Opans slams it as unconstitutional

T he Government on Monday introduced in the lower House to remove the Chief Minister of Manipur from office. The Bill was introduced by the Prime Minister with a majority of 107 votes. The Bill was passed by the Lok Sabha with a majority of 107 votes.

Bengal Govt trying to snatch Punjab’s rights on UP: AAP

A day after Union Home Minister Rajnath Singh announced that the Central Government would consider demands of the two State governments, Governor V P Singh Badnore on Monday said thewhole process was going on under Chandigarh employees are now come under the Central Government.

BJP Maxi prs in Assembly as opposition leaders stage walk-out

BJP’s Bishan Bedi Bajwa said that the opposition parties were not allowed to question the decision of the Central Government.

Cong seeks CBI probe in Manasa case

The Congress on Monday demanded a CBI probe into the Manasa swap case alleging that a Central Bureau of Investigation (CBI) officer had threatened the family of the deceased.

MLAs exchange blows in Bengal Assembly

High-level 1.36-cr cash seized from engineer

The Central Government has introduced a Bill in the Lok Sabha to remove the Chief Minister of Manipur from office.

CB Jwalsingh

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CB Jwalsingh
State economy contracted by 5.3% in 2020-21: CM

In city

Youth injured in firing at petrol pump

Greetings CM on BJ win

Bureaucrats have crossed Lakshmanrekha: BJ

Contemporary

The Kashmir Files: The suppressed truth pours out

Seawage discharge into Kathjodi to stop soon

Cutting a mark

CPL, Bhubaneswar

The BJP on Monday conducted the war against the chaos of the dissidents and congratulated Chief Minister Naveen Patnaik for his BJ win in the bypoll

He said that out of the four pillars of democracy thedemocracy, the issue has been lsolved with special privileges and they ought to be arrested at their home. I snot satisfied with the chaos of the dissidents and congratulated Chief Minister Naveen Patnaik for his BJ win in the bypoll

Did you feel sad being elected the nominee of Naveen Babu

The movie ‘The Kashmir Files’ are sensuous wrestling stories of heart-rending scenarios of brutality and atrocities, about which we all have been long silent. The war against the intellectuals.

A majority of the review of the movie ‘The Kashmir Files’ are sensuous wrestling stories of heart-rending scenarios of brutality and atrocities, about which we all have been long silent.

We are all aware that the city became a place of mystery and heritage of mankind in the form of shrines, mosques, temples, etc. that have plants share our content with the world and the children and the ASI must work hand in hand to protect the precious gift of Indian culture.

Deory says the BJ will come to power with a majority

As per the complaint, she was exposed how the BJD is using support and for having his trust Naveen Patnaik for his great contribution that he got him elected. I must also thank the Mayor and the public for having me elected to Parliament is a milestone for the mission of projecting women. Even in the ULB elections, Bisoi being elected to Parliament is an inspiration, my achievements in journalism in a New India level. For this, the Mayor is indeed catapulted me to reach here.

We have seen that there is no alternative to the dynamic image of Naveen Patnaik. Green and the BJD are sure to win the election and the BJ will come to rule for a few more terms.

Do you believe your victory is the result of women empowerment of Naveen Babu

We must admit that it is journalism that indeed feel happy. I must thank the voters of Bhubaneswar and the Mayor for having me elected. I must also congratulate the Chief Minister for his great contribution that he got him elected. I must also congratulate the Chief Minister for his great contribution that he got him elected.

However, as a journalist, she switched over to journalism in a New India level. For this, the Mayor is indeed feel happy. I must thank the voters of Bhubaneswar and the Mayor for having me elected. I must also congratulate the Chief Minister for his great contribution that he got him elected.

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PM S. JYOTIRANJAN

Bhubaneswar

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Stop constructions near Puri shrine

EBCOHANS inspects N’garh J‘pura section

12 projects of Rs 2,071 cr get nod

New nomenclature: now pop NPA

First Board meet held

P N Padhu

The Padma Port Trust (PPT) Government has held its first Board of Governors meeting at its office in the presence of the Chairperson. The meeting was held to take important decisions on the management of the port.

Outfits submit memo to DM

A state-level outfit submits a memorandum to the District Magistrate of Bhubaneswar demanding to stop the works of the Heritage Corridor Temple area. The outfit has also expressed concern over the loss of heritage in the area.

Govt is not in favour of entrepreneurship and focus on three things

The government is not in favour of entrepreneurship and focuses its attention on three things: manufacturing, realisation of land and better governance.

Three different higher secondary schools approved

The State Education Department has approved three different higher secondary schools. The schools are located in Bhubaneswar, Cuttack and Rourkela.

What to do, when to do and how to keep the heritage alive

A new initiative has been launched to keep the heritage alive in the area. The initiative aims to involve the local community in the conservation efforts.

Ronald Miranda

The Centre for tourist development and tourism promotions has launched a new initiative to promote tourism in the area.

Parliamentary Board meeting concludes

The Parliamentary Board meeting of the Odisha Housing and Urban Development Corporation (OHURD) concluded on April 23rd. The meeting was attended by the Chairperson, the Secretary, and other members of the Board.

Three filled for Atharhams indoor stadium

The Steering Committee for the development of the stadium had approved the project on April 24th. The project is expected to be completed within the next six months.

Medina Development

The Medina Development has signed an agreement with the local government to develop a new urban centre in the area. The project is expected to create jobs for the local residents.

Shailendra

The newly appointed District Magistrate of Bhubaneswar has ordered the construction works to stop near the shrine by use of heavy machines.

Tension had prevailed near the post mortem house, VIP lounges, etc, and reduced dependency on imported complex fertilisers.

The Board meeting was attended among others by environmentalist Dr. Ramanath Mishra, Gajapati and the youngest of them was sent to an adoption centre.

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A recent study has shown that the Environmental Impact Assessment (EIA) process is often skewed in favor of developers, as evidenced by the approval of a large-scale project despite strong opposition from local communities and environmental groups. The study highlights the need for more transparent and participatory decision-making processes in the EIA process to ensure that the interests of all stakeholders are considered.

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**Ayuish Ministry helped for innovative measures**

A parliamentary panel has demanded that the Union Ayush Ministry lay down the details of a plan to implement the Ayush Digital Mission, which aims to modernize the Ayush sector. The panel has also asked the ministry to justify the allocation of funds for the project.

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**Ayuish Ministry helped for innovative measures**

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PILs, the pleadings even before coming to declare any religious or linguistic community, including Hindus, as minority within the said Union List. The Union List grants the power of the Centre to identify and notify minorities and to make rules for the enforcement of the provisions of the Act, without any reference to the powers of the States. It is a misapprehension that the Centre has not notified any religious or linguistic community as minority. The Government of India has, in fact, notified several communities as minorities under the Act, including Muslims, Christians, Sikhs, Buddhists, and Parsis -- as minorities and communities -- Muslims, Christians, Sikhs, Buddhists, and Parsis -- as minorities and Hindus in various parts of the country. The备案 powers of the Centre to identify and notify minorities are conferred by the Constitution, “Yogi said.

The Chief minister said, “I

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471 (false in official document)

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**The smackdown**

Could the Will Smith-Chris Rock saga have unfolded differently if one of them were white?

**Tourism**

Terrorism in India is a surprisingly expansive, fast-paced and rapidly evolving threat. The attack in Mumbai in 2008 was a wake-up call for the Indian government and the world. Since then, India has made significant progress in raising awareness and implementing measures to combat terrorism. However, the threat persists and continues to evolve with new tactics and technologies. It is important for India to remain vigilant and continue to strengthen its counter-terrorism efforts to protect its citizens and interests. This is a critical issue for India and the global community to address.
A pleasant surprise in the elec-
tions of the first term for the new
Speaker of the State Assembly.

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Sensex, Nifty rebound on banking, oil, gas gains

India's benchmark indices Sensex and Nifty rebounded on banking, oil and gas stocks after a steady fall last week.

Sensex rose by 829 points to 76,129.80, while the broader Nifty50 gained 258 points to 22,282.40.

Banking stocks led the rally with private sector banks performing better than public sector ones.

Oil and gas stocks also rallied, with Brent crude prices edging up on expectations of tighter supplies in response to Western sanctions against Russia.

On the broader front, most sectors witnessed gains, with IT, auto and real estate stocks also contributing to the upswing.

However, gains were limited as some sectors like healthcare and IT were subdued.

Housing prices may go up 15% on rise in construction cost

The rise in construction cost led to a 15% increase in housing prices. Builders are now facing higher costs due to increased input costs, and this is being passed on to customers.

The price hike is also due to increased labor costs, raw material prices, and transportation costs.

SBI forecasts 9.85% increase in construction cost

The State Bank of India (SBI) expects a 9.85% increase in construction cost due to the rising prices of raw materials and labor.

The bank predicts that housing prices will rise by 15% as a result of this increase.

Housing market remains robust

Despite the increase in construction costs, the housing market remains robust with strong demand from first-time buyers and investors.

The government's efforts to provide affordable housing and incentivize builders are expected to further boost the market.

Govt’s total liabilities rise 2% to Rs 128.4 L cr

The government's total liabilities rose 2% to Rs 128.4 L cr in November, according to the Reserve Bank of India (RBI).

The liabilities include loans from banks, deposits, and other borrowings.

The rise in liabilities is attributed to increased borrowing by the government to fund its spending.

India's public debt to GDP ratio fell to 60% in November, according to the government.

Pahlaj Nihalani

Pahlaj Nihalani, a former journalist and film producer, has been appointed as the new chairman of the Central Board of Film Certification (CBFC).

He replaces Prasoon Joshi, who had resigned in August over differences with the government.

Nihalani's appointment comes after a long vacancy on the board.

The CBFC is responsible for certifying films for release in India and ensuring they comply with the country's film exhibition rules.

The board was last headed by Chandra Prakash Goyal, who left in December 2021.

The new CBFC chief will oversee the certification process for around 1,500 films released every year in India.

Indian film industry

The Indian film industry welcomed Nihalani's appointment, saying it would help restore the industry's confidence.

Many in the industry had raised concerns over the long vacancy, which had caused delays in releasing films.

Pahlaj Nihalani is expected to bring a fresh perspective to the board and address the industry's concerns.

The appointment was announced by the Ministry of Information and Broadcasting.

The CBFC is responsible for certifying films for release in India and ensuring they comply with the country's film exhibition rules.
Incorporate alone time in your life

Social connections are important for physical, mental and emotional well-being. However, spending too much time with others can be detrimental to your mental health. Alone time is important for refreshing and rejuvenating your mind. It helps in reducing stress, increasing productivity, energy, confidence and creativity. Opt for what works for you.

When I was very busy and didn’t have the time for myself, it is important to make time. Instead, tap into the joy of indulging in alone time from time to time. This may be true for introverts who need alone time in order to recharge after social interactions. Getting enough alone time affects the mental health even if you are constantly around others. Being constantly around others can make you feel anxious, uncomfortable or anxious.

While some people may enjoy alone time, there are others who might find it hard to do. This is why I am sharing a few tips to provide you with an opportunity to enjoy alone time.

1. **Finding a quiet spot:** Finding a quiet spot away from others can be a great way to enjoy alone time. This can be a park, a library, or even a quiet corner in your home.
2. **Setting a boundary:** Setting a boundary with others is important. This can help you set aside time for yourself and enjoy alone time without feeling guilty.
3. **Finding a quiet activity:** Finding a quiet activity that you enjoy can help you enjoy alone time. This can be reading, writing, or listening to music.
4. **Finding a quiet moment:** Finding a quiet moment in the day can be a great way to enjoy alone time. This can be a break at work, or a moment before dinner.

While alone time can be beneficial, it is important to ensure that you are not neglecting your relationships. Spending too much time with others can also be detrimental to your mental health.

**When is the right time for alone time?**

- **When you feel stressed:** When you feel stressed, taking some alone time can help you relax and recharge.
- **When you need to think:** When you need to think, taking some alone time can help you come up with new ideas.
- **When you need to recharge:** When you need to recharge, taking some alone time can help you feel refreshed.

**When to enjoy alone time?**

- **Morning:** Enjoying alone time in the morning can help you start your day on a positive note.
- **Midday:** Enjoying alone time in the midday can help you recharge during the day.
- **Evening:** Enjoying alone time in the evening can help you relax before bedtime.

**Why is it important to enjoy alone time?**

- **Improves mental health:** Enjoying alone time can improve your mental health by reducing stress and anxiety.
- **Improves creativity:** Enjoying alone time can improve your creativity by giving your mind time to wander and think.
- **Improves productivity:** Enjoying alone time can improve your productivity by giving you time to recharge and come back to work refreshed.

**What can you do during alone time?**

- **Read a book:** Reading a book can help you relax and improve your knowledge.
- **Listen to music:** Listening to music can help you relax and improve your mood.
- **Write in a journal:** Writing in a journal can help you express your thoughts and feelings.
- **Practice mindfulness:** Practicing mindfulness can help you be present and improve your focus.

**What are some tips for enjoying alone time?**

- **Set a goal:** Setting a goal for your alone time can help you stay focused and productive.
- **Limit distractions:** Limiting distractions can help you enjoy alone time without being interrupted.
- **Find a quiet spot:** Finding a quiet spot can help you enjoy alone time without being disturbed.
- **Set a timer:** Setting a timer can help you stay on track and enjoy alone time for the desired amount of time.

**How to make the most of alone time?**

- **Focus on the present:** Focusing on the present can help you enjoy alone time without being distracted.
- **Enjoy the moment:** Enjoying the moment can help you enjoy alone time without thinking about the past or the future.
- **Be grateful:** Being grateful can help you enjoy alone time without being negative.

**What are some benefits of alone time?**

- **Improves mental health:** Alone time can improve your mental health by reducing stress and anxiety.
- **Improves creativity:** Alone time can improve your creativity by giving your mind time to wander and think.
- **Improves productivity:** Alone time can improve your productivity by giving you time to recharge and come back to work refreshed.

In conclusion, incorporating alone time into your life can be beneficial for your mental health. However, it is important to ensure that you are not neglecting your relationships or overdoing it. Balancing alone time with social interactions is essential for a healthy and balanced lifestyle.
Unbeaten German boss Flick welcomes Dutch test

Roberto Mancini dropped a big hint on Monday he will only carry on with him at the end of the campaign if Italy qualify for the World Cup, sparking talk he could quit if they are eliminated later this week.

Names including 2006 World Cup-winning captain Fabio Cannavaro and 2004 European Championship winner Fabio Grosso have been linked with the Italy job if Mancini departs, but he did not rule out staying.

Mancini, who will be 41 by the time of the 2022 World Cup finals in Qatar, sparked talk he could quit if Italy failed to qualify for the finals when they were knocked out of Euro 2020 in the quarter-finals by England.

"We have 90 minutes to fulfil our mission," he said. "Nobody is going to win if we don't have the ball.

"We're playing North Macedonia and it's because they deserve it. That's why we are here."

"This is one of the most difficult and most exciting matches for all of us."

"I've spoken with the (Italian Football Federation) president and the president of the (Italy Football Federation) about it," he said. "From my point of view it's going to be an extremely tough game because if the Macedonians are here it's because they deserve it.

**Unbeaten German boss Flick welcomes Dutch test**

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**N Macedonia game 'of life & death'**

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"I'm still young, my aim is to win a European Championship or the World Cup," he said. "I want to carry on with my career as a coach."

"For us, this game is a matter of honour.

"It would be great to put another step in the bag for Portugal and bring back Portuguese pride to the country, to the nation." "This will be the best game of Portugal, the best game of my career." "It would be great to put another step in the bag for Portugal and bring back Portuguese pride to the country, to the nation.

"This will be the best game of Portugal, the best game of my career." "It would be great to put another step in the bag for Portugal and bring back Portuguese pride to the country, to the nation.
For the first time in 3 years, the Rajasthan Royals, who won the inaugural edition of the Indian Premier League, won the opening match of the 2022 season, beating their last对手 by a margin of 13 runs. Despite the loss, the Kings have now won a total of 4 matches against the Royals in the previous 6 seasons. This victory also marked the first time that the Royals have recorded a win in the world Twenty20 format.

Hooda, Badoni take LSG to 158/6

Depleted Oz suffer Marsh injury blow for Pak ODIs

No Deepika in Asian Games squad

Canada beat Jamaica 4-0 to reach first WC in 36 years

PREMIER LEAGUE 2022

The Indian Premier League (IPL) is a professional Twenty20 cricket league in India, currently in its 15th season. The 2022 edition began on 30 March and is scheduled to finish on 11 June. The tournament comprises 10 teams, each playing 10 matches and the top four teams will qualify for the playoffs.

Deepak Hooda and Arzish Badoni smashed quick-fire fifties to put LSG on top with 158/6. After a dominating performance, they both hit three boundaries and saw the team through to a comfortable win. LSG's bowling attack also played a crucial role in restricting the opposition to 158.

Elgar ‘comfortable’ some key players opted for IPL over SA

South African Test captain Dean Elgar said on Sunday, “We are comfortable with the options of having players to make themselves unavailable for Test matches against Bangladesh, which started in Kingsmead on Monday. Some IPL players are available for the SA team. They are players contracted to the local franchise and in the first XI, so that is where they will be.

The World Cup is going on right now and there is a lot of interest in the women’s game. It was heartbreaking to see some of the cricketers that were not selected, but it’s part of the game. I think we will see the best of them in the future. It’s a great opportunity for them to play for their country and I wish them all the best.”

The South African women’s team is currently ranked 2nd in the ICC Women’s ODI rankings and is looking to maintain its position in the tournament.

India have already qualified for the World Cup and are currently ranked 1st in the ODI rankings. They set up a crunch match against Pakistan on Thursday to decide the top two teams in the group. The match is being played in Lahore and is set to be a high-scoring contest.