VIP break darshans will start at 8 am and end at 9 am and will resume from 4 pm to 5 pm. Rajahobham would be conducted from 12 noon to 12.45 pm. The temple would be opened at 3 am for suprabhatha seva and closed at 10 am after the conduct of shayyamrit.

Four years of unmitting efforts... And, a glorious dream has come true! From golden lemons to bewitching architecture, the magnificently renovated Lakhminarasimha Swamy temple, built on the lines of Balaji temple at Tirupati, is here for everyone.

Breaking traditions, the government has announced that the temple owner gets priority in terms of darshanas. The external view of the temple, both in its internal detail and external structure, makes everyone feel as if he is entering the abode of the Lord.

PK, Amit Shah lock horns in Telangana

Although Telangana is at the forefront when it comes to adopting emerging technologies, it is unable to nutrate. The Nizamabad-based businessman who is currently working for the development of a new initiative in the field of tourism has been active in the field of technology for more than five years.

Amit Shah recently visited the state to meet the authorities and discuss the progress of the project. He also held a meeting with the state government officials to discuss the future plans.

In his meeting with the state officials, Shah expressed his interest in investing in the tourism sector and suggested some initiatives that the government could take to promote tourism in the state. He also said that he would be happy to provide financial assistance to the state government for the implementation of these initiatives.

Shah also discussed with the authorities about the ongoing projects and their progress. He assured them of the support and assistance of the central government in implementing these projects.

At the end of the meeting, Shah expressed his confidence in the future of tourism in Telangana and said that he would continue to support the state government in promoting tourism in the state.
BJP sincere in extending social justice to all groups

Continued from page 1

The Enforcement Directorate (ED) has provisionally attached movable and immovable properties of Gupta, the main accused, and associate companies and was illegally channelled back to the Gupta have been attached to the Gupta, the main accused, and associate companies and were illegally channelled back to the Gupta through various instruments. The portal t...

PK, Amit Shah lock horns

Continued from page 1

Amit Shah has clearly said that the party will continue to fight against all kinds of corruption and will work towards creating a corruption-free society.

Tri-Cities portal's first edition

Sources said that the government plans to launch the portal and the portal is expected to be launched in the next few months. The portal will be a major tool for the government to monitor and track the implementation of the schemes and projects. The portal will also help in identifying any irregularities or inefficiencies in the implementation process.

The government plans to launch the portal as part of its efforts to increase transparency and accountability in the implementation of its schemes and projects. The portal will be developed with the help of various stakeholders, including the government, the private sector, and civil society.

The portal will be launched in collaboration with various organizations, including the Ministry of Housing and Urban Affairs, the Ministry of Rural Development, and the Ministry of Statistics and Programme Implementation.

The portal will be a one-stop solution for all the stakeholders involved in the implementation of the schemes and projects. It will help in tracking the implementation of the schemes and projects, identifying any issues, and taking corrective actions if needed. The portal will also help in ensuring that the schemes and projects are implemented in a time-bound manner and within the budget.
No progress on the plans for wayside amenities on ORR

Avoid responding to a call from unknown persons: CS expert

Panel discussion on Cyber security organised

Focus on Green technology, academics told

City police starts registration for Pre Recruitment Training

HYDERABAD: Hyderabad City Police Commissioner Sri Prashant Parameswaran said on Tuesday that the police department is starting the registration process for the Pre Recruitment Training course. The Commissioner held a meeting with all the deputees regarding the conduct of the Pre Recruitment Training. He said that the registration process will start from today and will continue till the end of the month. He added that the details regarding the selection process and other related matters will be announced soon.

Tobacco consumption can be reduced by higher tax, say doctors

YS Rama Devi

With the increasing prevalence of tobacco usage in India, there is a need to address the issue with a comprehensive approach. In this regard, YS Rama Devi, a member of the Lok Sabha and the leader of the YSR Congress Party, has expressed her views on the impact of higher tobacco taxes on reducing consumption. She believes that imposing a higher tax on tobacco products will help in reducing the prevalence of tobacco usage.

YS Rama Devi further stated that the government needs to focus on creating awareness about the harmful effects of tobacco usage. She suggested that public awareness campaigns and education programs should be conducted to inform people about the risks associated with smoking.

YS Rama Devi concluded by emphasizing the need for a multi-pronged approach to address the tobacco usage epidemic. She urged the government to continue to monitor the impact of higher tobacco taxes and to make necessary adjustments to ensure that the goal of reducing smoking prevalence is achieved.

Panel discussion on Cyber security organised

With the increasing rely on technology and digital infrastructure, Cybersecurity has become one of the top priorities for organisations and governments worldwide. In this context, a panel discussion was held recently to discuss the current state of Cybersecurity and the measures being undertaken to address the challenges. The panelists highlighted the importance of a holistic approach that involves education, awareness, rapid response mechanisms, and collaboration between various stakeholders.

One of the key takeaways from the discussion was the importance of continuous learning and adaptation to the evolving threat landscape. The panelists stressed the need for organisations to adopt a proactive approach and invest in robust security practices to mitigate the risk of cyber attacks.

The discussion also touched upon the role of technology in enhancing Cybersecurity, with panelists highlighting the potential of Artificial Intelligence and machine learning in identifying and responding to cyber threats more effectively.

The insights shared during the panel discussion are expected to contribute to the ongoing efforts to improve Cybersecurity measures and enhance the resilience of digital infrastructures.

Focus on Green technology, academics told

The importance of green technology and sustainable practices has been gaining prominence in recent years, with a focus on reducing carbon emissions and promoting environmental sustainability. In this context, a discussion was held recently to emphasise the need for adopting green technologies and practices in various sectors. The participants underscored the role of education and awareness in driving positive change and stressed the importance of collaboration between stakeholders.

The discussion highlighted the potential of renewable energy sources, such as solar and wind power, in reducing reliance on fossil fuels and mitigating climate change.

The speakers also discussed the need for policy interventions and regulatory frameworks to support the adoption of green technologies. They emphasised the importance of public-private partnerships and intersectoral collaboration in scaling up the implementation of sustainable initiatives.

The insights shared during the discussion are expected to contribute to the ongoing efforts to promote green technology and sustainable development.
Aam Admi Party in-charge for south Momnath Barti has reportedly been trying to rope in former MLA MLC Baburao Babu. Babu, the party would stage a demonstration programme on March 28 in 31 villages to protest against the hike in electricity bills. Bugga, third-time, would be the son-in-law of the party's in-charge for south Momnath Barti. It is learnt that the party's in-charge for south Momnath Barti, who has filed a police complaint against Babu, would stage a demonstration in 31 villages on March 28.

The Congress party held a meeting atraz Centre in their office to discuss the demonstration programme on March 28. The meeting was attended by senior Congress leaders and party workers. The party leaders felt that the demonstration would help to raise the issue of electricity hike and attract the attention of the public.

Meanwhile, the Telangana Pradesh Congress Committee (TPCC) also held a meeting to discuss the demonstration programme. The TPCC leaders felt that the demonstration would help to raise the issue of electricity hike and attract the attention of the public.

In the meantime, the Telangana Rangasthala party has also announced a demonstration programme on March 28. The demonstration would be held in 31 villages to protest against the hike in electricity bills. The party leaders felt that the demonstration would help to raise the issue of electricity hike and attract the attention of the public.

The demonstration programme on March 28 is aimed at drawing the attention of the public to the issue of electricity hike. The demonstration would be a peaceful one and would not cause any disturbance to the public. The demonstration would be held in 31 villages to protest against the hike in electricity bills. The party leaders felt that the demonstration would help to raise the issue of electricity hike and attract the attention of the public.

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FP 18
UK could declare nodes
Unnatural and security gaps

tuch ‘nodes’ or ‘poles’ in a
“world without borders,”
President Vladimir Putin
announced on Monday.

In an interview with inde-
pendent television channel
Channel One, Putin said that
UK, along with France and
China, could be regarded as
“nodes in a system and
‘poles’ for the world.”

Russia has long demanded
that allies stop any efforts
of joining the western
NATO or other military
alliances, which Moscow sees as
a threat to its security.

NATIONAL SECURITY

In a Nov. 30 statement,
the Russian foreign ministry
said that the UK’s actions
were a sign of concern for
its own security and
as an attempt to gain
a stronger voice in
certain international
organizations.

UK’s actions are a sign of
cautious behavior as they
demonstrate concern for
their own security and
the right to make decisions in
international organizations.

UK’s officials have
not yet commented on
these statements.

UK’s Defense Secretary
Sajid Javid has
met with US officials
on Monday.

Javid and US Secretary
of Defense Lloyd Austin met
on Monday to discuss
the situation in Afghanistan.

The two countries have
agreed to work closely
on the security situation
in the region.

HYDERABAD | TUESDAY | MARCH 29, 2022

Ukraine war threatens food
supplies in fragile Arab world

The two leaders agreed
on Monday.

W HEN the borders started
falling in Ukraine’s capt-
ured territories, the
ANNOUNCED... tags and
violation of Ukraine’s integrity.

The situation in Ukraine has
become critical as the Russian
agression continues.

Ukraine and its neighbors
are facing a severe humanitarian
crisis.

A similar set of circum-
stances is being observed
in the Middle East.

It shows a level of anxiety
that has echoes of the
cold war era.

Threats are not limited
to one region, and the
Global Food Security Index
published in April last year
demonstrated that
the need for food security
is urgent.

The Ukraine war poses
a major threat to
food security in the
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Takingaways from PRAFULL GORADIA

ITAPARICHI — It is the first time in its 118-year-old history that the Academy has scripted by the Academy bosses or genuine. Will, a nominee for the best actor award for the movie ‘King Richard’, has issued an open letter to the Academy bosses, asking them to reconsider their decision to ban expletives in the ceremony. The letter, which was issued on Monday, is a response to the Academy’s decision to ban expletives, including the use of the word “c**n,” from the ceremony. The letter reads:

“Dear Academy bosses,

I am writing to you to express my concern and disappointment regarding the decision to ban expletives, including the use of the word “c**n,” from the ceremony. This decision is not only unjust but also goes against the spirit of the movie ‘King Richard.’

As a nominee for the best actor award, I believe that my performance and the movie’s message are important and should be celebrated. I was looking forward to the ceremony to receive my well-deserved recognition and to see my film ‘King Richard’ receive the attention it deserves.

I understand that the Academy has a duty to maintain a respectful and appropriate environment for all those in attendance. However, I believe that this decision is overreaching and goes beyond the acceptable boundaries of what is expected in a public ceremony.

I urge the Academy to reconsider this decision and to allow for an open and respectful conversation about the film and my performance. I am confident that my message and the film’s intent will be conveyed in a way that is respectful and appropriate.

Thank you for considering my letter.

Sincerely,

[Signature]

Will”

The comment section was locked on Monday after Will Smith slapped Chris Rock at the Academy Awards. The incident sparked a heated debate on social media, with many expressing their support for Will Smith and others calling for him to face consequences. The Academy Awards have been under scrutiny in recent years for their handling of such incidents, raising questions about the role of the Academy in shaping a more inclusive and respectful environment.

In the days leading up to the ceremony, there were calls for the Academy to address the issue of diversity and inclusion, particularly in the wake of protests against the lack of diversity in the nominees list. The incident has also raised questions about the Academy’s role in upholding standards of behavior and respect.

The Academy Awards have long been a symbol of Hollywood’s power and influence, and such incidents have the potential to shape the industry’s direction. It remains to be seen how the Academy will respond to this latest controversy and whether it will take steps to address the concerns raised.

This incident highlights the ongoing challenges faced by the Academy in creating a more inclusive and respectful environment. It also raises questions about the role of the Academy in shaping the industry’s values and norms. As Hollywood continues to grapple with these issues, it will be interesting to see how the Academy will respond in the days and weeks to come.
When farmers get dozens of options to sell, plain common sense says that they are bound to get a good deal. In reality, the farmers would have a good idea of this windfall which under the extant open-ended procurement system is already under MSP regime. This can continue - like any other trader - to buy wheat from the market @ Rs 27 per quintal and even less. If the government reduces the MSP to Rs 25 per quintal, it will not matter in any way to the farmers anymore in the country, the country will suffer. Instead of losing their crop to the merchants, they could sell it to the government at the MSP and benefit in the long run. Initially the system intended to procure quantity needed to meet PDS needs plus a strategic buffer for the country’s long-term food security. However, after purchase of surplus at MSP, the buffer has been swelled to such an extent that it has become an end in itself. This has put the entire system under a dangerous trajectory via unsold PDS stocks. It has a domino effect on the entire system. As a result, adequate stocks are being lost and consequent shortages, budgetary, administrative and political consequences, beginning with stock-outs, inflation, cost of living, deforestation, and downstream, lead to a need for an urgent and immediate change of policy.

We believe the government at the Centre and the States can come together and take a bold and decisive move. One of the best ways to start is to give farmers direct benefit transfer (DBT) to all beneficiaries. It may not be 125 rupees on wheat (Rs 25 per quintal) as a food security payment. But the government should consider giving DBT to all beneficiaries. It can be Rs 25 per quintal on wheat to farmers and Rs 30 per quintal on rice. This will help in reducing the cost of storage and distribution in the country. As for the second part, the government should consider giving additional nutritional support (like incentivising rice or wheat purchases) to PDS beneficiaries. It can be Rs 25 per quintal on wheat and Rs 30 per quintal on rice. This will help in reducing the cost of storage and transportation. As for the second part, the government should consider giving additional nutritional support (like incentivising rice or wheat purchases) to PDS beneficiaries. 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Early evaluation is essential

During a woman’s menstrual cycle, the texture & consistency of breast tissues may change thereby making the breast tender. They also undergo modifications with age, says Dr ANJALI KUMAR

WHAT IS A BREAST LUMP?

A breast lump is a abnormal growth of tissue that can feel like a bump or swelling in the breast. It can be caused by benign (non-cancerous) growths or cancer. While most breast lumps are benign, it is essential to have them evaluated by a healthcare professional to rule out any possibility of cancer.

DR ANJALI KUMAR

Dr Anjali Naik is a Senior Gynaecologist & Obstetrician and Founder, Main Women Health.

When to see the doctor?

You find a new breast lump or a nipple discharge. Ask the doctor about the new breast lump.

How does breast tissue normally develop?

This breast tissue is a combination of ducts, fat, and connective tissue, and it can change with age and hormones.

Procedure to evaluate a breast lump

A doctor might ask you to get some tests done before confirming the diagnosis of the breast lump.

Timing of your salt intake

During the course of a year, the body retains salt and water, which can lead to an increase in blood pressure and weight gain. Reducing salt intake can help control blood pressure and reduce the risk of heart disease and stroke.

A BREATH LUMP IS NO DOUBT A SERIOUS CONDITION AND COULD BE THE INITIAL SYMPTOM OF BREAST CANCER. BUT AT THE SAME TIME, IT IS IMPORTANT TO REMEMBER THAT NOT ALL BREAST LUMPS ARE CANCEROUS. PARTICULARLY IN YOUNGER WOMEN, BREAST LUMPS MAY BE AN INDICATOR OF A BENIGN CONDITION

Endicating and eliminating danger

As clinicians, we witnessed the terrible reality of the disease manifested in an unvaccinated individual. These vaccines didn’t only save several million lives, but also protected millions, says Dr J A JAVALAI.

We are grateful to the vaccine developers who worked tirelessly to develop a vaccine that protects its population, and thank the healthcare workers who have produced vaccines for its delivery.

We also recognize the healthcare workers on priority it was a non-negotiable that in any government recollection the healthcare community’s role in the battle against the present day pandemic.

Lastly, from the country who truly realized the importance of vaccine delivery and support its global availability.

In the face of a pandemic, it is essential for us all to get vaccinated and support the healthcare workers who have worked tirelessly to make this happen.

National Institute of Nutrition and Food Technology

HOW MUCH IS TOO MUCH?

According to the Global Burden of Disease report, high intake of sodium is the largest contributor to mortality. DR ANJALI NAKRA tells us more

Salt has been used by humans throughout the ages. It is available in sea water, mineral deposits (under the earth), surface, lakes, and springs. It was not readily available, and was much more expensive. This is why salt is considered a luxury in many parts of the world. It was used to preserve meat to last for long periods. Salt is essential for a healthy diet and is an important component of most food items.

The effect of high intake of salt in the diet is as follows.

Heart: Prolonged high salt intake increases the risk of heart disease and stroke. Blood pressure increases, leading to heart failure and stroke. Blood vessels become stiffer, making it more difficult for the heart to pump blood.

Bones: Decreases bone mineral density, leading to an increased risk of fractures.

Brain: Increases the risk of stroke and heart disease.

Increased screen exposure in kids has been seen leading to an increase in the risk of developing obesity and lifestyle diseases.

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Hustle culture getting out of control

Shantanu Maheshwari bags Best Bollywood Actor at Empower Business Icon Awards 2022

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imentary tips followed after Shantanu Maheshwari joined the cast of Gangubai Kathiawadi and it kept the fans waiting for his debut on the silver screen. When the heartthrob finally arrived on the big screen in the role of Alibaug’s iconic brothel owner, the audience was in awe. His portrayal of the character, an underdog who rises to become a successful entrepreneur, won him critical acclaim.

According to Shantanu, the role was challenging as he had to adapt to the rustic look and feel of his character. However, the actor credits his family and friends for their support throughout the shoot.

Top notch acting

Shantanu, who is known for his realistic acting style, says that he has always been passionate about portraying a real person, and this role was no exception. "I wanted to bring Alibaug alive on screen," he says.

The actor also expressed his gratitude to the director, Sanjay Leela Bhansali, for giving him the opportunity to play such a diverse character. "I’m grateful to the director for believing in me and giving me this chance," he says.

The film is set against the backdrop of the 1960s, and Shantanu says that the biggest challenge was getting into character. "It was a big responsibility to portray such a complex character," he says.

The actor also added that working with the talented cast and crew was a joy. "It was a wonderful experience working with such a talented team," he says.

Shantanu Maheshwari says he is looking forward to the audience’s reaction to the film and hopes that it will leave a lasting impact.

"I’m excited to see how the audience receives the film," he says. "I hope they enjoy it as much as we enjoyed making it."
THE MR & MISS SO STAR GRAND FINALE was held at HICC Novotel on Monday. Film director Harish Shankar and Romantic film fame Aakash Puri were the chief guests. Judges for this show were Abhimanika Tavi, Mrs Universe Intelligence 2017, Sandeep Raj, film director, Deepika Karnani, celebrity makeup artist, Bavya Tipirneni, dermatologist, Shreya Rao, Femina Miss India runner up.

ARCHIE

GARFIELD

NANCY

GINGER MEGGS

THE CROWN

Sakshi Chaturvedi, founder of Buzz Kya Entertainment, organised a stand-up comedy show with one of India’s top comics — Sorabh Pant — at Heart Cup Coffee, Jubilee Hills, on Sunday. This was the comedian’s third stand-up performance in Hyderabad post the pandemic and it was opened to whistles and claps from the audience. Sorabh showcased his wit, performing for a small audience of roughly 200 odd people. A performance full of improvisation, spontaneity, and his unique mannerisms definitely made people fall out of their seats more than once. Sorabh, who has done over 2,000 shows in 100 cities across the globe, also has two specials on Amazon Prime Video — My Baby Thinks I’m Funny and Make India Great Again.

SUDOKU

CROSSWORD
Mirnaa Menon makes her official Telugu debut!

Shekha Dusagi

Mirnaa Menon comes from a film family. Her father is a noted actor and producer in Tollywood. Mirnaa Menon has completed her school education from The Bhavan's Senior School and College, Hyderabad. She then went on to pursue law from the Kakatiya University, Warangal. She is also a trained dancer, and has studied Music, Dance and Drama from the People's Dance Academy of India. She is fluent in English, Hindi, Telugu, Tamil, and Malayalam.

Her debut film is a Telugu romantic drama, titled ‘Varun Tej’s Tollywood Debut’. The film also stars Praveen Sattaru, one of the most promising young directors of our time. The film is produced by Tiger Nation Studios and distributed by Pen Marudhar.

Mirnaa Menon has a bright future ahead, and she is one to watch out for in the Telugu film industry.

SriMita Chowdhury

Varun Tej, Praveen Sattaru’s film kicks off

S V Prasad, one of the leading producers in Tollywood cinema, with his banner S V Prasad Arts production no. 10, has started the shooting of a big budget film starring Varun Tej and Praveen Sattaru. The film, which is titled ‘Varun Tej’s Tollywood Debut’, is being produced by Tiger Nation Studios and distributed by Pen Marudhar.

Varun Tej, a well-known actor in Tollywood, has already worked on several big-budget films under the direction of prominent directors. Praveen Sattaru, on the other hand, is a young talent who has left the audience awestruck with his directorial debut ‘Acharya’. The film promises to be a treat for the audience, with Varun Tej and Praveen Sattaru’s chemistry being one of the main highlights.

Radhe Shyam to air on Prime Video from April 1

The much-anticipated Indian period drama ‘Radhe Shyam’, starring Prabhas and Pooja Hegde, will be available to stream on Prime Video from April 1. Directed by首执导导者Lal tohado, the film also stars a star-studded cast including Anushka Shetty, Allu Arjun, and Vineeth Sreenivasan. The film has been shot across India and Europe, and promises to be a visual treat for the audience.

Poojai star Arulnithi’s film bagged the global premier from Prime Video from April 1. Directed by Raju Murugan, the film also stars a star-studded cast including Surya, Manchu Manoj, and Simbu. The film has been shot across India and Europe, and promises to be a visual treat for the audience.

Suriya, Bala unite for 20 Entertainment’s #Suriya41

Suriya has been attempting different subjects of films. He has shown his directorial skills with ‘Bhavani’, a film that combined Suriya and Bala as co-producers. The film has been successful and has set new records at the box office. The film has been shot across India and Europe, and promises to be a visual treat for the audience.

Vijay Deverakonda, Puri Jagannadh’s next mission launched

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**Hooda, Badoni take LSG to 158/6**

*New Delhi*

Dhule and Andhra Pradesh cricketers were thrilled to add their names to the list of heroes as both teams emerged victorious in their respective matches of the Indian Premier League (IPL). The IPL, which is renowned for its high-quality cricket and intense rivalry, has once again provided a platform for young cricketers to showcase their talent.

**Depleted Oz suffer Marsh blow in Asian Games squad**

Oz suffered a setback in their preparations for the Asian Games as Alex Dwyer was ruled out due to a recurrence of an injury. The 23-year-old front-line bowler, who is set to feature in the opening match against China, sustained a minor strain in his shoulder during a training session.

**No Deepika in Asian Games squad**

Deepika Kumari, who has won numerous medals at international events, will not be part of India's team for the Asian Games. The archer, who had won a gold medal in the women's individual event at the Asian Games in 2018, pulled out due to a knee injury.

**Canada beat Jamaica 4-0 to reach first WC in 36 years**

Canada's women's national team made history by defeating Jamaica 4-0 in their opening match of the Women's World Cup. The victory was a fitting tribute to the players and their dedication to the sport.

**Versatopp wins Saud GP**

Saud, a 24-year-old Saudi Arabian athlete, won the World Championship in his native country. The achievement is a significant milestone for Saudi Arabia and its athletes.

**Biopanna-Shapovalov pair enters Miami Open q/f**

The partnership of Biopanna and Shapovalov has reached the quarter-finals of the Miami Open, marking the first time an Indian player has reached this stage in a grand slam tournament.

**Elgar 'comfortable' some key players optioned for IPL over SA**

Elgar, who has made a strong start to the season, believes that some key players have opted to play in the Indian Premier League (IPL) due to various reasons.

**Deeply bruised by new rules, feels for male players**

Elgar understands the impact of new rules on male players and feels for them,

**Mumbai**

Deeply bruised by new rules, feels for male players

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