground realities. She may not acknowledge truth on its first appearance, and would rather passionately pursue her beliefs till pushed to the wall.

Second, she would be temperamental and erratic, who would be habitually tempted to defy elders. Saturn conjunct Ketu and Moon makes her an escapist, who may never be satisfied with what she has in hand, and start looking for a change. Also, she would be suspicious by nature, carrying grudging and grumbling tendency. Mercury placed ill-disposed off to Neptune accounts for her insensible reasoning and judgment. If that would not be enough, Mars placed adverse to Jupiter gives her an inflated ego. The result is there to see.

The positives in her are no less. That, however, will play out unhindered, only when she addresses her inherent weaknesses.

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